



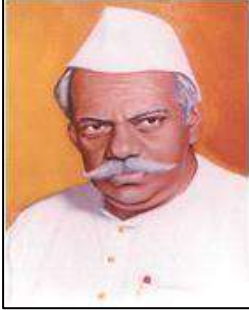
MVP Samaj's
Institute of Pharmaceutical Sciences, Adgaon

**ANNUAL
MAGAZINE**

PHARMA SPANDAN 2024-25

About

Maratha Vidya Prasarak Samaj, Nashik



**Karmveer Raosaheb
Thorat**



**Karmveer
Bhausaheb Hire**



**Padmshree
Kakasaheb Wagh**



**Karmveer Annasaheb
Murkute**



Karmveer D.R. Bhonsale



**Karmveer Ganpatdada
More**

The Maratha Vidya Prasarak Samaj is one of the most prestigious centers of learning in the State of Maharashtra. It has been over 100 years that it has stood the test of time to become legend of unparalleled stature. History says that the credit for the birth of M.V.P. Samaj goes to the young, enthusiastic and devoted team of social workers and educationists who were inspired by the lives of Mahatma Jyotiba Phule, Savitribai Phule and Rajashri Shahu Maharaj of Kolhapur. These young leading lights include Karmaveer Raosaheb Thorat, Bhausaheb Hire, Kakasaheb Wagh, Annasaheb Murkute, Ganpat Dada More, D.R. Bhonsale, Kirtiwanrao Nimbalkar and Vithoba Patil Khandalaskar, who laid the foundation of the Samaj. They were the men who envisioned a culture and knowledge centric society. The motto of the Samaj reads for the well-being and happiness of the masses to kindle the social cause. M.V.P. Samaj, a par excellence knowledge centre, registered under Bombay Public Trust Act, is proud of itself having pool of more than 1,66,996 students in 323 educational institutions. Under the jurisdiction of University of Pune, Maharashtra University of Health Sciences, MSBTE, M.V.P. Samaj spear heading and propagating education from primary to upper crest management and professional stream like Medicine, Physiotherapy, Nursing, Pharmacy, Engineering, Polytechnic, Architecture and Computer Science etc. The Samaj has strived to create a niche for itself in the world of education, by uplifting the standard of education in the society.



From Sarchitnis's Desk

“Education is not preparation for life; Education is life itself.”

This beautiful & profound statement encapsulates the value of education. Today, education is much more than that. It has been estimated that the entire body of knowledge is doubling about every three years. To keep pace with this explosive growth is quite impossible. I firmly believe that the key differentiators that matters is the ethos of the Institute. We are confident that our students will be meeting your requirements and contribute to your success, as has been out experience over past years.

As this junction of 109th anniversary of MVP Samaj's, our institution, Institute of pharmaceutical sciences, Adgaon focuses upon all round development of students by academic excellence and co-curriculum dynamics which stand out.

Being unique in itself, **“Pharmaspandan”** is an excellent platform for students and staff alike providing room to exhibit the talents in their selves. This helps the students in their development and also moulds them to get adjusted easily when they set their foot in the outside world on the path of becoming successful pharmacists.

I wish all the best to the students and staff members who have work hard towards the publication of the new edition of **“Pharmaspandan”** the annual college magazine.

Hon. Adv. Nitin Baburao Thakare

Sarchitnis,
M.V.P Samaj, Nashik



MESSAGE

I am pleased to note that Maratha Vidya Prasarak Samaj's Institute of Pharmaceutical Sciences, Nashik is publishing its Annual College Magazine for the academic year 2022-2023. The institute is offering MSBTE's Diploma in Pharmacy programme, which is specifically designed to create professionals, who will make a mark in the pharmaceutical industry. On completion of the programme, the students can get registration as pharmacist and can run their own medical shops. Students can also go for higher academic degree courses like Bachelor of Pharmacy and Master of Pharmacy where they can specialize in a preferred field.

The institute is focusing to train the students in the basic and advanced knowledge of pharmaceutical sciences and is contributing to the health improvement of the society through quality education.

I appreciate efforts of the institute and extend my best wishes to magazine committee and institute for publishing this magazine, which will be beneficial to the students.

Dr. Vinod M. Mohitkar

Director

Director of Technical Education, Mumbai

About MVP'S Institute of Pharmaceutical Sciences, Adgaon

The Maratha Vidya Prasarak Samaj's (MVP) Institute of pharmaceutical sciences is one of the Pioneer Institutes at Nashik, Conducting two years diploma course in pharmacy since year 1997 and Bachelor of Pharmacy from 2023.

LOCATION

MVP's Institute of Pharmaceutical Sciences is sited in Dr. Vasantrav Pawar Medical College Campus, Vasantdada Nagar, Adgaon, Nashik-3. It is 10 km away from Nashik Central Bus Stand. City bus and M.V.P. City bus facilities are available from each and every region of Nashik.

Our D. Pharmacy course is Approved By

- Pharmacy council of India [PCI], New Delhi.
- Directorate of Technical education [D.T.E.] Mumbai.
- The Government of Maharashtra.
- Maharashtra State Board of Technical Education, [M.S.B.T.E.] Mumbai.

Our B. Pharmacy course is Approved By

- Pharmacy Council of India [PCI], New Delhi.
- Directorate of Technical education [D.T.E.] Mumbai.
- Dr. Babasaheb Ambedkar Technological University, Lonere, Raigad

FACILITIES

- Well-equipped laboratories, computer lab with internet facility
- Established Library with scientific journals
- Well-designed spacious class rooms and experienced teaching faculty.
- Well-developed Medicinal Plant Garden
- Hostels for Boys and Girls with in house medical, Banking facilities
- Well-developed Medicinal Plant Garden
- Extracurricular and co-curricular activities for the personality development of students
- Conduction of Student's personality development programs.
- Industrial visits to well-known pharmaceutical companies and education tours
- Experienced teaching faculty
- Regular follow up of student's performance by the college.



From The Principal's Desk

Far from being just an academic unit, among many, our institution has long drawn together other parts of education and interdisciplinary scholarly culture, which is one of this institutions great distinction.

The moral and professional values are of prime importance at our college that definitely helps in the overall development of our students Thus, our sincere efforts are always to give the best to our students, so that we can expect the best from them.

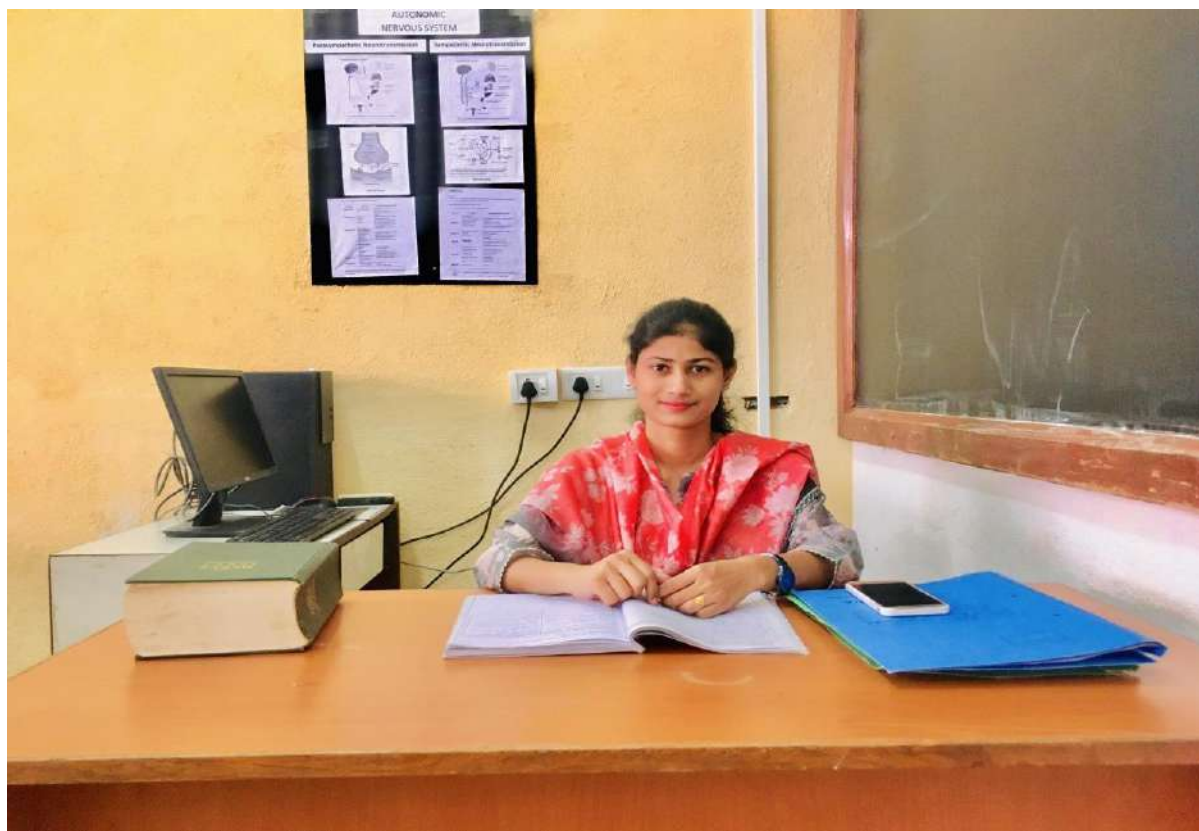
Working like a closely knit family has been our motto from the beginning. Appreciating the efforts of all my students and the staff members I thank them for being a significant part in making of the '**Pharma Spandan**'. With this we strive to make a mark and make the students ready for the world.

Dr. Nitin N. Hire

Principal

MVP Samaj's Institute of Pharmaceutical Sciences, Adgaon

From The Staff Editor's Desk



'Pharma Spandan' has been an exceptional platform for showcasing talents of the staff and students. Such ventures provide students with opportunities to develop and enhance their managerial skills with hard work, unity and organizing skills in collecting and compiling articles as well as managing sponsorships and advertisements the magazine is only getting better.

Our Honorable Sarchitanis Adv. Nitin Baburao Thakare sir and our Education officer Dr. Darekar Sir have given their guidance and helped throughout. I thank them for the same. I thank the principal of our college **Dr. Nitin N. Hire** for giving me this opportunity to serve as a chief editor of 'Pharma Spandan'. I also appreciate the efforts of students and staff of our college for the same.

Mrs. Komal S. Mande

Lecturer,
Dept. of Pharmaceutics
Staff Editor

From The Student Editor's Desk



The '**Pharma Spandan**' is our small efforts towards changing the world. The '**Pharma Spandan**' was conceived through hunger for expression in language and literature. It is a voice which has a genuine chance to evolve and improve itself. With immense gratitude I thank the principal, staff members and all the students for their support and collective efforts in publishing of the '**Pharma Spandan**'.

Hoping the '**Pharma Spandan**' inspires you towards cultivating a bright future.

Mukta Bagal
Student Editor
S.Y.D. Pharm

NASHIK DISTRICT MARATHA VIDYA PRASARAK SAMAJ, NASHIK**MANAGEMENT COUNCIL 2022-2027**

Sr. No.	Name	Post
1.	Hon. Dr. Sunil Uttamrao Dhikale	President
2.	Hon. Shri. Vishwas Bapurao More	Vice president
3.	Hon. Shri. Balasaheb Ramnath Kshirsagar	Sabhapati
4.	Hon. Shri. Deoram Baburao Mogal	Upsabhapati
5.	Hon. Adv. Nitin Baburao Thakare	Sarchitnis
6.	Hon. Shri. Dilip Sakharam Dalvi	Chitnis
7.	Shri. Adv. Sandeep Gopalrao Gulve	Member
8.	Shri. Ravindra Shankar Deore	Member
9.	Shri. Dr. Sayajirao Narayanrao Gaikwad	Member
10.	Shri. Pravin Eknath Jadhav	Member
11.	Shri. Adv. Laxman Fakira Landage	Member
12.	Shri. Shivaji Jayram Gadakh	Member
13.	Shri. Amit Umedsingh Borse	Member
14.	Shri. Dr. Prasad Prabhakar Sonawane	Member
15.	Shri. Adv. Rameshchandra Kashinath Bachhav	Member
16.	Shri. Nandkumar Balaji Bankar	Member
17.	Shri. Krushnaji Ganpat Bhagat	Member
18.	Shri. Vijay Popat Pagar	Member
19.	Shri. Ramesh Pandurang Pingale	Member
20.	Smt. Shobha Bhagwat Boraste	Member
21.	Smt. Shalan Arun Sonawane	Member
22.	Prof. Dr. Sanjay Khanderao Shinde	Employee Member
23.	Shri. Chandrajit Dayaram Shinde	Employee Member
24.	Shri. Jagannath Madhukar Nimbalkar	Employee Member

TEACHING STAFF- D. PHARMACY AND B. PHARMACY



Dr. Nitin Hire
Principal



Mrs. Jayprabha Dhumane
Lecturer



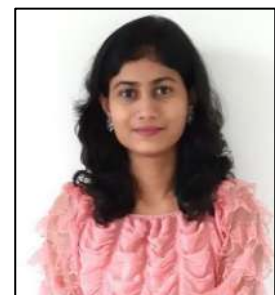
Mrs. Vaishali Kholambe
Lecturer



Mrs. Suvarna Wagh
Lecturer



Mr. Vishal Kushare
Lecturer



Mrs. Komal S. Mande
Lecturer



Mr. Sachin S. Korde
(Asst. Professor)



Mrs. Vaishali M. Wagh
(Asst. Professor)



Mrs. Pooja V. Pagar
(Asst. Professor)



Mrs. Priyanka S Jadhav
(Asst. Professor)



Ms. Gayatri B. Dhobale
(Asst. Professor)



Mr. Amol S. Rayate
(Asst. Professor)



Ms. Chaitali Dawange
(Asst. Professor)

Teaching Staff



Teaching & Non-teaching Staff



F.Y. D. Pharmacy Staff and Students



S.Y. D. Pharmacy Staff and Students





Maratha Vidya Prasarak Samaj's Institute of Pharmaceutical Sciences

Dr. Vasantao Pawar Medical College, Hospital and Research
Center Campus, Vasantdada Nagar, Adgaon, Nashik

MSBTE SUMMER 2024 EXAM RESULT

Congratulations!

SECOND YEAR D. PHARM TOPPERS

1 st Rank	2 nd Rank	3 rd Rank	4 th Rank	5 th Rank
				
Shital Said 88.18%	Prachi Upadhyay 87.82%	Sakshi Bhusare 86.82%	Gauri Jadhav 85.55%	Krutika Gajare 85.18%

FIRST YEAR D. PHARM TOPPERS

1 st Rank	2 nd Rank	3 rd Rank	4 th Rank	5 th Rank
				
Bharati Zalte 83.60%	Kavita Kunde 82.60%	Mukta Bagal 81.20%	Sara Morade 80.10%	Shradha Khatal 79.20%

On behalf of the Management, Principal, teaching
staff, and non-teaching staff

COCURRICULAR ACTIVITY AND ACHIEVEMENTS

ACADEMIC YEAR 2024-25

Name of Event	Name Of Participants	Organized By	Date	Prizes
IPR Sensitization workshop	All students of D. Pharmacy	Dr.Vasantrao Pawar Medical College Hospital& Research Centre, Adgaon, Nashik	24/07/2024	Participation
Workshop on pharmacist guidance	Mr. Angad sangamnere Mr. tejas deshmkh Mr. om deshmkh	Green plus pharmacy at curry leaves	24/08/2024	Participation
Pharmacovigilance week Seminar on ADR reporting	All students of D. Pharmacy	Maratha Vidya Prasarak Samaj's Dr. Vasantrao Pawar medical college, hospital and research centre, adgaon	18/09/2024	Participation
Poster making competition		Maratha Vidya Prasarak Samaj's Dr. Vasantrao Pawar medical college, hospital and research centre, adgaon	19/09/2024	Participation
Essay writing competition	Miss. Sara Morade	Maratha Vidya Prasarak Samaj's Dr. Vasantrao Pawar medical college, hospital and research centre, adgaon	20/09/2024	Participation
State Level-E- poster Competition	Miss Sakshi sangamnere. Miss. Kavita Kunde	Maratha Vidya Prasarak Samaj's Institute of pharmaceutical Sciences	25/09/2024	Second Prize and Participation
AIDS day: Poster making Competition		Civil hospital Nashik and Maratha Vidya Prasarak Samaj's Dr. Vasantrao Pawar medical college, hospital and research centre, adgaon	01/12/2024	Participation

EXTRA CURRICULAR ACTIVITY AND ACHIEVEMENT**ACADEMIC YEAR 2024-25**

Name of Event	Name Of Participants	Organized By	Date	Prizes
Vidya Expo Career fair	Mrs. K. S. Mande Mrs. N. Jadhav Mr. K. Khadangale	Maratha Vidya Prasarak Samaj	14/06/2024 15/06/2024 16/06/2024	Participation
Blood Doantion Camp(Organ Doanation week		Maratha Vidya Prasarak Samaj's Dr. Vasantrao Pawar medical college, hospital and research centre, adgaon	09/08/2024	Participation
Independence day	All Staff and Students D. Pharmacy	Maratha Vidya Prasarak Samaj's Institute of pharmaceutical Sciences	15/08/2024	
Har Ghar Tiranga Abhiyan rally In campus	All Staff and Students D. Pharmacy	Maratha Vidya Prasarak Samaj's Institute of pharmaceutical Sciences	15/08/2024	
Ganapati Idol making competition on occasion of Ganapati festival	All students of D. Pharmacy	Maratha Vidya Prasarak Samaj's Institute of pharmaceutical Sciences	31/08/2024	Participation
Teachers day celebration	All Staff and Students D. Pharmacy	Maratha Vidya Prasarak Samaj's Institute of pharmaceutical Sciences	05/09/2024	Participation
Fire safety workshop for all teaching and non-teaching staff	All Staff and Students D. Pharmacy	Maratha Vidya Prasarak Samaj's Institute of pharmaceutical Sciences	04/10/2024	Participation
Self defence workshop for girls	Students of S. Y. d. Pharm	Maratha Vidya Prasarak Samaj's Dr. Vasantrao Pawar medical college, hospital and research centre, adgaon	05/10/2024	Participation

Readers Day	Students of S. Y. d. Pharm	Maratha Vidya Prasarak Samaj's Institute of pharmaceutical Sciences	15/10/2025	Participation
Voting awareness rally	All staff and Students of S. Y. d. Pharm	Maratha Vidya Prasarak Samaj's Institute of pharmaceutical Sciences	18/11/2024	Participation
National Constitution day and week celebration: Drawing competition	Miss. Suhani pawar Miss Sakshi tarle		24/11/2024 to 28/11/2024	Participation
AIDS day: Rangoli Competition	Miss sakshi Shinde Miss khushi wadje Miss prajakta pawar	Civil hospital Nashik and Maratha Vidya Prasarak Samaj's Dr. Vasantao Pawar medical college, hospital and research centre, adgaon	01/12/2024	First prize
AIDS day: Poster making Competition		Civil hospital Nashik and Maratha Vidya Prasarak Samaj's Dr. Vasantao Pawar medical college, hospital and research centre, adgaon	01/12/2024	Participation
Carrom Competition	Mr. om shinde Mr. angad samgannere Mr. tejas deshमुख		14/12/2024	Participation
Yuva spandan competition- singing	Miss narayani nikam	Maratha Vidya Prasarak Samaj	13/01/2025	Second prize
Sports	All students of F. Y. and S. Y. D. Pharmacy	Maratha Vidya Prasarak Samaj's Institute of pharmaceutical Sciences	21/01/2025	Participation

Pharma Spandan 2024-25 2025

Traditional day	All students of F. Y. and S. Y. D. Pharmacy	Maratha Vidya Prasarak Samaj's Institute of pharmaceutical Sciences	22/01/2025	Participation
Bollywood day	All students of F. Y. and S. Y. D. Pharmacy	Maratha Vidya Prasarak Samaj's Institute of pharmaceutical Sciences	23/01/2025	Participation
Group day	All students of F. Y. and S. Y. D. Pharmacy	Maratha Vidya Prasarak Samaj's Institute of pharmaceutical Sciences	24/01/2025	Participation
Freshers party	All students of F. Y. and S. Y. D. Pharmacy	Maratha Vidya Prasarak Samaj's Institute of pharmaceutical Sciences	25/01/2025	Participation
Annual cultural program	All students of F. Y. and S. Y. D. Pharmacy	Maratha Vidya Prasarak Samaj's Institute of pharmaceutical Sciences	25/01/2025	Participation

Professional Activities

ACADEMIC YEAR 2024-25

Sr. No.	Module Description	Duration	Staff Co-Ordinator	Resource Persons
1	State Level MSBTE approved Workshop on Demonstration of Routes of Parenteral Administration by Using Mannequins organized by M.V.P. Samaj's Institute of Pharmaceutical Sciences, Adgaon, in association with Dr. Vasant Rao Pawar Medical College, Hospital, and Research Centre, Adgaon, Nashik	19 th March 2025	Mrs. V. D. Kholambe	Dr. Vijay S. Bayaskar Associate Professor, Department of Pharmacology, Dr. Vasant Rao Pawar Medical College, Hospital & Research Centre, Adgaon, Nashik
2	Field Visit to MVPs Institute of Pharmaceutical Sciences Industrial pharmacy Lab , Adgaon	26 th December 2024	Mrs. K. S. Mande	Mrs. K. S. Mande MVPs Institute of Pharmaceutical Sciences, Adgaon
3	Hospital Visit to MVP's Dr. Vasant Rao Pawar Medical college & Hospital, Adgaon	26 th December 2024	Mrs. V. D. Kholambe	Dr. Vasant Rao Pawar Medical College, Hospital & Research Centre, Adgaon, Nashik
4	Visit to Blood Bank at MVP's Dr. Vasant Rao Pawar Medical college & Hospital, Adgaon	26 th December 2024	Mrs. V. D. Kholambe	Dr. Vasant Rao Pawar Medical College, Hospital & Research Centre, Adgaon, Nashik
5	Visit to Sewage Treatment Plant at Municipal Sewage Treatment Plant, Nashik	26 th December 2024	Mrs. V. D. Kholambe	Dr. Vasant Rao Pawar Medical College, Hospital & Research Centre, Adgaon, Nashik

6	Visit to Effluent Treatment Plant Treatment Plant at MVP's Dr. Vasant Rao Pawar Medical college & Hospital, Adgaon	26 th December 2024	Mrs. V. D. Kholambe	Dr. Vasant Rao Pawar Medical College, Hospital & Research Centre, Adgaon, Nashik
7	Industrial visit to Aushadhi Bhavan, Ayurved Seva Sangh Nashik	13 th January 2025	Mrs. K. S. Mande	Dr. Vijay Joshi, HR manager, Ayurved Seva Sangh Ayurvedic College, Mrs. K. S. Mande Mrs. S. A. Wagh
8	Workshop on Cardiopulmonary Resuscitation (CPR Therapy)	30 th January 2025	Mrs. V. D. Kholambe	Dr. Vasant Rao Pawar Medical College, Hospital & Research Centre, Adgaon, Nashik
9	Participation in Multidiagnostic Health Camp at by S. Y. D. Pharm Students	08 th August 2024	Mrs. J. R. dhumane	Dr. Vasant Rao Pawar Medical College, Hospital & Research Centre, Adgaon, Nashik

Social Activities

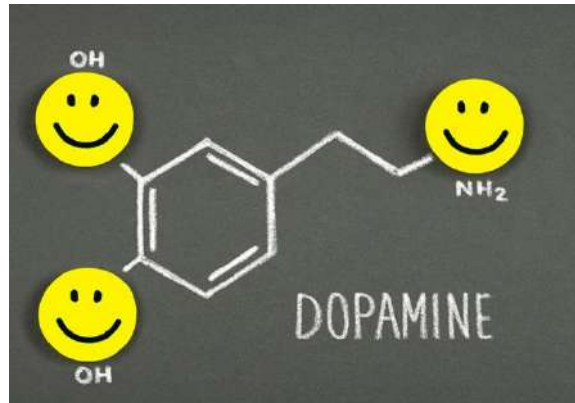
ACADEMIC YEAR 2024-25

Sr. No.	Activity	Date	Staff Co-Ordinator
1	Blood Donation Camp	09 th August 2024	Mr. V. N. Kushare
2	A Visit to Premdaan	15 th February 2025	Mrs. J. R. Dhumane
3	Organized Health Checkup for students	13 th March 2025	Mrs. J. R. Dhumane

Dopamine Detox

Are you feeling stuck in a loop of mindless scrolling, binge-watching, and endless distractions? You're not alone. In today's world, our brains are bombarded with stimuli designed to keep us hooked. But what if you could hit the reset button and regain control over your focus, motivation, and overall mental well-being? That's exactly what *Dopamine Detox or Fasting* is. This article provides a detailed summary of "Dopamine Detox" by Thibaut Meurisse, breaking down the concepts and strategies you can use to detox your mind from the constant craving for instant gratification.

What is Dopamine and Why Should You Care?



The Role of Dopamine in Your Brain

Dopamine is often dubbed the "feel-good" neurotransmitter and for a good reason. It plays a crucial role in how we experience pleasure, motivation, and reward. Whenever you accomplish something — whether it's finishing a task, winning a game, or getting a 'like' on social media — your brain releases a dose of dopamine, making you feel good. But here's the kicker: dopamine also drives you to seek out these pleasurable experiences repeatedly.



The Downside: Dopamine Overload

While dopamine is essential for a functioning brain, modern life has overloaded our dopamine circuits. Every notification ping, video recommendation, or sugar rush triggers a dopamine release, creating a cycle of dependency. Over time, this constant stimulation dulls your ability to feel pleasure from simpler, more meaningful activities. *Dopamine Detox*, highlights the dangers of this overload and offers a way to reset your brain's reward system



The Concept of Dopamine Detox

What Is a Dopamine Detox?

A dopamine detox is essentially a period of intentional refrain from high-dopamine activities — think social media, junk food, video games, and even mindless browsing. The idea is to give your brain a break, allowing it to recalibrate and regain sensitivity to dopamine. This isn't about eliminating dopamine entirely (which would be impossible), but rather about reducing the constant bombardment of stimuli that keeps you hooked.



Why It Works?

When you cut back on high-dopamine activities, you force your brain to find joy in less stimulating, more rewarding tasks. Over time, this leads to increased focus, better mood regulation, and a greater sense of accomplishment. Dopamine detox is a powerful tool for anyone looking to break free from addictive behaviors and reclaim control over their mind.

How to Implement a Dopamine Detox



Step 1: Identify Your High-Dopamine Triggers

The first step in a successful dopamine detox is to identify what's triggering your dopamine spikes. For most people, this includes:

- Social media platforms like Instagram, Twitter, or TikTok.
- Streaming services and YouTube binge-watching.
- Junk food or sugary snacks.
- Video games or other forms of digital entertainment.

Step 2: Set Clear Boundaries

Once you've identified your triggers, it's time to set boundaries. Start with small, manageable goals. For instance, you might begin by limiting social media use to 30 minutes a day or cutting out sugary snacks for a week. The key is to start slow and gradually increase the intensity of your detox.

Step 3: Replace High-Dopamine Activities with Low-Dopamine Ones

Detoxing isn't just about what you're avoiding; it's also about what you're doing instead. Fill the void left by high-dopamine activities with low-dopamine ones, such as:

- Reading a book.
- Going for a walk in nature.
- Engaging in a creative hobby like painting or writing.
- Practicing mindfulness or meditation.

Step 4: Embrace Discomfort

Let's be honest: detoxing from dopamine isn't easy. You're bound to feel uncomfortable, restless, and even bored at times. But this discomfort is part of the process. By embracing it, you'll learn to tolerate delayed happiness, which ultimately leads to more sustainable happiness.

Step 5: Reflect and Adjust

After completing your detox, take some time to reflect on your experience. What worked? What didn't? Use these insights to adjust your boundaries and continue your journey toward a more balanced life.

The Benefits of a Dopamine Detox

Improved Focus and Productivity

One of the most noticeable benefits of a dopamine detox is the improvement in focus and productivity. With fewer distractions, your brain can direct its energy toward meaningful tasks. Over time, this can lead to enhanced cognitive performance and a greater sense of accomplishment.

Better Emotional Regulation

Another key benefit is improved emotional regulation. By reducing your dependency on instant happiness, you'll find it easier to manage your emotions and respond to stress in a healthy way. This can lead to more stable moods and a greater sense of inner peace.

Enhanced Enjoyment of Simple Pleasures

When your brain isn't constantly seeking the next dopamine hit, you'll start to find joy in simpler, more meaningful activities. Whether it's enjoying a cup of tea, spending time with loved ones, or simply being present in the moment, a dopamine detox can help you rediscover the beauty of life's small pleasures.

Conclusion

In a world where instant happiness is just a click away, taking control of your mind might seem like an uphill battle. However, it's not only possible but also incredibly rewarding. By reducing your dependency on high-dopamine activities, you can regain focus, improve emotional regulation, and find joy in life's simpler pleasures. Whether you're looking to break free from addiction, enhance your productivity, or simply live a more balanced life, a dopamine detox could be just what you need.

So, are you ready to hit the reset button? Give it a try and see how a dopamine detox can transform your life!

Mrs. Suvarna A. Wagh

Lecturer, Pharmaceutical Chemistry

7 Myths about Medicines That Pharmacists Can Dispel



Misinformed patients may be inadvertently harming themselves with medications. The recently outlined 7 myths relating to both OTC and prescription drugs, and then described how to dispel them.

It is helpful for pharmacists to know the most common medication misconceptions so that they can preempt any problems.

Myth No. 1: If pain or discomfort persists or worsens, it's okay to take more than the prescribed dose.

The recommended or prescribed dose of an OTC or prescription drug is not an arbitrarily conceived amount. Not heeding it could have dangerous consequences that may include accidental overdose or liver damage.

Acetaminophen, for example, is an analgesic commonly found in both Rx and OTC medications to relieve pain and fever, but it is also associated with liberal dosing among patients.

In 2011, the FDA asked manufacturers of prescription combination medicines to limit the amount of acetaminophen to a maximum of 325 mg per tablet, capsule, or other dosage unit in an effort to reduce the incidence of liver failure associated with high doses.

Although those guidelines do not apply to OTC medications, the maximum daily dose for single-ingredient Extra Strength Tylenol products in the United States was lowered from 8 pills per day (4000 mg) to 6 pills per day (3000 mg).

Pharmacists should strive to be resources for information about the safety risks associated with taking more medication than recommended or prescribed.

Myth No. 2: Once patients feel better, it is no longer necessary for them to take their prescribed medication.

Patients who do not fully understand the importance of medication adherence may be less likely to see their regimen through to the end of its prescribed course.

A 2013 survey from the National Community Pharmacists Association revealed that the most common forms of medication nonadherence included failing to refill a new prescription (20%) and taking a lower dose than instructed (22%).

Meanwhile, some of the most common reasons for nonadherence were forgetting to take the medication (42%) and believing that the medication was not needed anymore (16%).

Contrary to patients' popular belief, the absence of obvious symptoms does not necessarily mean that the bacteria or virus that caused the illness in the first place has been completely eliminated.

Some medications are dosed to be tapered over time, and pharmacists should emphasize that premature drug termination could be associated with adverse effects.

The proton pump inhibitors omeprazole (Prilosec) and esomeprazole (Nexium), for example, suppress the production of stomach acid, so stopping them early could cause the stomach to rebound and overproduce acid.

Myth No. 3: Natural supplements are safer than their prescribed counterparts.

Patients often confuse the term "natural" with "healthy"—a trend seen in nutrition as well as pharmaceuticals.

In light of this, patients should be reminded that the FDA standards for natural supplements are much weaker than the standards for approved drugs.

Potential adverse side effects may not even be listed on a natural supplement's label, and there is also potential for supplements to dangerously interact with certain medications.

Melatonin and coenzyme Q10 supplements, for instance, can decrease the anticoagulant effects of warfarin, and supplements such as cinnamon, chromium, and whey protein can exacerbate the effects of hypoglycemic drugs.

Pharmacists should take time to educate their patients about these and other potential drug-supplement interactions.

Myth No. 4: Antibiotics are the right remedy for all acute infections.

As many as 1 in 10 health care providers prescribe antibiotics for almost every patient they see with a cold or bronchitis—despite the fact that antibiotics can only treat bacterial

infections such as strep throat, not infections caused by viruses such as acute respiratory infections.

Patients commonly request antibiotics, but they should be made aware that taking them unnecessarily could cause the treatment to lose its strength and ability to effectively treat bacterial infections going forward.

This misconception among patients and some health providers contributes to the overuse and inappropriate use of antibiotics, which is exacerbating antibiotic resistance.

Antibiotic resistance constitutes one of the most challenging problems in modern health care.

Myth No. 5: Health care professionals don't need to know what vitamins patients take.

Nearly 63% of US adults take 1 or more vitamins or dietary supplements, and many perceive them to be risk-free and “natural” without any potential for adverse effects, results from a 2012 survey revealed.

Health care professionals should make sure they are asking patients about any vitamins they may be taking, so that they can warn these patients about potential drug-vitamin interactions.

Examples of vitamins with the potential for serious interactions include vitamins A and E, which increase the effects of anticoagulation and should therefore be closely monitored when taking warfarin, and magnesium, which can decrease antibiotic absorption and should be dosed separately by 2 hours before or 6 hours after taking an antibiotic.

Myth No. 6: Medications are best stored in the bathroom or near the kitchen sink.

Many patients believe that storing their medications in a convenient and often-visited place will help them remember to take them, but they should know that medications are almost always best stored in a dry place away from heat, direct light, or any source of dampness.

Some OTC products simply lose their potency when they are exposed to hot, humid environments. For instance, heat and moisture cause aspirin tablets to break down into acetic acid and salicylic acid, which can cause stomach irritation.

Pharmacists should also advise families to take careful precautions to improve medication safety in their homes.

Myth No. 7: It doesn't matter how a pill is ingested.

The Cleveland Clinic advises patients to take their oral medications with a full 8 oz glass of water to avoid throat irritation and other potential consequences.

Taking pills with any other liquid—in particular, alcohol—can interfere with the manner in which the body absorbs the medication.

To add another layer of complexity, some medications must be taken with food, while others may have strange or even dangerous interactions with certain foods that patients may not be aware of.

Pharmacists should take time to describe drug administration instructions to patients and counsel them to follow them closely.

Prof. J. R. Dhumane

Lecturer, Pharmaceutics

Quick and Fascinating Facts about the Human Body



1. The only part of the body that has no blood supply is the cornea of the eye. It receives oxygen directly from the air.
2. The human brain has a memory capacity which is the equivalent of more than four terabytes on a hard drive.
3. A new-born child can breathe and swallow at the same time for up to seven months.
4. Your skull is made up of 29 different bones.
5. Nerve impulses sent from the brain move at a speed of 274 km/h.
6. The human heart pumps 182 million litres of blood during the average lifetime.
7. 50,000 cells in your body died and were replaced by new ones while you were reading this sentence.
8. Women's hearts beat faster than men's.
9. Right-handed people live, on average, nine years longer than left-handed people.
10. About two thirds of people tilt their head to the right when kissing.
11. The average person forgets 90% of their dreams.
12. The total length of all the blood vessels in the human body is about 100,000 km.
13. On average, a person's respiration rate is one third higher in spring than in autumn.
14. By the end of a person's life, they can recall, on average, around 150 trillion pieces of information.
15. We lose 80% of our body heat from the head.
16. A feeling of thirst occurs when water loss is equal to 1% of your body weight. The loss of more than 5% can cause fainting, and more than 10% cause's death from dehydration.
17. At least 700 enzymes are active in the human body.

18. Human beings are the only living things which sleep on their backs.
19. The average four-year-old child asks 450 questions a day.
20. Everyone alive on Earth could comfortably be placed into a cube with sides 1000 meters long.
21. The scientific name for the belly button is the umbilicus.
22. Teeth are the only part of the human body which cannot heal themselves.
23. On average, a person needs seven minutes to fall asleep.
24. Right-handed people chew most of their food on the right side of their mouth, whereas left-handed people do so on the left.
25. Only 7% of people are left-handed.
26. The fragrance of apples and bananas can help a person to lose weight.
27. If allowed to grow for their whole lifetime, the length of someone's hair would be about 725 kilometres.
28. Out of all the people who can move their ears, only one third of them are able to move just one ear.
29. During their lifetime, a person will on average accidentally swallow eight small spiders.
30. The total weight of the bacteria in the human body is 2 kg.
31. 99% of the calcium contained in the human body is in one's teeth.
32. Human lips are hundreds of times more sensitive than the tips of a person's fingers.
33. A kiss increases a person's pulse to 100 beats per minute or more.
34. The total strength of masticatory muscles on one side of your jaw is equal to 195 kilograms.
35. A person passes on 278 different types of bacteria to another person when they kiss them. Fortunately, 95% of them are not harmful.
36. There are more than 100 different viruses which cause a cold.
37. If someone kisses another person for a certain amount of time, this is much more effective in terms of hygiene than using chewing gum, as it normalises the level of acidity in your oral cavities.
38. You can lose 150 calories per hour if you hit your head against the wall.
39. Human beings are the only animals which can draw straight lines.
40. Human skin is completely replaced about 1,000 times during a person's lifetime.
41. A person who smokes a pack of cigarettes a day is doing the equivalent of drinking half a cup of tar a year.
42. Women blink about two times less often than men.
43. The structure of the human body contains only four minerals: apatite, aragonite, calcite, and cristobalite.
44. A passionate kiss causes the same chemical reactions in the brain that skydiving and firing a gun do.
45. Men are officially classified as dwarves if their height is below 1.3 m, whereas for women the measure is 1.2 m.
46. Fingernails grow about four times faster than your toenails.

47. People with blue eyes are more sensitive to pain than others.
48. Nerve impulses in the human body move at about 90 m/s.
49. 100,000 chemical reactions occur in the human brain every second.
50. Everyone has dimples on their lower back, but on some people they are more pronounced than on others. They appear where the pelvis joins with the sacrum, so their appearance makes sense.
51. The strongest muscle in the human body is the tongue.
52. The human heart is approximately equal in size to that of a person's fist. An adult's heart weighs 220-260 grams.
53. At birth, there are 14 billion cells in the human brain. This number does not increase throughout a person's lifetime. After 25 years, the number of cells falls by 100,000 every day. About 70 cells die in the minute it takes you to read a page in a book. After 40 years, the decline of the brain accelerates sharply, and after 50 years neurons (that is, nerve cells) shrink and the brain gets smaller.
54. At birth, a child's body is made up of around 300 bones. But an adult has just 206.
55. Your right lung can take in more air than your left.
56. An adult person performs around 23,000 inhalations and exhalations a day.
57. The smallest cells in a man's body are sperm cells.
58. There are about 40,000 bacteria in the human mouth.
59. Each of us has around 2,000 taste buds.
60. The human eye can distinguish 10 million different colours.
61. The chemical compound in the body which causes feelings of ecstasy (phenylethylamine) is also contained in chocolate.
62. The human heart pumps blood at such pressure that it would be able to raise blood up to the fourth floor of a building.
63. A person burns more calories when they are asleep than when they watch TV.
64. Children grow faster in the spring season.
65. It turns out that one man in every three hundred is capable of satisfying themselves orally.
66. A person uses 17 muscles when they smile, and 43 when they frown.
67. By the age of 60 most people lose half of their taste buds.
68. The rate at which a person's hair grows doubles during an airplane flight.
69. One percent of people can see infra-red light and 1% can see ultra violet radiation.
70. If you were locked in a completely sealed room, you would not die due to a lack of air, but from carbon dioxide poisoning.
71. On average, a person says 4,800 words in 24 hours.
72. The retinas inside the eye contain 137 million light-sensitive cells: 130 million are rod cells for black and white vision and 7 million are cone cells for helping you see in colour.
73. Our eyes remain the same size as they were at birth, but our nose and ears never stop growing.
74. In the morning, a person is about 8 millimeters taller than in the evening.

75. The muscles which help your eyes to focus complete around 100,000 movements a day. In order to make your leg muscles do the same amount of movements, you would need to walk 80 kilometers.
76. A cough amounts to an explosive charge of air which moves at speeds up to 60 miles per hour.
77. According to German researchers, the risk of having heart attack is higher on Monday than on any other day of the week.
78. Bones are about 5 times stronger than steel.
79. It is impossible to sneeze with your eyes open.
80. A person would die quicker from a total lack of sleep than from hunger. Death would occur after ten days without sleep, whereas from hunger it would take several weeks.
81. The brain uses over a quarter of the oxygen used by the human body.
82. Grouping human blood types can be a difficult process and there are currently around 30 recognized blood types (or blood groups). You might be familiar with the more simplified "ABO" system which categorizes blood types under O, A, B and AB.
83. A large amount of the dust in your home is actually dead skin. Humans shed about 600,000 particles of skin every hour.
84. The cornea is the only part of the body with no blood supply – it gets its oxygen directly from the air.
85. Teeth are considered part of the skeletal system, but are not counted as bones.
86. There is anywhere between 60,000-100,000 miles of blood vessels in the human body. If they were taken out and laid end-to-end, they would be long enough to travel around the world more than three times.
87. The acid in your stomach is so strong that it could dissolve metal. Luckily your stomach lining can tolerate it!
88. Your sense of smell is closely linked with your memories. Certain smells can trigger very strong emotions and memories almost instantaneously.
89. When listening to music, your heartbeat will sync with the rhythm.
90. In one year, a human heart would pump enough blood to fill an Olympic size pool.
91. Astronauts can grow up to two inches taller in space.
92. Every day the average person loses 60-100 strands of hair.
93. The largest internal organ is the small intestine. Despite being called the smaller of the two intestines, your small intestine is actually four times as long as the average adult is tall.
94. Scientists have counted over 500 different liver functions. You may not think much about your liver except after a long night of drinking, but the liver is one of the body's hardest working, largest and busiest organs.
95. The adrenal glands change size throughout life. The adrenal glands, lying right above the kidneys, are responsible for releasing stress hormones like cortisol and adrenaline.

96. The average person expels flatulence 14 times each day. Even if you'd like to think you're too dignified to pass gas, the reality is that almost everyone will at least a few times a day.
97. Over 90% of diseases are caused or complicated by stress. It could also be increasing your chances of having a variety of serious medical conditions like depression, high blood pressure and heart disease.
98. Humans can make do longer without food than sleep. Sleep deprived people, however, start experiencing radical personality and psychological changes after only a few sleepless days.
99. Your eyes are always the same size from birth but your nose and ears never stop growing.
100. Earwax production is necessary for good ear health. It protects the delicate inner ear from bacteria, fungus, dirt and even insects. It also cleans and lubricates the ear canal.

Prof. V. D. Kholambe

Lecturer

Pharmacy Fun Facts That You Probably Didn't Know



1. Coca-Cola was invented by a pharmacist developed the syrup for Coca-Cola in Atlanta, Georgia in 1886.
2. Pharmaceutical companies generate an estimated \$300 billion in profit a year.
3. Penicillin was the first antibiotic used by doctors discovered by Alexander Fleming in 1928.
4. Pfizer and John and Johnsons are two of the best pharmaceutical companies in the world.
5. There is still no complete cure for Cancer, HIV, or Parkinson's disease.
6. Developing a new drug costs 2.6 billion dollars.
7. The U.S. pharmaceutical industry began in 1818 and Robert Shoemaker, a glycerin maker, was the first large-scale pharmaceutical maker in the country.
8. Big pharmaceutical companies spend truly huge amounts of money to pay off their lawsuits and fines.
9. Only the USA and New Zealand in the entire world where pharmaceutical companies are allowed to create direct-to-consumer ads.
10. Humira is the best-selling prescription drug in the world. It is used to treat rheumatoid arthritis and other related diseases made by Abbott Laboratories (ABT).
11. Bayers, the pharmaceutical giant responsible for Aspirin, once marketed heroin as a non-addictive morphine substitute and cough suppressant.
12. The RX symbol might have Egyptian Origins
13. Pharmacy was separated from medicine way back in 1240 A.D.
14. The first drug reference book in England was created in 1618.
15. The first hospital pharmacy in America opened in 1752.
16. The most expensive drug costs more than \$70,000.
17. Listerine is named after Joseph Lister who promoted using antiseptics at hospitals.
18. Dr. Pepper was invented by a pharmacist in Waco, Texas.
19. The first commercial drug was mass-produced in 1883.
20. American's first licensed pharmacist opened a drug store that provided traditional medicine as well as Voodoo remedies.
21. Agatha Christie was a pharmacy technician and used her experiences as inspiration for her mysteries.

- 22.** Lipitor is the best-selling drug of all time. It was introduced in 1997 and its patent expired in 2011, making about \$125 billion.
- 23.** According to the New Orleans Pharmacy Museum, Louis J. Dufilho Jr. of Louisiana became the first to pass the exam in 1816, and he is known as the first legitimate pharmacist in the U.S.
- 24.** The biggest pharmaceutical companies in the world spend most of their money on marketing, not on drug research or developing new therapies. The bulk of the money pharmaceutical companies spend goes into promotion.
- 25.** Before he discovered electricity, Benjamin Franklin dispensed medicine as a pharmacist. He worked as a clerk in a local mercantile store, where he dispensed medicines, herbs and other cures.

Prof. Komal S. Mande

Lecturer

Charaka Samhita



Charaka-samhita is comprehensive text on ancient Indian medicine credited to Charaka, who was a practitioner of the traditional system of Indian medicine known as Ayurveda. Charaka is thought to have flourished sometime between the 2nd century BCE and the 2nd century CE. It is believed that his master, Punarvasu Atreya, had seven disciples - Agnivesa, Charaka, Bhela, Jatukarna, Parasara, Harita, and Ksharapaani. Each wrote his own samhita or text, and Agnivesa is said to have had the best version. The revised version of the same is what came to be known as Charaka Samhita.

Our understanding of Ayurveda and its teachings draws straight from the Charaka Samhita, a comprehensive guide that contains details of an overall ideology, approach, treatment methods and general advice for physicians.

Its contents are divided into 120 chapters in eight specific Sthanas or partitions. They are:

1. **Sutra Sthana** (30 chapters) - General guide on the core philosophy and beliefs of Ayurveda, and the requisite approach towards treatment
2. **Nidana Sthana** (8 chapters) - Eight primary diseases and their causes
3. **Vimana Sthana** (8 chapters) - Ideological advice for practitioners on taste, recommended diet and training
4. **Sharira Sthana** (8 chapters) - Explanations of the anatomy of the human body
5. **Indriya Sthana** (12 chapters) - Diagnosis and prognosis
6. **Chikitsa Sthana** (30 chapters) - Specialized treatment methods
7. **Kalpa Sthana** (12 chapters) - Methods on how medicines must be prepared for accurate treatment
8. **Siddhi Sthana** (12 chapters) - Overall health advice

The final two chapters are attributed to Dridhabala, who is said to have been active around the 4th century CE.

Second Year D. Pharm

A Brief History of Medicine

Explore a brief history of medicine through the ages.



If you're thinking of applying to medicine it's probably useful to have an idea of where it all started!

So when did the practice of medicine begin? And who were the first doctors? While there are no straightforward answers to these questions, there is evidence from primitive societies that 'treatments' were attempted for common conditions, although often superstition and religious beliefs would be intermingled with these. We do know that from ancient Egyptian times (from around 3000 BC) there were 'doctors' and in this context, the medical practitioner Imhotep (around 2600 BC) produced a written work chronicling over 200 different medical conditions.

Hippocrates (born 460 BC) is widely credited as being the father of modern medicine. One of his huge contributions in advancing the field was the insight into the fact that diseases could have natural (rather than supernatural) causes. Also of enormous significance was his oath of conduct for physicians which are still used worldwide today. Famous doctors from the Roman world include Galen who dissected primates and attempted to extrapolate findings to the human body, although with limited success. Advances in public health were also important during this period, including some of the first sewage systems.

In medieval times, medical practices virtually unrecognizable today were commonplace. For example, bleeding those who were ill was seen as helpful in a wide range of conditions as was the administration of laxatives. Predominant in this time was the notion that the church had a duty to care for the sick with many hospitals being built.

However, the term 'doctor' itself didn't arise until the 14th century in Britain and was typically used to refer to theologians and those who could 'teach'. Leonardo da Vinci, working in the 15th century contributed greatly to our understanding of human anatomy, with detailed sketches produced after careful dissection of human corpses. An important discovery in the 17th century was made by the well-known physician William Harvey – that the heart pumps blood round the body. The idea of the four humors in the body – blood, phlegm, yellow bile, and black bile still predominated, however, with much illness attributed to an imbalance in these.

Moving forward, the 19th century saw many advances, although to the current day thinking many common practices of the era seem barbaric. This was the age of the first uses of anesthetics, of the 'germ theory of disease', the first vaccines, and also the first woman to be awarded a medical degree.

Right at the turn of the last century blood groups were identified, paving the way for improvements in transfusion. The introduction of vaccines for conditions such as diphtheria, tuberculosis, and vitally the development of antibiotics has revolutionized medicine. With the decrease in conditions that had previously decimated populations came the rise in diseases more rooted in lifestyle – diabetes, heart conditions, and cancer.

The genetic, and laterally genomic, era along with the developments in reproductive technologies (the first 'test tube' baby was born in 1978) promises to again revolutionize health care, although this may come at a high economic cost.

Prof. S. A. Wagh

Lecturer

STUDENT CORNER

We are the pharmacists...

From any disease we heal you,

Everyone having valuable life

So the life we can deal you !

We are the pharmacists...

We medically kindly cure you,

Are you struggling with your pain?

The quick Recovery We assures you!

We are the pharmacists...

We play with the medicaments,

Physician can only describes your disease

And we are the ones who give legal treatment

We are the pharmacists...

Working for one community really hard,

Protecting you all from the decades

And savings you all by being lifeguard!

We hearty proud our self...

We handling this profession,


For serving you all better

For this Healing Mission!

**S. Y. D. Pharm
Bharati Zalte**

Art Section

Pharmacy

नाम सुनकर भी डर जाते हैं हम ,नही पता कैसे याद करेंगे
हम, उसका नाम है "pharmaceutical
chemistry " 

"Pharmacognosy" भी बहुत अजीब है, drugs का
classification और T.S. लेते लेते ही दिन जा रहे हैं...
दिन में पढा नहीं जाता और रात को पढा हुआ सुबह
उठकर याद नहीं आता ..


"Pharmaceutics" की formulation बनाते वक्त
लगता है कुछ ऐसा बना ले की पढा हुआ सब याद आ
जाये ...

बचपन बार बार याद दिलाती है "social pharmacy"
बताती है हमारे बचपन में लिये हुअे vaccines

"Human anatomy " पढते पढते सालो लग जाये
पर ये कभी याद न आये ...

Assignment और practical करते करते साल बित
जाये पर ये पढा हुआ याद न आये ..

और ये सबकुछ सहने के बाद भी

We are proud to be pharmacists 



Poem by, S. Y. D. Pharm

Om shinde

Quotes by S. Y. D. Pharm

FUNNY PHARMACY SLOGANS & TAGLINES

- *Our pharmacists are the real pill-osophers!*
- *Prescriptions with a side of laughter.*
- *We've got the cure for your prescription addiction!*
- *Because healing should come with a dose of humor.*
- *Your one-stop-shop for happy pills!*
- *If laughter is the best medicine, we're the best pharmacy!*
- *Pills, thrills, and bellyaches!*
- *We've got your prescription for a good time.*
- *Medications with a side of humor.*
- *We're all about the pill-arious side of healthcare.*
- *Where every prescription comes with a smile.*
- *Life is short; make it sweet with our prescriptions and a joke or two!*
- *We're not just filling prescriptions; we're filling your day with laughter.*
- *Pills and puns - that's our prescription for a good time!*
- *We dispense meds and laughter in equal doses.*
- *We're the cure for your prescription blues!*
- *Pharm-tastic and pharm-ulous!*
- *Because taking medicine should never be a bitter pill.*

“It Is Easy
To Get A
Thousand
Prescriptions
But Hard
To Get One
Single Remedy.”



Sketch By Khushi Vadje, F. Y. D. Pharm

Har Ghar Tiranga Abhiyaan, Adgaon on occasion Amrit Kaal, Meri maati Mera Desh at MVPs Institute of Pharmaceutical Sciences, Adgaon on occasion Amrit Kaal



Pharma Spandan 2024-25 2025

MVPs Institute of Pharmaceutical Sciences representing at Vidya Career Expo organized by MVP and Sakal News



MVPs Institute of Pharmaceutical Sciences at ADR Workshop Pharmacovigilance week



MVPs Institute of Pharmaceutical Sciences Celebrating Ganapati Fest with Ganapati Idol making workshop.



Fire safety Workshop conducted at our College



Self defense workshop for girls



Voting awareness Rally at MVPs Institute of Pharmaceutical Sciences and VPMCHRC Campus



**World AIDS Day Celebration at MVPs VPMCHRC Campus
Glimpse of Poster Presentation and Rangoli Competition**



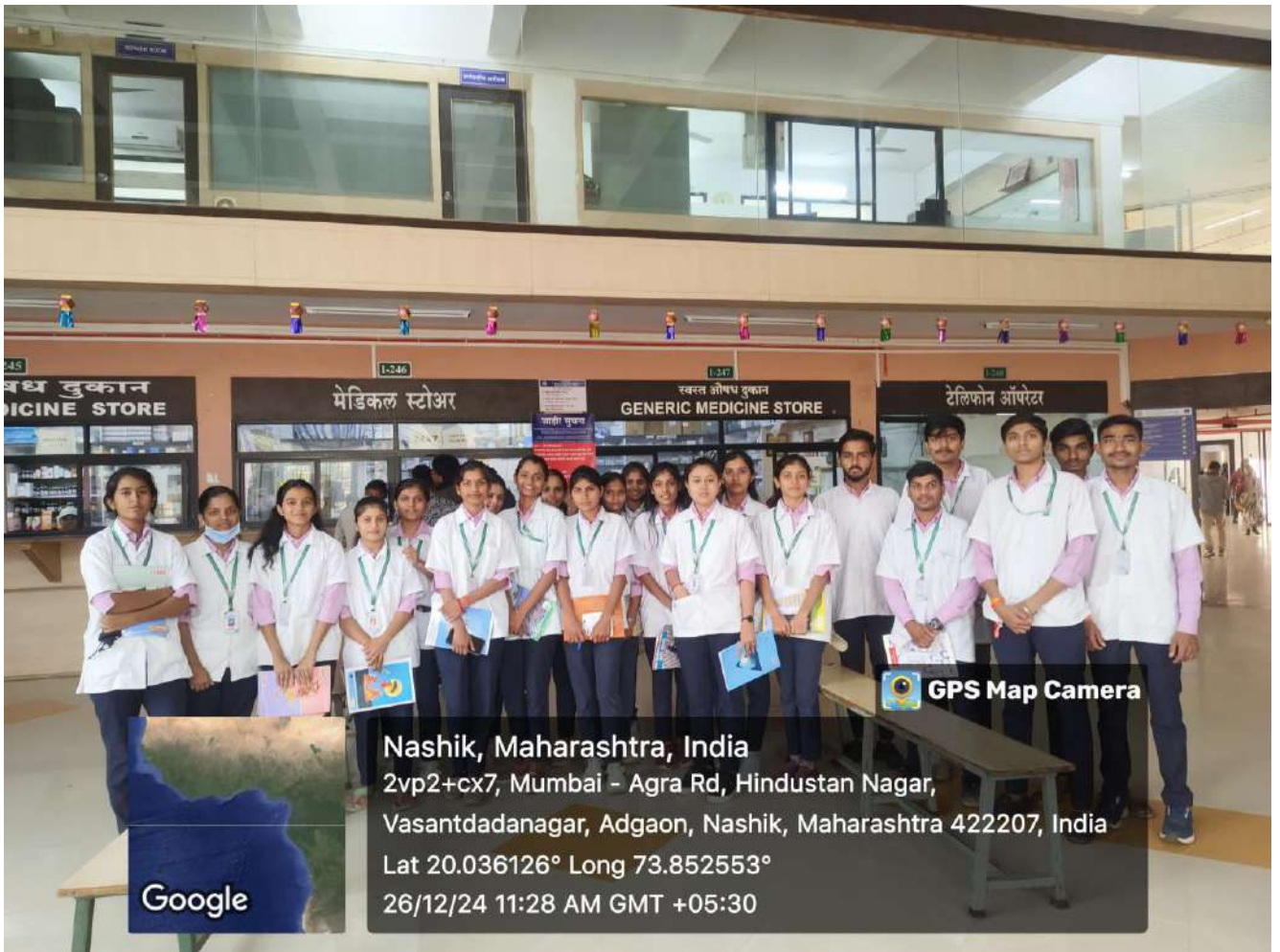
Visit to **Effluent Treatment Plant Treatment Plant** at MVP's Dr. Vasant Rao Pawar Medical college & Hospital, Adgaon



Visit to **Sewage Treatment Plant** at MVP's Dr. Vasant Rao Pawar Medical college & Hospital, Adgaon



Students visit at Medical Store



Visit to Blood Bank at MVP's Dr. Vasant Rao Pawar Medical college & Hospital, Adgaon



**Hospital Visit to MVP's Dr.
Vasant Rao Pawar Medical college & Hospital, Adgaon**



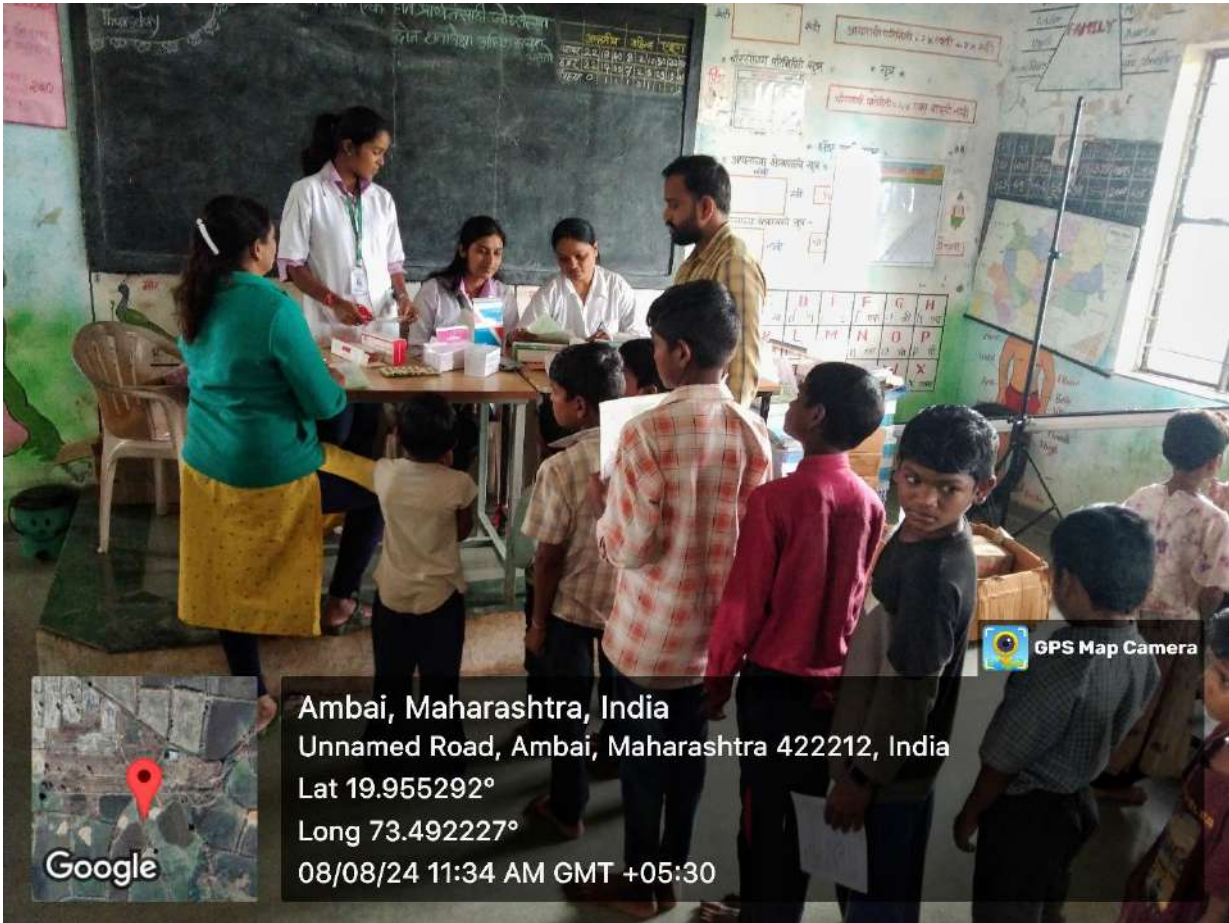
Students at Yuvaspandan District Level Competition



Industrial Visit to Aushadhi Bhavan



Students Participated in Multi-diagnostic Camp



Conducted CPR Workshop for First Year Student in D. Pharm



**Cultural Events at MVPs Institute of Pharmaceutical Sciences, Adgaon
Freshers Party Event 2024-2025**





Pharma Spandan 2024-25 2025
Annual Day Event 2024-2025



Pharma Spandan 2024-25 2025



Republic day Celebration in Institute



Tree Plantation at MVPs Institute of Pharmaceutical Science



MVPs Institute of Pharmaceutical Sciences Students during Social activity: Visit to premdaan Ashram at Adgaon



Pharma Spandan 2024-25 2025



Student Got 2nd Prize in Singing Competition



Pharma Spandan 2024-25 2025
Health Checkup Organized for students



Demonstration on Parenteral Routes of administration for students



Pharma Spandan 2024-25 2025



Maratha Vidya Prasarak Samaj's
INSTITUTE OF PHARMACEUTICAL SCIENCES

Dr. Vasant Rao Pawar Medical College, Hospital & Research Center Campus,
Vasantdada Nagar, Adgaon, Nashik, Maharashtra – 422003

Approved by PCI, DTE and MSBTE

Affiliated to Dr. Babasaheb Ambedkar Technological University, Lonere
(DTE Code: 5274, PCI Code: 1405, MSBTE Code: 0511)

D. Pharm and B. Pharm

