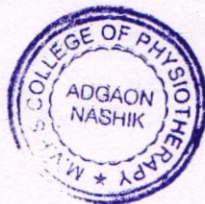


Maharashtra University of Health Sciences, Nashik
Inspection Committee Report for Academic Year 2021 - 2022
Attendance Details/ Research Details/ Welfare Scheme Details

Faculty -PhysiotherapyName of College/Institute- **M.V.P. Samaj's College of Physiotherapy, Adgaon Nashik**

1	Attendance	} Biometric attendance attached
	Teaching Staff	
	Non teaching staff	
	Hospital Staff	
	UG & PG Students	
2	Project	List attached
	Research Articles/Publications	
	Research Award (Student/Teacher)	
3	Utilization of Student Welfare Schemes :-	
	Earn and Learn Scheme	Available
	Dhanwantri Vidyadhan Scheme	Available
	Sanjivani Student Safety Scheme	Available
	Student Safety Scheme	Available
	Book Bank Scheme	Available
	Savitribai Phule Vidyadhan Scheme	Available
	Bahishal Shikshan Mandal Scheme	Available
4	Sport participants/Other Activities:	
	i) Information of Student(s) who participated University level & State level Avishkar Competition.	---
	ii) Information of Student(s) who participated in Regional Sport Competition & State level Sports Competition.	YES
	iii) Information of Student(s) who participated in Cultural Activities.	YES
	iv) Does the college have NSS Unit?	YES
5	Whether "Swaccha Bharat Abhiyan" implemented in college	YES

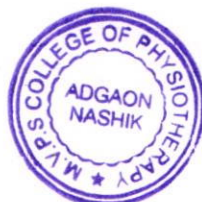


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Dean/ Principal Stamp & Signature
PRINCIPAL
M.V.P.S College of Physiotherapy
Adgaon, Nashik-422 003.

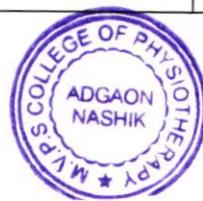
ANNEXURE-XII
MVP SAMAJ COLLEGE OF PHYSIOTHERAPY
ADGAON, NASHIK

PUBLICATIONS OF STAFF

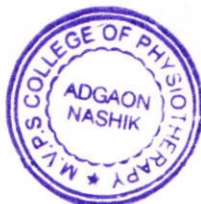
Sr. No.	Title of Paper	Name of Author	Name of Dept	Name of Journal	Year	ISBN/ISSN
1.	Effect Of Modified Surya Namaskar Along With Pranayama On Balance And Quality Of Life In Geriatric Patient With Osteoporosis	Dr Mahesh Mitra	Dept. of Physiotherapy in Musculoskeletal Sciences	Osteoporosis International	2022	1433 - 2965
2.	Symptoms Of Musculoskeletal Disorders And Its Association With Previous Exercise Habits In Post Covid-19 Patients	Dr Mahesh Mitra	Dept. of Physiotherapy in Musculoskeletal Sciences	Osteoporosis International	2022	1433 - 2965
3.	Effects Of Sensory Motor Stimulation And Kinesio Taping On Drooling In Spastic Cerebral Palsy Children	Dr Mahesh Mitra	Dept. of Physiotherapy in Musculoskeletal Sciences	Osteoporosis International	2022	1433 - 2965
4.	Corelation Between TMJ Joint Dysfunction And Cervical Spine Dysfunction	Dr Mahesh Mitra	Dept. of Physiotherapy in Musculoskeletal Sciences	Osteoporosis International	2022	1433 - 2965
5.	Impact Of Covid-19 On Osteoarthritis Of Knee	Dr Mahesh Mitra	Dept. of Physiotherapy in Musculoskeletal Sciences	Osteoporosis International	2022	1433 - 2965
6.	Effect Of Close Kinetic Chain Exercises Along With Brisk Walking On Quality Of Life In Patient With Postmenopausal Osteoporosis	Dr Mahesh Mitra	Dept. of Physiotherapy in Musculoskeletal Sciences	Osteoporosis International	2022	1433 - 2965
7.	To Study Immediate Effect Of Surya-Namaskar Versus Neurodynamic Sliding Technique On Hamstrings Flexibility Among Physiotherapy Students	Dr Mahesh Mitra	Dept. of Physiotherapy in Musculoskeletal Sciences	International Journal Of Creative Research Thoughts (IJCRT)	2021	2320 - 2882



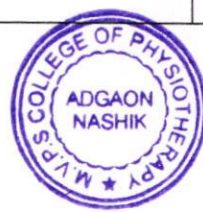
8.	To Study The Lower Extremity Dexterity In Patients With Knee Osteoarthritis	Dr Mahesh Mitra	Dept. of Physiotherapy in Musculoskeletal Sciences	Osteoporosis International Journal	2020	1433-2965
9.	Effect Of Otago Exercise On Improving Lower Limb Functional Performance And Fall Efficacy In Postmenopausal Osteoporotic Elderly Women	Dr Mahesh Mitra	Dept. of Physiotherapy in Musculoskeletal Sciences	Osteoporosis International Journal	2020	1433-2965
10.	Effect Of Structured Exercise Programme On Functional Reach And Balance In 60-To 75-Year-Old Women With Osteoporosis	Dr Mahesh Mitra	Dept. of Physiotherapy in Musculoskeletal Sciences	Osteoporosis International Journal	2020	1433-2965
11.	The Effect Of Straight Leg Raise With Lumbar Stabilization Exercises In Subjects Of Low Back Pain With Adverse Neural Tension Between The Age Group 20-50 Years	Dr Mahesh Mitra	Dept. of Physiotherapy in Musculoskeletal Sciences	Indian Journal of Physiotherapy and Occupational Therapy	2019	0973-5674
12.	Effect Of Yogic Breathing Exercise On Quality Of Sleep In Patient With Chronic Obstructive Pulmonary Disease	Dr Mahesh Mitra	Dept. of Physiotherapy in Musculoskeletal Sciences	European Respiratory Journal	2019	1399-3003
13.	Effectiveness Of Core Stabilization Training With Pressure Biofeedback In The Management Of Mechanical Low Back Pain In Subjects Between Age Group Of 20-25 Years	Dr Mahesh Mitra	Dept. of Physiotherapy in Musculoskeletal Sciences	Indian Journal of Physiotherapy and Occupational Therapy	2019	0973-5674
14.	Corelation Between TMJ Joint Dysfunction And Cervical Spine Dysfunction	Dr Ganesh MSP	Dept. of Physiotherapy in Musculoskeletal Sciences	Osteoporosis International	2022	1433 - 2965
15.	Immediate Effect Of Hold-Relax Stretching Versus Static Stretching Of Iliopsoas Muscle On Transversus Abdominis Muscle Activation In	Dr Ganesh MSP	Dept. of Physiotherapy in Musculoskeletal Sciences	International Journal Of Creative Research Thoughts (IJCRT)	2021	2320 – 2882



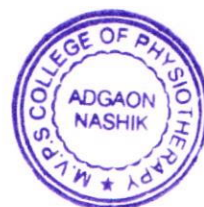
	Chronic Mechanical Low Back Pain With Lumbar Hyper-Lordosis					
16.	Effect Of Active Cranio-Cervical Flexion Exercise Of Upper Cervical Spine On Pain, Cervical Range Of Motion And Cranio-Cervical Flexion Test (CCFT) In Patients With Age Group 20-40 Years Of Chronic Neck Pain	Dr Ganesh MSP	Dept. of Physiotherapy in Musculoskeletal Sciences	Indian Journal of Physiotherapy and Occupational Therapy	2019	0973-5674
17.	Comparative effects of muscle energy technique versus hip muscle strengthening exercise in patients with low back pain	Dr Ganesh MSP	Dept. of Physiotherapy in Musculoskeletal Sciences	International Organization of Scientific Research (IOSR)	2019	2320-1940
18.	Effect Of Kinesiophobia On Functional Outcome In Patient With Total Knee Replacement – A Comparative Study	Dr Ganesh MSP	Dept. of Physiotherapy in Musculoskeletal Sciences	International Journal of Allied Medical Sciences and Clinical Research (IJAMSCR)	2019	2347 – 6567
19.	Quality of life and It's association with physiotherapy in patients after total knee replacement- A correlational study	Dr Ganesh MSP	Dept. of Physiotherapy in Musculoskeletal Sciences	International Journal of Allied Medical Sciences and Clinical Research (IJAMSCR)	2019	2347 – 6567
20.	Effectiveness of Neural Tissue Mobilization in the Management of Cervicobrachial Pain in Subjects between Age Group 25-40 Years	Dr Ganesh MSP	Dept. of Physiotherapy in Musculoskeletal Sciences	Indian journal of physiotherapy & occupational therapy	2019	0973 - 5674
21.	Effect Of Modified Surya Namaskar Along With Pranayama On Balance And Quality Of Life In Geriatric Patient With Osteoporosis	Dr Amrit Kaur	Dept. of Community Physiotherapy	Osteoporosis International	2022	1433 - 2965
22.	Symptoms Of Musculoskeletal Disorders And Its Association With Previous Exercise Habits In Post Covid-19 Patients	Dr Amrit Kaur	Dept. of Community Physiotherapy	Osteoporosis International	2022	1433 - 2965



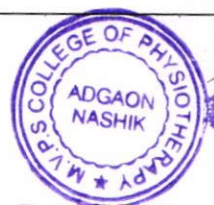
23.	Immediate Effect Of Pilates Exercise Therapy In Young Adults With Nonspecific Low Back Pain	Dr Amrit Kaur	Dept. of Community Physiotherapy	Osteoporosis International	2022	1433 - 2965
24.	Effects Of Sensory Motor Stimulation And Kinesio Taping On Drooling In Spastic Cerebral Palsy Children	Dr Amrit Kaur	Dept. of Community Physiotherapy	Osteoporosis International	2022	1433 - 2965
25.	Corelation Between TMJ Joint Dysfunction And Cervical Spine Dysfunction	Dr Amrit Kaur	Dept. of Community Physiotherapy	Osteoporosis International	2022	1433 - 2965
26.	Impact Of Covid-19 On Osteoarthritis Of Knee	Dr Amrit Kaur	Dept. of Community Physiotherapy	Osteoporosis International	2022	1433 - 2965
27.	Effect Of Close Kinetic Chain Exercises Along With Brisk Walking On Quality Of Life In Patient With Postmenopausal Osteoporosis	Dr Amrit Kaur	Dept. of Community Physiotherapy	Osteoporosis International	2022	1433 - 2965
28.	Impact Of Covid 19 Pandemic On Blood Pressure Of Healthcare Professionals During Lockdown - An Indian Study	Dr Amrit Kaur	Dept. of Community Physiotherapy	Journal of Hypertension	2021	1473 - 5598
29.	Effect of Pelvic Floor Rehabilitation on Sexual Function (HET's FSF) and Pelvic Floor Muscle Strength (HET's MMT) Among Females with Stress Urinary Incontinence.	Dr Amrit Kaur	Dept. of Community Physiotherapy	International Journal of Continence Society	2021	2772 - 9737
30.	Lowering Cut Off For Hypertension Is Raising Three Times Health Expenditure In India	Dr Amrit Kaur	Dept. of Community Physiotherapy	Journal of Hypertension	2021	1473 - 5598
31.	Effect Of Surya-namaskar On PEFR And Upper Body Muscle Endurance Among Physiotherapy Students	Dr Amrit Kaur	Dept. of Community Physiotherapy	International Journal Of Creative Research Thoughts	2021	2320 - 2882
32.	May Measurement Month 2019: An Analysis Of Blood Pressure Screening Results From India	Dr Amrit Kaur	Dept. of Community Physiotherapy	European Heart Journal Supplements	2021	2949 - 3630



33.	To Study The Lower Extremity Dexterity In Patients With Knee Osteoarthritis	Dr Amrit Kaur	Dept. of Community Physiotherapy	Osteoporosis International	2020	1433 - 2965
34.	Effect Of Structured Exercise Programme On Functional Reach And Balance In 60-To 75-Year-Old Women With Osteoporosis	Dr Amrit Kaur	Dept. of Community Physiotherapy	Osteoporosis International	2020	1433 - 2965
35.	Assessing Physical Function Of Knee Osteoarthritis Using WOMAC Index-(Modified CRD Pune Version)	Dr Amrit Kaur	Dept. of Community Physiotherapy	Osteoporosis International	2020	1433 - 2965
36.	Effect Of Otago Exercise On Improving Lower Limb Functional Performance And Fall Efficacy In Postmenopausal Osteoporotic Elderly Women	Dr Amrit Kaur	Dept. of Community Physiotherapy	Osteoporosis International	2020	1433 - 2965
37.	Effectiveness Of Two Different Quadriceps Strengthening Exercises On Pain And Functional Activity In Patients With Knee Osteoarthritis	Dr Amrit Kaur	Dept. of Community Physiotherapy	Osteoporosis International	2020	1433 - 2965
38.	Prevalence Of Burnout Among Nurses Working In Tertiary Care Hospital Of Nashik	Dr Amrit Kaur	Dept. of Community Physiotherapy	Int. J. Of Allied Med. Sci. And Clin. Research	2019	2347 - 6567
39.	Effectiveness Of MIME Therapy Versus KABAT Therapy To Improve Facial Function And Symmetry In Acute Bell's Palsy Patients	Dr Pritesh Yeole	Department of Neuro-Physiotherapy			
40.	Comparative Study Of Static Stretching And Suboccipital Muscle Inhibition Technique On Hamstring Muscle Flexibility In College Students	Dr Pritesh Yeole	Department of Neuro-Physiotherapy	International Journal of Allied Medical Sciences and Clinical Research (IJAMSCR)	2021	2347 - 6567



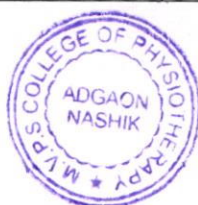
41.	Effect Of Kinesiophobia On Functional Outcome In Patient With Total Knee Replacement – A Comparative Study	Dr Pritesh Yeole	Department of Neuro-Physiotherapy	International Journal of Allied Medical Sciences and Clinical Research (IJAMSCR)	2019	2347 – 6567
42.	Effect Of OTAGO Exercise On Improving Lower Limb Functional Performance And Fall Efficacy In Postmenopausal Osteoporotic Elderly Women	Dr Rutika Thakur	Department of Physiotherapy in Musculoskeletal Sciences	Osteoporosis International Journal	2020	1433 - 2965
43.	Effect Of Structured Exercise Programme On Functional Reach And Balance In 60-To 75-Year-Old Women With Osteoporosis	Dr Rutika Thakur	Department of Physiotherapy in Musculoskeletal Sciences	Osteoporosis International Journal	2020	1433 - 2965
44.	Effectiveness Of Two Different Quadriceps Strengthening Exercises On Pain And Functional Activity In Patients With Knee Osteoarthritis	Dr Rutika Thakur	Department of Physiotherapy in Musculoskeletal Sciences	Osteoporosis International Journal	2020	1433 - 2965
45.	A Study on Prevalence of Urinary Incontinence in Women With Vaginal Delivery and its Association with Age, Parity and Frequency of Caffeine Intake	Dr Rutika Thakur	Department of Physiotherapy in Musculoskeletal Sciences	International Journal of Multidisciplinary Research and Development	2020	2349 - 5979
46.	Comparative Study Between Instrumental Assisted Soft Tissue Mobilization and Static Stretching on Delayed Onset of Muscle Soreness in Young Adult Female	Dr Shrikrishna Shinde	Department of Neuro-Physiotherapy	International Journal of Health Sciences and Research	2022	2249-9571
47.	Effect of Swiss Ball and Thera Band Exercises on Muscle Endurance in Healthy Individuals in the Age Group Of 18-25 Years	Dr Shrikrishna Shinde	Department of Neuro-Physiotherapy	International Journal of Health Sciences and Research	2022	2249-9571
48.	Comparative Study Of Static Stretching And Suboccipital Muscle Inhibition Technique On	Dr Shrikrishna Shinde	Department of Neuro-Physiotherapy	International Journal of Allied Medical Sciences and Clinical	2021	2347 – 6567



	Hamstring Muscle Flexibility In College Students			Research (IJAMSCR)		
49.	Comparative Study Between Light Concentric Exercise and Foam Rolling On Delayed Onset Muscle Soreness in Young Adult Females	Dr Shrikrishna Shinde	Department of Neuro-Physiotherapy	International Journal of Allied Medicine Science and Clinical Research	2021	2347-6567
50.	The Effects Of Closed And Open Kinetic Chain Exercises On Lower Limb Muscle Strength In Sub Acute And Chronic Stroke Patients	Dr Shrikrishna Shinde	Department of Neuro-Physiotherapy	VIMS Journal of Physical Therapy	2020	2581-8821
51.	The Relationship Between Trunk Muscle Endurance And Grade 1 Obesity Among College Students With Sedentary Lifestyle	Dr Shrikrishna Shinde	Department of Neuro-Physiotherapy	LAMBERT Academic Publishing	2020	978-620-2-67190-3
52.	Symptoms Of Musculoskeletal Disorders And Its Association With Previous Exercise Habits In Post Covid-19 Patients	Dr Deepti Wadhwa	Dept. of Community Physiotherapy	Osteoporosis International	2022	1433 - 2965
53.	Immediate Effect Of Pilates Exercise Therapy In Young Adults With Nonspecific Low Back Pain	Dr Deepti Wadhwa	Dept. of Community Physiotherapy	Osteoporosis International	2022	1433 - 2965
54.	Impact Of Covid-19 On Osteoarthritis Of Knee	Dr Deepti Wadhwa	Dept. of Community Physiotherapy	Osteoporosis International	2022	1433 - 2965
55.	Effect of Pelvic Floor Rehabilitation on Sexual Function (HET's FSF) and Pelvic Floor Muscle Strength (HET's MMT) Among Females with Stress Urinary Incontinence.	Dr Deepti Wadhwa	Dept. of Community Physiotherapy	International Journal of Continence Society	2021	2772 - 9737
56.	Effect Of Surya-namaskar On PEFR And Upper Body Muscle Endurance Among Physiotherapy Students	Dr Deepti Wadhwa	Dept. of Community Physiotherapy	International Journal Of Creative Research Thoughts	2021	2320 - 2882



57.	Immediate Effect Of Shavasana On Blood Pressure In Pre-Hypertensive Patients	Dr Deepti Wadhwa	Dept. of Community Physiotherapy	International Journal Of Multidisciplinary Research And Development	2019	2349-4182
58.	Effect Of Yoga Asanas And Swiss Ball Exercises In Treatment Of Primary Dysmenorrhea	Dr Deepti Wadhwa	Dept. of Community Physiotherapy	Int. J. Of Allied Med. Sci. And Clin. Research	2019	2347-6567
59.	Prevalence Of Eating Disorders Among Physiotherapy Students Of The Age Group 18-25 Years	Dr Deepti Wadhwa	Dept. of Community Physiotherapy	Int. J. Of Allied Med. Sci. And Clin. Research	2019	2347 – 6567
60.	Prevalence Of Burnout Among Nurses Working In Tertiary Care Hospital Of Nashik	Dr Deepti Wadhwa	Dept. of Community Physiotherapy	Int. J. Of Allied Med. Sci. And Clin. Research	2019	2347 – 6567
61.	To Study Immediate Effect Of Surya-Namaskar Versus Neurodynamic Sliding Technique On Hamstrings Flexibility Among Physiotherapy Students	Dr Mrunmayee Mande	Dept. of Physiotherapy in Musculoskeletal Sciences	International Journal Of Creative Research Thoughts (IJCRT)	2021	2320 – 2882
62.	Comparison Of Post Isometric Relaxation And Static Stretch Combined With Stabilizing Exercises On Hamstring Flexibility In Young Adults	Dr Mrunmayee Mande	Dept. of Physiotherapy in Musculoskeletal Sciences	International Journal of Multidisciplinary research and development	2019	2349-4182
63.	Effectiveness Of Core Stabilization Training With Pressure Biofeedback The Management Of Mechanical Low Back Pain In Subjects Between Age Group Of 20 – 25 Years	Dr Mrunmayee Mande	Dept. of Physiotherapy in Musculoskeletal Sciences	Indian Journal of physiotherapy and occupational therapy	2018	0973-5674
64.	Comparison of combined effect of aerobic training and resistance training versus aerobic training on blood sugar levels, lipid profile and quality of life in females with type 2 diabetes	Dr Shrunkhala Kaushik	Dept. of Community Physiotherapy	Journal of Clinical Diabetology	2019	2450-7458

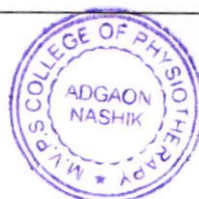


65.	Prevalence of forward head posture and protracted shoulders in mouth breathing children during day time and during sleep of age 8-12 years in Nashik-A cross sectional study	Dr Shrunkhala Kaushik	Dept. of Community Physiotherapy	Int J Of Allied Med Sci And Clin Res	2019	2347-6567
66.	Prevalence of eating disorders among Physiotherapy students of the age group 18-25 years	Dr Shrunkhala Kaushik	Dept. of Community Physiotherapy	Int. J. Of Allied Med. Sci. And Clin. Research	2019	2347 – 6567
67.	Prevalence of burnout among nurses working in tertiary care hospital of Nashik.	Dr Shrunkhala Kaushik	Dept. of Community Physiotherapy	Int. J. Of Allied Med. Sci. And Clin. Research	2019	2347 – 6567
68.	Immediate effect of Chair Sitting on Oxygen Saturation (SpO2) in Patients with Open-Heart Surgery on Second Post-Operative Day (POD 2): A Case Series	Dr Abhaya Mahadik	Dept of Physiotherapy in Cardiovascular & Respiratory Sciences	International journal of science & research methodology	2021	2454 – 2008
69.	The Comparison Between Blow Bottle Positive Expiratory Pressure (BBPEP) Device Versus Acapella On Oxygenation And Peak Expiratory Flow Rate (PEFR) Among Patients With Open Heart Surgery- A Comparative Study	Dr Abhaya Mahadik	Dept of Physiotherapy in Cardiovascular & Respiratory Sciences	International Journal Of Creative Research Thoughts (IJCRT)	2021	2320 – 2882
70.	Correlation Between Neck Disability And Smartphone Addiction Amongst Young (18-25 Years) Smartphone Users In Covid-19 Pandemic	Dr Pranali Pawar	Dept. of Physiotherapy in Musculoskeletal Sciences	International Journal Of Creative Research Thoughts (IJCRT)	2022	2320 - 2882
71.	Immediate Effect Of Hold-Relax Stretching Versus Static Stretching Of Iliopsoas Muscle On Transversus Abdominis Muscle Activation In Chronic Mechanical Low Back Pain With Lumbar Hyper-Lordosis	Dr Pranali Pawar	Dept. of Physiotherapy in Musculoskeletal Sciences	International Journal Of Creative Research Thoughts (IJCRT)	2021	2320 - 2882

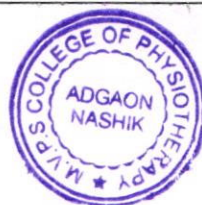


RESEARCH ARTICLES PG BATCH 2021

PG BATCH 2021						
Sr. No.	Name Of Students	Department	Title	Status	Year	Name of Guide
1.	Prajakta Deshmukh	Physiotherapy In Musculoskeletal Sciences	To Compare The Effect Of McKenzie Exercises And Kinesio-taping Versus McKenzie Exercises And Myofascial Release In Individuals With Forward Head Posture	Completed	2021	Dr. Ganesh MSP
2.	Shradha Ambekar	Physiotherapy In Musculoskeletal Sciences	The Effect Of Muscle Energy Technique Vs Kinesio-taping On Pectoralis Minor Length, Scapular Upward Rotation In Individuals With Rounded Shoulder Posture: Comparative Study	Completed	2021	Dr. Ganesh MSP
3.	Nikita Waghmare	Physiotherapy In Community Medicine	Comparing The Effect Of Egoscue And Lumbar Stabilization Exercises In Asymptomatic Females With Lumbar Hyper Lordosis	Completed	2021	Dr. Amrit Kaur
4.	Manasi Karpe	Physiotherapy In Musculoskeletal Sciences	The Effect Of Mulligans Two Leg Rotation Versus Bowens Technique On Hamstring Flexibility In Amateur Football Players Of 18-35 Years Age: A Comparative Study	Completed	2021	Dr. Mahesh Mitra
5.	Shrenika Koli	Physiotherapy In Musculoskeletal Sciences	Effect Of Light Pressure Instrument Assisted Soft Tissue Mobilization Technique On Perceived Pain, Tactile Discrimination And Lower Extremity Function In Individuals With DOMS: An Interventional Study	Completed	2021	Dr. Mahesh Mitra
6.	Neha Dange	Physiotherapy In Community Medicine	Immediate Effect Of Posterior Pelvic Tilt Taping On Pelvic Inclination And Lumbar Hyper lordosis In Pregnant Women Of 3rd Trimester: An Interventional Study	Completed	2021	Dr. Amrit Kaur
PG BATCH 2022						
1.	Vidula Barge	Physiotherapy In Musculoskeletal Sciences	Effectiveness Of Rocobado's Exercise In Subjects With Temporo-Mandibular Joint	Ongoing	2022	Dr. Rutika Thakur



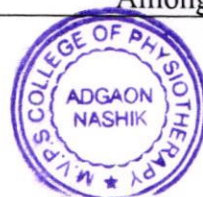
			Dysfunction On Neck Pain And Disability			
2.	Aditi Shirsath	Physiotherapy In Musculoskeletal Sciences	Comparative Study On Immediate Effects Of Positional Release Therapy Technique Versus Muscle Energy Technique In Subjects With Hamstring Tightness	Ongoing	2022	Dr. Ganesh MSP
3.	Pooja Nimse	Physiotherapy In Musculoskeletal Sciences	TO Compare The Immediate Effect Of Instrument Assisted Soft Tissue Mobilization (IASTM) Versus Foam Roller On Hamstring Flexibility In Healthy Adults	Ongoing	2022	Dr. Ganesh MSP
4.	Sushmita Gaikhe	Physiotherapy In Musculoskeletal Sciences	Maitland Mobilization Versus Ultrasound Along With Exercises In The Management Of Plantar Fasciitis In The Age Group Of 40-60 Years: A Comparative Study	Ongoing	2022	Dr. Ganesh MSP
5.	Mansi Bulsara	Physiotherapy In Musculoskeletal Sciences	Effect of 8 weeks Pilates core stability exercise program on static balance, performance and core endurance of Indian archers	Ongoing	2022	Dr. Rutika Thakur
6.	Shubhankar Mahapure	Physiotherapy in Community Sciences		Ongoing	2022	Dr. Amrit Kaur
7.	Ritu Patel	Physiotherapy in Community Sciences	Effect of structured exercise program on cardiometabolic profile and quality of life in postmenopausal women	Ongoing	2022	Dr. Amrit Kaur
INTERNS BATCH 2021						
1	Sakshi Malokar & Sakshi Pawar	Physiotherapy In Community Medicine	Immediate Effect Of Kinesio Taping On Abdominal Muscles Versus Hamstrings On Pelvic Tilt In Healthy Young Females	Published	2020	Dr. Amrit Kaur
2.	Kripa Shah & Vaishnavi Daptare	Physiotherapy In Neurosciences	Comparative Study Between Light Concentric Exercise And Foam Rolling On Delayed Onset Muscle Soreness In Young Adult Females	Published	2020	Dr. Krishna Shinde
3.	Trupti Gaikwad	Physiotherapy In Musculoskeletal Sciences	Effect Of Core Stabilization Exercises On Swiss Ball On Endurance, Balance And Flexibility In Sedentary Women	Completed	2020	Dr. Ganesh MSP
4.	Harshani Trivedi & Kunjal Kabade	Physiotherapy In Musculoskeletal Sciences	To Compare The Effects Of Spencer Technique And Maitland Mobilization On Pain, Range Of Motion And	Completed	2020	Dr. Mrunmayee Mande



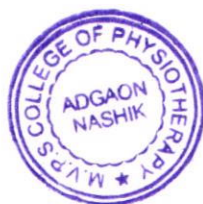
			Functional Status Of Shoulder In Subjects With Stage Adhesive Capsulitis			
5.	Vidhi Kalantri	Physiotherapy In Musculoskeletal Sciences	Effect Of Repetitive Spinal Extension Exercises In Standing Versus Lying On Cardiovascular Responses In Individuals	Published	2020	Dr. Mahesh Mitra
6.	Jaya Sharma & Priya Shah	Physiotherapy In Musculoskeletal Sciences	Immediate Effect Of Suryanamaskar Vs Neurodynamic Sliding Technique On Hamstring Flexibility Among Physiotherapy Students	Published	2020	Dr. Mrunmayee Mande
7.	Ashlesha Bhole & Sneha Waydande	Physiotherapy In Community Medicine	Effect Of Suryanamaskar On PEFR And Upper Body Muscle Endurance Among Physiotherapy Students	Published	2020	Dr. Deepti Wadhwa
8.	Namrata Shinde & Sayali Khairnar	Physiotherapy In Neurosciences	Effect Of Core Stabilisation Training Versus Balance Training On Agility In Young Soccer Players	Published	2020	Dr. Pritesh Yeole
9.	Shreshthi Burnwal	Physiotherapy In Community Medicine	Effect Of Yoga Asanas On Knee Osteoarthritis In Elderly: A Case Study	Completed	2020	Dr. Deepti Wadhwa
10.	Sampada Kulkarni	Physiotherapy In Neurosciences	The Immediate Effects Of Slow Icing Of Gastrocnemius Muscle On Spasticity And Ankle Passive Dorsiflexion In Children With Spastic Cerebral Palsy: A Case Study	Completed	2020	Dr. Pritesh Yeole
11.	Geet Ghoghari	Physiotherapy In Musculoskeletal Sciences	Relationship Between Weight Of School Bag And Back Pain In Students Of The Age Group Of 10 - 15 Years	Completed	2021	Dr. Rutika Thakur
12.	Ayushi Choudhary	Physiotherapy in Musculoskeletal Sciences	Effect of core stabilization exercises on floor on endurance, balance and flexibility in sedentary women	Completed	2020	Dr Ganesh MSP
INTERNS BATCH 2022						
1.	Muskaan Lokwani & Prachi Mande	Physiotherapy In Musculoskeletal Sciences	To Compare The Effectiveness Of Integrated Neuromuscular Inhibition Technique And Instrument Assisted Soft Tissue Mobilisation In The Management Of Upper Trapezius Myofascial Trigger Points	Completed	2021	Dr Rutika Thakur



2.	Madhura Abhyankar & Deepa Matwad	Physiotherapy In Musculoskeletal Sciences	Comparison Of Back Saver Sit And Reach Test AND V Sit And Reach Test In Young Females Of Age 17 To 25 Years	Completed	2021	Dr. Pritesh Yeole
3.	Anushka Deshpande & Sharayu Shinde	Physiotherapy In Cardiovascular & Respiratory Sciences	A Comparative Study Of Immediate Effect Of Muscle Energy Technique (MET) And Positional Release Therapy (PRT) On Pectoralis Minor Tightness In Healthy Collegiate Individuals	Completed	2021	Dr. Abhaya Mahadik
4.	Pallavi Mali & Neha Mahale	Physiotherapy In Musculoskeletal Sciences	Correlation Between Neck Disability And Smartphone Addiction Amongst Young (18-25 Yrs.) Smartphone Users In Covid 19 Pandemic	Published	2021	Dr. Pranali Pawar
5.	Samruddhi Wankhade & Mansi Bhandari	Physiotherapy In Community Medicine	Immediate Effect Of Myofascial Release Technique Versus Strain Counterstrain In Unilateral Trapezitis In Women Of Age Group 20-40 Years	Completed	2021	Dr. Shrunkhala Kaushik
6.	Vaishnavi Tank & Parnika Deshmukh	Physiotherapy In Neurosciences	Effect Of Swiss Ball And Theraband Exercises On Muscle Endurance In Healthy Individuals In The Age Group Of 18 -25 Years	Published	2021	Dr. Krishna Shinde
7.	Gayatri Patil & Mahek Lokwaani	Physiotherapy In Neurosciences	Prevalence Of Ergonomic Risk Assessment Of Working Posture Using REBA And QEC In Small Scale Bakery Industries Of Nashik District	Completed	2021	Dr. Deepti Wadhwa
8.	Deepali Deo & Jaya Varma	Physiotherapy In Musculoskeletal Sciences	Comparison Of Mulligan's Bent Leg Raise And Nordic Eccentric Hamstring Stretching On Hamstring Flexibility In Individuals Between 18 - 35 Years Age Group	Completed	2021	Dr. Mrunmayee Mande
9.	Amruta Dhande & Naman Shah	Physiotherapy In Community Medicine	Effect Of Slow And Fast Surya namaskar On PEFr, BP And Physical Fitness Index Among Pharmacy Students	Completed	2021	Dr. Deepti Wadhwa
10.	Vaishnavi Jangam & Komal Pawar	Physiotherapy In Musculoskeletal Sciences	Effect Of Yoga In The Management Of Primary Dysmenorrhoea In Females Between 18-25 Years	Completed	2021	Dr. Mrunmayee Mande
11.	Anushka Wagh & Achal Chordia	Physiotherapy In Community Medicine	A Co Relational Study Between Cervical Core Muscle Endurance, Median Nerve Mobility And Scapular Dyskinesis Among	Completed	2021	Dr. Amrit Kaur



			Asymptomatic Young Adults (18-25) Using Smart Phone			
12.	Devanshi Pawar & Ketki Jethwa	Physiotherapy In Neurosciences	Comparative Study Between Instrumental Assisted Soft Tissue Mobilization (IASTM) And Static Stretching On Delayed Onset Muscle Soreness In Young Adult Females	Published	2021	Dr. Krishna Shinde
13.	Nikita Pawar & Srushti Dugaonkar	Physiotherapy In Community Medicine	Immediate Effect Of Active Release Technique (ART) Versus Muscle Energy Technique (MET) On Hamstring Tightness In Sewing Machine Operators	Completed	2021	Dr. Shrunkhala Kaushik



OTHER PUBLICATIONS

Type of Publication	Name of Staff	Department	Registration Number	Date
BOOK PUBLICATION				
Adult Neurological Examination	Dr Shrikrishna Shinde	Department of Neuro-Physiotherapy	978-620-2-67631-1	7 th July, 2020
PATENT				
“Ahmednagar Blow Bottle Positive Expiratory Pressure Device (ABBPEP)”	Dr. Abhaya Mahadik	Department of Cardiovascular & Respiratory Physiotherapy	E-101/5253/2020	29 th April, 2022
COPYRIGHTS				
Homemade “Ahmednagar Blow Bottle Positive Expiratory Pressure Device (ABBPEP)”	Dr. Abhaya Mahadik	Department of Cardiovascular & Respiratory Physiotherapy	L-100877/2021	24 th March, 2021



AWARDS

Dr. Mahesh Mitra

1. ESCEO IOF Young Investigator Award by IOF in Barcelona, Spain.
2. Distinguished Academician Award By IAP
3. "COVID WARRIOR AWARD" by Dr Vasantao Pawar Hospital, Medical College and Research Centre, Adgaon, Nashik on 7th April, 2022.

Dr. Ganesh MSP

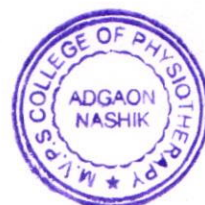
1. "COVID WARRIOR AWARD" by Dr Vasantao Pawar Hospital, Medical College and Research Centre, Adgaon, Nashik on 7th April, 2022.

Dr. Amrit Kaur

1. InSC Young Research Award
2. Travel Grant by ERS for ARDS Research Seminar in Barcelona, Spain.
3. Selected as faculty for Lifestyle Management Course in Hypertension by IAPEN, Pune
4. Selected as Committee Members for 16th Asian-Pacific Congress of Hypertension
5. ESCEO IOF Young Investigator Award by IOF in Barcelona, Spain.
6. "COVID WARRIOR AWARD" by Dr Vasantao Pawar Hospital, Medical College and Research Centre, Adgaon, Nashik on 7th April, 2022.

Dr. Pritesh Yeole

1. "COVID WARRIOR AWARD" by Dr Vasantao Pawar Hospital, Medical College and Research Centre, Adgaon, Nashik on 7th April, 2022.
2. "Young Research Award" by Institute of Scholars on 2022.



Dr. Rutika Thakur

1. "COVID WARRIOR AWARD" by Dr Vasantao Pawar Hospital, Medical College and Research Centre, Adgaon, Nashik on 7th April, 2022.

Dr. Krishna Shinde

1. Outstanding Teaching Award
2. InSC Young Research Award
3. "COVID WARRIOR AWARD" by Dr Vasantao Pawar Hospital, Medical College and Research Centre, Adgaon, Nashik on 7th April, 2022.

Dr. Deepti Wadhwa

1. Young Achievers Award By Sports Connect- 14th Feb 2021
2. Indian Excellency Award From Indian Book Of Records 7th February 2021
3. Young Achiever Awards From PHOENERIX International Physiotherapy Conference. 8th May 2021
4. Top Iconic International Women's Award Of The World 2021 From IWAA. 28th March 2021.
5. IMRF- Indo Asian Mike REINOLD Distinguished Scientist Award In Community Physiotherapy In Honour Of The United Nation Seventy Fifth Anniversary- 15th December 2020.
6. Front Line Warrior Honour By World Against Corruption India -May 2021
7. Women Victory Award From Star Awards- May 2021
8. Outstanding Achievement Award Title Kalam Of Physios-4th National Sports Connect Conference On Sports Physiotherapy And Advancements- 11th And 12th December 2021.
9. Panellist Speaker - 4th National Sports Connect Conference On Sports Physiotherapy And Advancements- 11th And 12th December 2021.
10. Scientific Committee Judge - 4th National Sports Connect Conference On Sports Physiotherapy And Advancements- 11th And 12th December 2021.



11. "COVID WARRIOR AWARD" by Dr Vasantao Pawar Hospital, Medical College and Research Centre, Adgaon, Nashik on 7th April, 2022.

Dr. Mrunmayee Mande

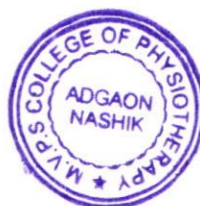
1. "COVID WARRIOR AWARD" by Dr Vasantao Pawar Hospital, Medical College and Research Centre, Adgaon, Nashik on 7th April, 2022.

Dr. Shrunkhala Kaushik

1. Outstanding Service to Society' by Maharashtra Navnirman Sena on International Marathi Day- 30th April 2021. Honored by Mr. Raj Thakeray.
2. Covid Warrior 'Award by Shivsena by the hands of Mr. Sanjay Raut- 6th February 2021
3. Covid Warrior 'Award by Bhartiya Janata Party on occasion of national doctors day- 1st July 2021.
4. Awarded by Sports Connect 4 2021- 'Young Achiever Award- Abhimanyu of Physios' at Amritsar, Punjab ,India.-12th December 2021
5. "COVID WARRIOR AWARD" by Dr Vasantao Pawar Hospital, Medical College and Research Centre, Adgaon, Nashik on 7th April, 2022.

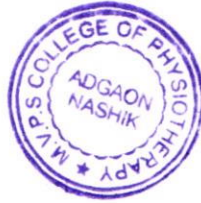
Dr. Abhaya Mahadik

1. Empowered Women Award Title "Shakti Of Physio" - 4th National Sports Connect Conference On Sports Physiotherapy And Advancements- 11th And 12th December 2021.
2. "COVID WARRIOR AWARD" by Dr Vasantao Pawar Hospital, Medical College and Research Centre, Adgaon, Nashik on 7th April, 2022.
3. Awarded By Indian Book Of Records For "Help To Stop Coronavirus" In 2021.



Dr. Pranali Pawar

1. "COVID WARRIOR AWARD" by Dr Vasantao Pawar Hospital, Medical College and Research Centre, Adgaon, Nashik on 7th April, 2022.
2. "Young Research Award" by Institute of Scholars on 2022.
3. Awarded By Indian Book Of Records For "Help To Stop Coronavirus" In 2021.



Monthly Status Report (Basic Report)

Mar 01 2022 To Mar 31 2022

Company: MVP COLLEGE OF PHYSIOTHERAPY

Printed On : April 19 2022 12:09

Department		TEACHING																																						
Sl	Emp. Code	Name	1 T	2 W	3 Th	4 F	5 St	6 S	7 M	8 T	9 W	10 Th	11 F	12 St	13 S	14 M	15 T	16 W	17 Th	18 F	19 St	20 S	21 M	22 T	23 W	24 Th	25 F	26 St	27 S	28 M	29 T	30 W	31 Th	P	A	L	H	HP	WO	WOP
1	1	Dr Mahesh Mitra	A	P	P	P	P	WO	P	P	P	P	P	P	WO	P	P	P	P	A	P	WO	P	P	P	P	P	P	WO	P	P	P	P	26	1	0	0	0	4	0
3	3	Dr Ganesh MSP	A	P	P	P	P	WO	P	P	P	P	P	P	WO	P	P	P	P	A	P	WO	P	P	P	P	P	P	WO	P	P	P	P	23	5	0	0	0	4	1
2	2	Dr Amrit Kaur	A	P	P	P	P	WO	P	P	P	P	P	P	WO	P	P	P	P	A	P	WO	P	P	P	P	A	A	WO	P	P	P	P	9	18	0	0	0	4	0
4	4	Dr Pritesh P. Yeole	A	P	P	P	P	WO	P	P	P	P	P	P	WO	P	P	P	P	A	P	WO	P	P	P	A	P	P	WO	P	P	P	P	22	5	0	0	0	4	0
5	5	Dr Rutika K. Thakur	A	P	P	P	P	WO	P	P	P	P	P	P	WO	P	P	P	P	A	A	WO	P	P	P	A	A	P	WO	P	P	P	P	19	8	0	0	0	4	0
6	6	Dr Shrikrishna G. Shinde	A	P	P	P	P	WO	P	P	P	P	P	P	WO	P	P	P	P	A	P	WO	A	P	P	P	P	P	WO	P	P	P	A	20	7	0	0	0	4	0
7	7	Dr Deepti N. Wadhwa	A	A	A	P	P	WO	P	P	P	P	P	P	WO	P	P	P	P	A	P	WO	P	P	P	P	P	P	WO	P	P	P	P	22	5	0	0	0	4	0
8	8	Dr Gaurav Maind	A	P	P	P	P	WO	P	P	P	P	P	P	WO	P	P	P	P	A	P	WO	P	P	P	P	P	P	WO	P	P	P	P	24	3	0	0	0	4	0
9	9	Dr Mrunmayee T.Mande	A	P	P	P	P	WO	P	P	P	P	P	P	WO	P	P	P	P	A	P	WO	P	P	P	P	P	P	WO	P	P	P	P	23	4	0	0	0	4	0
10	10	Dr Shrunkhla M. Kaushik	A	P	P	P	P	WO	P	P	P	P	P	P	WO	P	P	P	P	A	P	WO	P	P	P	P	P	P	WO	P	P	P	P	23	4	0	0	0	4	0
11	11	Dr Himani Dalmia	A	P	P	P	P	WO	P	P	P	P	P	P	WO	P	P	P	P	A	P	WO	P	P	P	P	P	P	WO	P	P	P	P	23	4	0	0	0	4	0
12	12	Dr Pranali S. Pawar	A	P	P	P	P	WO	P	P	P	P	P	P	WO	P	P	P	P	A	P	WO	P	P	P	P	P	P	WO	P	P	A	P	26	1	0	0	0	4	0
13	13	Dr Abhaya S. Mahadik	A	P	P	A	P	WO	P	P	P	P	P	P	WO	P	P	P	P	A	P	WO	P	P	P	P	P	P	WO	P	P	P	P	23	4	0	0	0	4	0
14	14	Dr Swapnali Sule	A	P	P	P	P	WO	P	P	P	P	P	P	WO	P	P	P	P	A	P	WO	P	P	P	P	P	P	WO	P	P	P	P	23	4	0	0	0	4	0

