

CME's from April 2021-2022

- **May 22, 2021 – CAPACITY BUILDING OF HEALTHCARE PROFESSIONALS IN TACKLING COVID 19 PANDEMIC**

This was an online lecture arranged by MUHS for students and professors of all streams viz. MBBS, BAMS, BHMS, BPTH, BSc Nursing. The lectures were from morning 10 am to afternoon 1 pm. The lectures were on online platform.

 MUHS MAHARASHTRA UNIVERSITY OF HEALTH SCIENCES, NASHIK INSTITUTE OF MEDICAL EDUCATION TECHNOLOGY AND TEACHERS' TRAINING ORGANISES A NATIONAL MULTIDISCIPLINARY WORKSHOP ON “Capacity Building of Healthcare Professionals in Tackling COVID-19 Pandemic” 3rd APRIL 2021 (ONLINE PLATFORM)		
 MUHS		
Theme- “Capacity Building of Healthcare Professionals in Tackling COVID 19 Pandemic ”		
TIME	SESSION	FACULTY
10:00 am to 10:05 am	Online login & Preparation	
10:05 am to 10:10 am	Welcome Address	Dr. K. D. Chavan, Registrar, MUHS, Nashik.
10:10 am to 10:15 am	Introduction to Training Programme	Dr. Nitin Karmalkar, Acting Vice-Chancellor, MUHS, Nashik.
10:15 am to 10:45 am	Keynote Address- Present Status of COVID Pandemic 19.	Dr. T. P. Lahane, Director, Medical Education & Research and Nodal Officer, COVID Pandemic, Maharashtra.
10:45 am to 11:10 am	COVID-19 Pandemic : Brief Overview Of Vaccines And Related Issues	Dr. Avinash Supe, Chairman, MCGM COVID Task Force, Former Director, ME & MH, MCGM.
11:10 am to 11:35 am	Diagnostic Updates on COVID 19 Pandemic	Dr. Gita Nataraj, Professor & Head, Microbiology, KEM.
11:35 am to 12:05 pm	COVID 19 Pandemic Management- Issues and Challenges in Managing Comorbidities.	Dr. Shashank Joshi, Endocrinologist, Diabetologist & Member, Maharashtra COVID Taskforce.
12:05 pm to 12:30 pm	COVID-19 Pandemic Management: Mental Health Issues In Healthcare Professionals.	Dr. Shubhangi Parikar, Former Dean, KEMH and Former Professor & Head, Psychiatry, KEMH.
12:30 pm to 01:00 pm	COVID 19 Pandemic- Issues and Challenges in Critical Care Management.	Dr. Rahul Pandit, Director, Intensive Care, Fortis Hospital, Mumbai and Member, Maharashtra COVID-19 Task Force.
01:00pm to 01:10 pm	Vote of Thanks.	Dr. R. B. Deokar, Professor-Additional, FMT, KEMH, Mumbai

- **7TH SEPT AND 8TH SEPT 2021- STATE LEVEL COVID 19 TRAINING 2021**

This was a state level post covid training pertaining to medical and physiotherapeutic rehabilitation post covid 19. Included in the training were Class I medical officers, PHC officers and nursing staff. From our department, Dr Amrit Kaur, Dr DeepaSuvarna, Dr Shrunkhala Kaushik and Dr AbhayaMahadik conducted lectures on post covid lung and physical rehab and had also given practical demonstration for the same.



- **20th November 2021- Learning from the Legends by Honorable Dr. HimmatraoBaviskar Sir (Auditorium)**

This session was dedicated to DrHimmatrao Baviskar. In this session, after the introductory speech by respected Dean Madam, a video based on life story of Dr. Himmatrao Baviskar was showcased. This session was graced by honorable Sarchitnis Madam, respected Dean madam and the education officer of this institute, Dr N.S. Patil Sir.



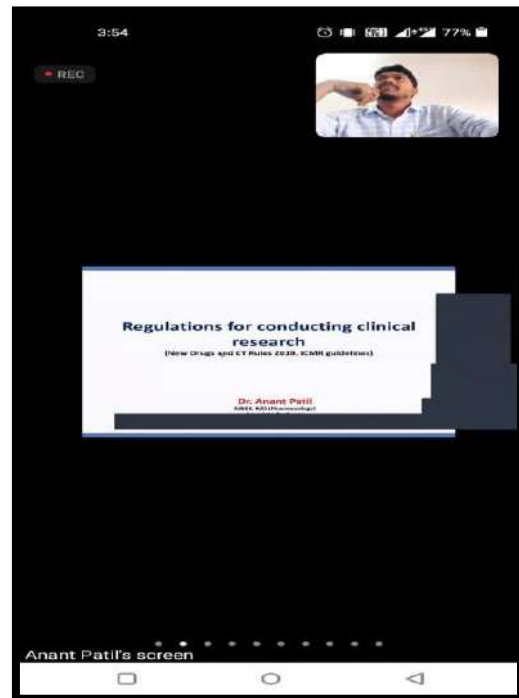
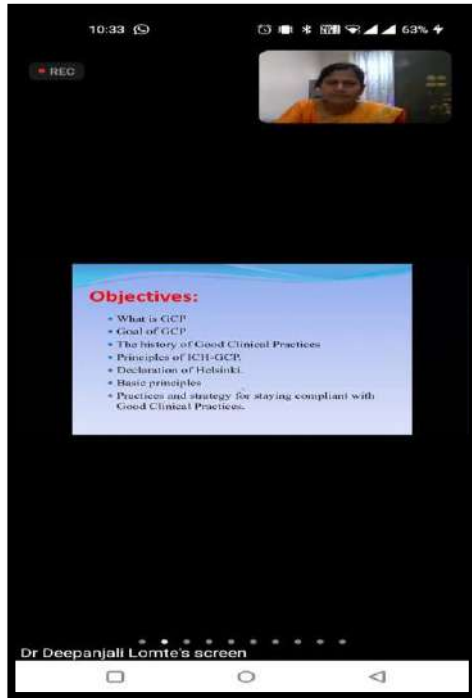
20TH DECEMBER 2021- REMEDY ENABLE EXCESS TO QUALITY AND AFFORDABLE HEALTHCARE TO MASSES THROUGH TECHNOLOGY –BY SAMEER SAWARKAR

A Lecture was conducted in the Auditorium in which Software was described related to tele-consultation to patients and groups in order to make things for doctors and patients easy.



• **10TH MARCH 2022 - MUHS WORKSHOP ON GOOD CLINICAL PRACTICE**


MUHS had organized an online workshop on Good clinical Practice from 9am to 5pm which was inaugurated by the Vice-Chancellor of MUHS – Lieutenant General Dr. Madhuri Kanitkar. This workshop included topics such as Introduction , objectives and principles of GCP, Roles and Responsibilities of Ethical committee, Informed Consent, Role of Organization and Sponsor. It was organized in order to improve the inclusiveness of advanced and research based ethically proven practices.




Conference from April 2021-2022

24-28 NOVEMBER 2021-16th ASIAN PACIFIC CONGRESS OF HYPERTENSION


Conference was organized on virtual as well as physically were our Principal Dr. Amrit Kaur had taken a lecture on implications on hypertension and our 2 community postgraduate residents had done an oral paper presentation and were awarded with young investigators fellowships. It also included many lectures on hypertension.




APCH 2021
16th Asian-Pacific Congress of Hypertension
HYBRID - In New Delhi & Virtual
31st National Conference of Indian Society of Hypertension - BPCON 2021




Supported by



Organized by



Hosted by



Name: Dr. AMRIT KAUR
Designation: PROFESSOR
Institution/Organization: MVP's COLLEGE OF PHYSIOTHERAPY
City: NASHIK
Country: INDIA

Topic
"PHYSICAL INACTIVITY: IMPLICATIONS ON HYPERTENSION"



APCH 2021
16th Asian-Pacific Congress of Hypertension
HYBRID - In New Delhi & Virtual
31st National Conference of Indian Society of Hypertension - BPCON 2021



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Virtual Congress : 24-28 November, 2021
Physical (Hybrid) Congress : 26-28 November, 2021
Pride Plaza Hotel, Aerocity, New Delhi

CERTIFICATE

This certificate is hereby presented to

Amrit Kaur

for contributing as a FACULTY in the
16th Asian-Pacific Congress of Hypertension- APCH 2021
held in New Delhi from November 24 - 28, 2021.

NB Verma
Dr. Narsingh Verma
Executive Chairman
APCH 2021

Anuj Maheshwari
Dr. Anuj Maheshwari
Scientific Chairman
APCH 2021
www.apch2021.org

Trefor Morgan
Prof. Trefor O. Morgan
Secretary General
APSH



APCH 2021

16th Asian-Pacific Congress of
Hypertension

HYBRID - In New Delhi & Virtual

31st National Conference of Indian
Society of Hypertension - BPCON 2021

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HYPERTENSION

16TH ASIAN-PACIFIC CONGRESS OF HYPERTENSION- APCH 2021

31ST NATIONAL CONFERENCE OF INDIAN SOCIETY OF HYPERTENSION-BPCON

HYBRID CONFERENCE

VIRTUAL CONGRESS DATES: 24 – 28 NOVEMBER
PHYSICAL CONGRESS DATES: 26 – 28 NOVEMBER

YOUNG INVESTIGATORS FELLOWSHIPS OF THE ASIAN PACIFIC SOCIETY OF HYPERTENSION



A Young Investigators Fellowship was awarded to

Ritu N. Patel

*to participate in
the 16th Scientific Meeting of the Asian Pacific Society of Hypertension, in INDIA
from November 24 - 28, 2021.*

NBVerma

Dr. Narsingh Verma
President

Prof. Trefor O. Morgan

Prof. Trefor O. Morgan
Secretary General

11-12 DECEMBER 2021-4th NATIONAL CONFERENCE ON SPORTS CONNECT

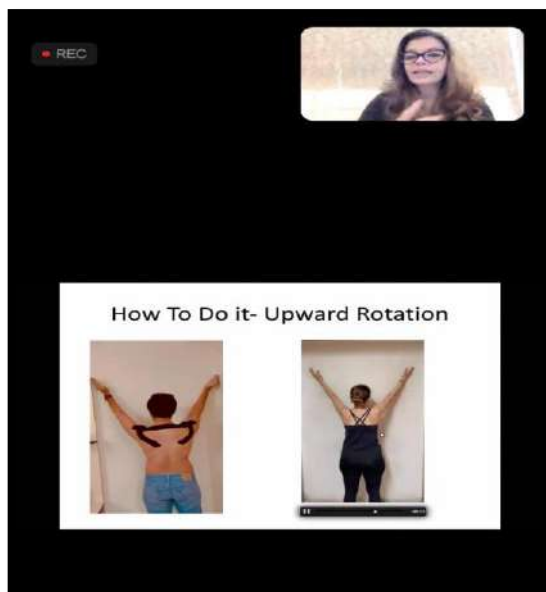
The conference was held in Amritsar where our 3 staff members had done their oral paper presentation and 1 postgraduate student had taken part in singing competition. It was a fun filled, enthusiastic and knowledgeable conference. All 3 staff received awards in the conference.





12 JANUARY 2022- 1ST INTERNATIONAL PHYSIOTHERAPY CONFERENCE

The conference was held on a virtual platform by KJ Somaiya College which was being attended by our staff members. Theme-beyond the horizon on 1st international physiotherapy conference.



6 MARCH 2022- KHYATI-WOW-PRECON 2022

The conference khyati –wow- pre con 2022 was held on a virtual platform for 2 days were our Principal, DrAmrit Kaur and our staff member Dr Deepti Wadhwa had taken a lecture and it was being attended by our staff members.

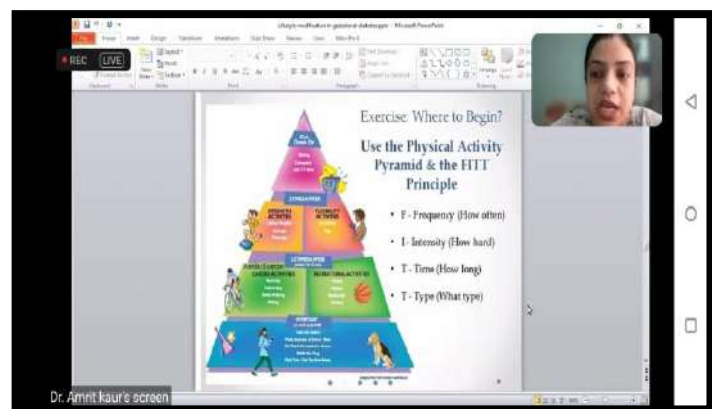
Day - 1
Time: 1:00 PM to 8:00 PM

Name of Speaker	Topic	Time
Inaugural Ceremony	Medical Community	1:00 to 1:20
Dr. Anil Mohapatra	Scientific comparison of Transvaginal - Transrectal Pelvic Floor Muscle Assessment Techniques	1:20 to 1:40
Dr. Dhiana Shah (PT)	Technological Innovations in Transrectal Assessment of Pelvic Floor Muscles (Mink, Pelvicream, wii-vision, Ergofit)	1:40 to 2:00
Dr. Shuchana Goshal	Physiotherapy Management in Osteoporosis women	2:00 to 2:20
Dr. Sneha Bhatnagar (PT)	Pelvic Organ Prolapse & Hysteria	2:20 to 2:40
Dr. Neha Anand Verma (PT)	Gestody Management from Physiotherapy Perspective	2:40 to 3:00
Dr. Jayashree Jayakrishnan (PT)	Role of Physiotherapy for postnatal care	3:00 to 3:20
Dr. Saranyani Kaur (PT)	Cupping Therapy for Reproductive Health	3:20 to 3:40
Dr. Sumesh Choudhary (PT)	Role of Physiotherapy in Urinary Incontinence	3:40 to 4:00
Dr. Gaurav Bhatnagar (PT)	Role of Physiotherapy in Infertility management (PCOS, PGO, Endometriosis, Blocked Fallopian Tube, Hormonal Imbalance etc.)	4:00 to 4:30
Dr. Richa Singh (PT)	Fibromyalgia, an impact of emotional imbalance in women's life.	4:30 to 4:40
Dr. Vanshika (PT)	Round Ligament Pain during Pregnancy and Role of Physiotherapy	4:40 to 5:00
Dr. Anshika Tyagi (PT)	Role of Physiotherapy during childbirth & in lactating mothers	5:00 to 5:20
Dr. Nishi Bhatnagar (PT)	Role of Physiotherapy in connective tissue & Fibrosis	5:20 to 5:40



Day - 2
Time: 1:00 PM to 6:00 PM

Name of Speaker	Topic	Time
Dr. Lakshya (PT)	Physiotherapy Management of Obstetric Rectus Abdominus	1:00 to 1:20
Dr. Anshika Kaur (PT)	Physiotherapy in Postnatal Health & Interpretation of the Female Sexual Function Scale	1:20 to 1:40
Dr. Deepika Wadhwa (PT)	Fitness beyond menopause	1:40 to 2:00
Dr. Nigama Kange (PT)	Baker's Classification of Female Sexual Dysfunction & Physiotherapy Intervention with the help of the Female Sexual Function Scale	2:00 to 2:30
Dr. Namisha Gupta (PT)	Enhancing the Role of Physiotherapy in management of Bulk gain through pelvic floor activation and contraction	2:30 to 2:50
Dr. Anshika Gupta (PT)	Functional strength management	2:50 to 3:10
Dr. Anshika Kaur (PT)	Metabolic modification in gestational diabetes	3:10 to 3:30
Dr. Lakshya Kaur (PT)	Physiotherapy Management of Urinary Incontinence with WOW PT 360	3:30 to 3:50
Dr. Anshika Kaur (PT)	Gestational care during pregnancy	3:50 to 4:10
Dr. Simranika Datta (PT)	Physiotherapy Management in postnatal musculoskeletal disorders	4:10 to 4:30
Dr. Deepika Wadhwa (PT)	Role of PT in Different Urinary Incontinence	4:30 to 4:50
Dr. Deepika Singh (PT)	Role of Physiotherapy in Puberty, Adolescents, Menstrual Health & Programs	4:50 to 5:10
Dr. Anshika Kaur (PT)	Humoral Toxicity for women at every age	5:10 to 5:30
Voluntary	Vote of Thanks	5:30 onwards



- **7-8 APRIL 2022 – KINESIOCON 2022**

Kinesiocon a conference organized by MEERS College of Physiotherapy ,Talegaon on early risk identification and intervention, which included paper presentation , lectures on risk management and care in NICU in which all the final yr students and PG students had participated.



76th NATCON - National conference of TB and Chest diseases

This conference was held for 3 days in Ambala from 11th april to 13th april. Our staff Dr Abhaya Mahadik presented paper at the conference and attended the workshop on Pulmonary Rehabilitation and also received certificate and trophy.



Workshop from April 2021-2022

- **22ND AUG 2021- MANUAL THERAPY WORKSHOP – BY DR. SAUNDARANJAN**

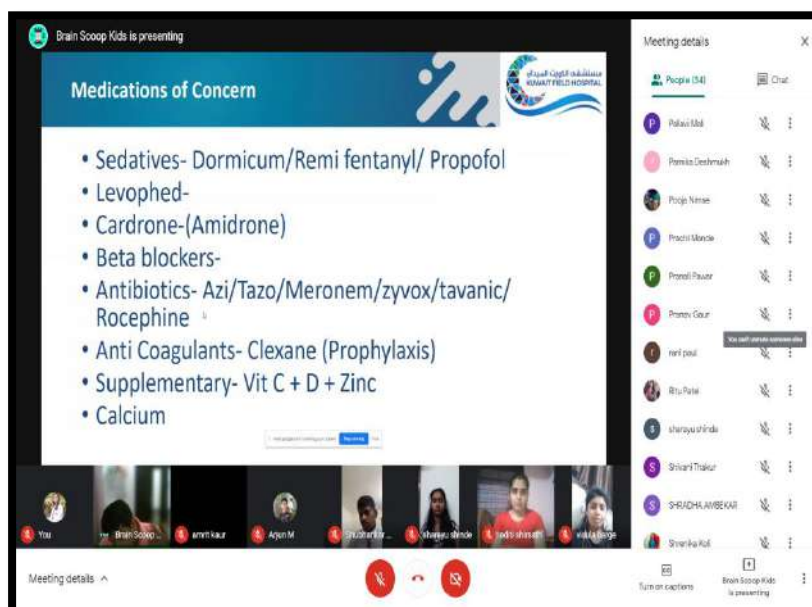
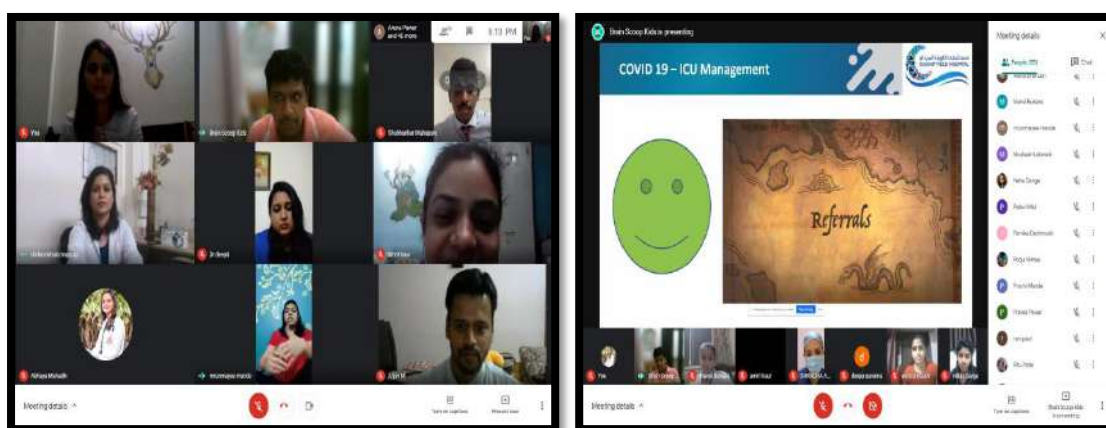
Manual therapy workshop for 1 day was organized by MVP College of Physiotherapy wherein Dr. SaundaraRajan was invited as the instructed of the workshop. Workshop included anatomy ,biomechanics and assessment of spine along with manual therapy treatment techniques. Each students were provided with the kit and workshop certificate.



Webinar's from April 2021-2022

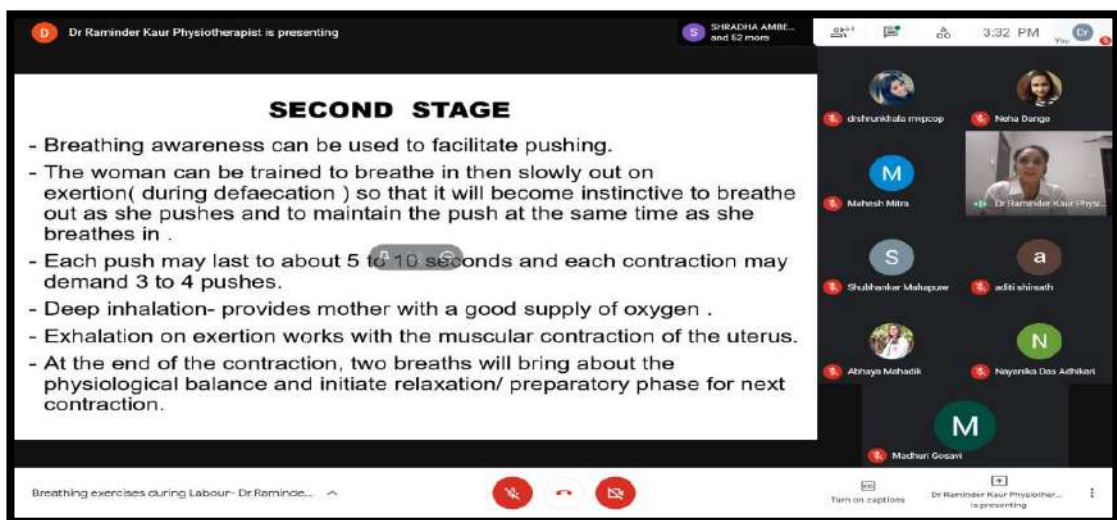
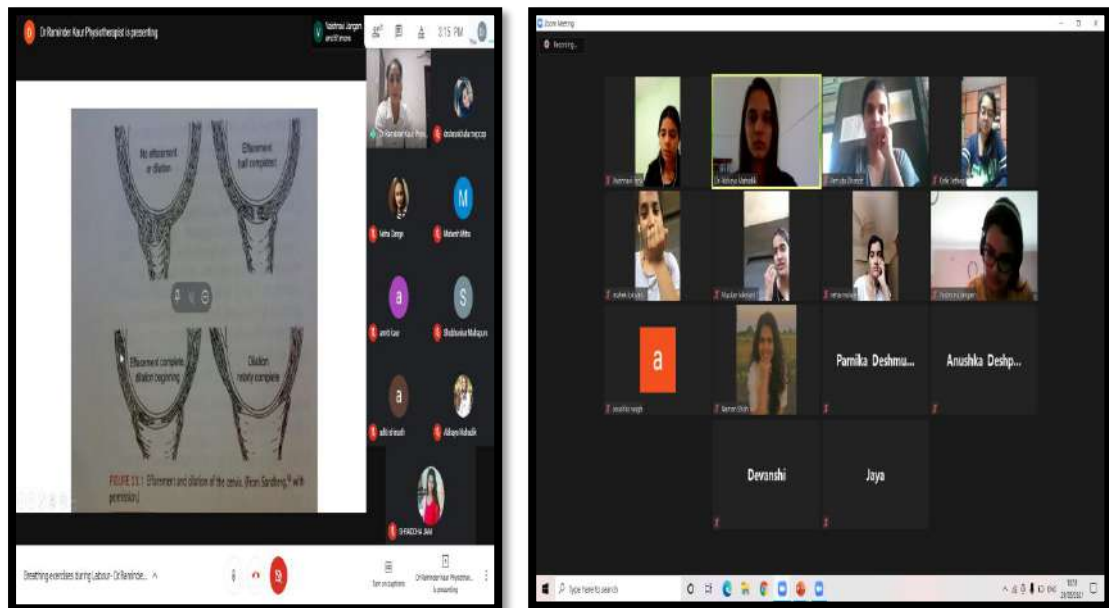
- **MAY 6, 2021 – PHYSIOTHERAPY MANAGEMENT IN COVID 19 OVERVIEW : DR. RAJA BG**

The lecture was arranged by MVPS college of physiotherapy. Dr. Raja BG was invited to deliver the lecture pertaining to physiotherapy management in covid 19. He is a consultant physiotherapist working in a multi-speciality hospital in Kuwait. Students of internship and post graduates attended the lecture.



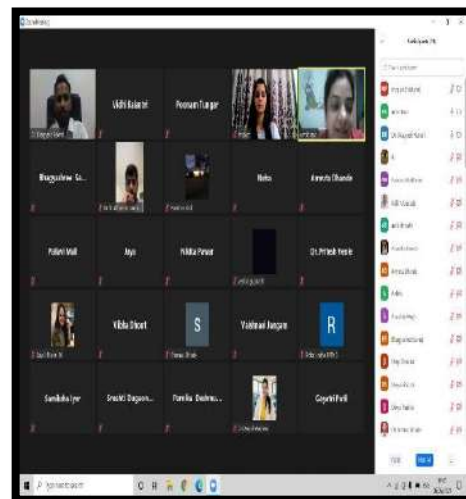
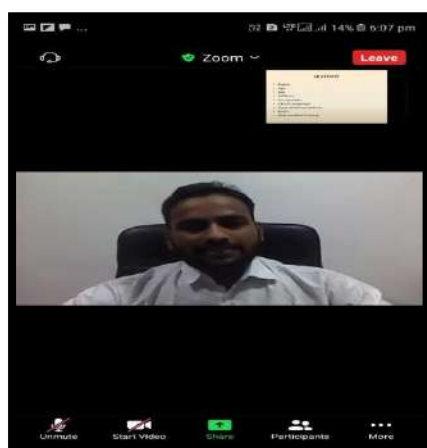
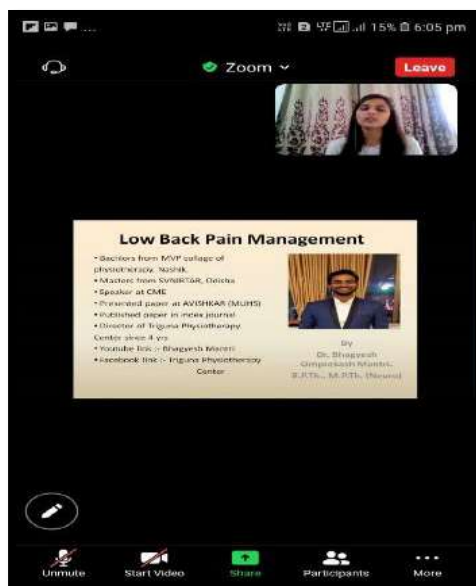
- MAY 21, 2021 – BREATHING EXERCISES DURING LABOR-DR. RAMINDER KAUR**

This lecture was held by the alumini of MVPS college of physiotherapy, DrRaminder Kaur. Being a women’s health physiotherapist, she shared good knowledge of her area of expertise which included breathing exercises during labour. It was a very helpful and interactive session and was attended by final year students, PG students and professors.



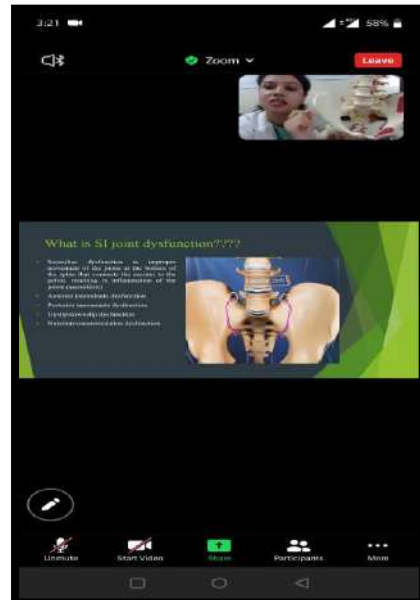
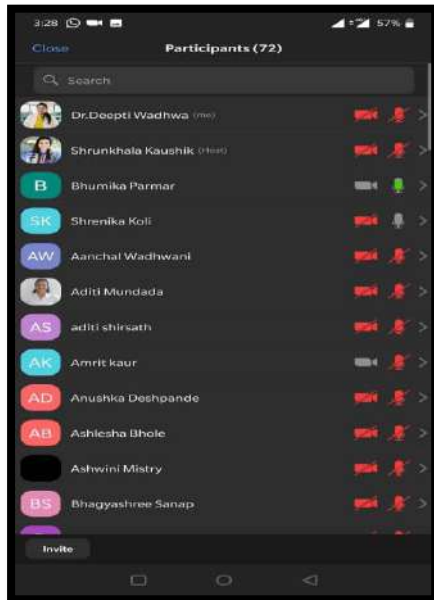
JUNE 6, 2021- LOW BACK PAIN MANAGEMENT – DR BHAGYESH MANTRI

This lecture was held by the alumini of MVPS college of physiotherapy, DrBhagyeshMantri. He shared good knowledge of her area of expertise which included low back pain assessment and management. It was a very helpful and interactive session and was attended by final year students, PG students and professors.



• **JUNE11, 2021 – SI JOINT DYSFUNCTION – DR. BHUMIKA PARMAR**

This lecture was held by the alumini of MVPS college of physiotherapy, Dr.BhumikaParmar. She is a consultant physiotherapist in Gujarat and took a wonderful session on SI joint dysfunction. The students learned a lot through this session.



16 JUNE, 2021 – NICU CARE – DR. PRANAY JINDAL

This lecture was held online by MVP college of physiotherapy. This lecture gave a deep knowledge about the NICU care and all the students and professors attended this lecture.



MVP COLLEGE OF PHYSIOTHERAPY

JOIN OUR WEBINAR

Role of physiotherapist in the NICU and follow –up clinics.

**ON 16TH JULY 2021,
3:00PM-4:00PM**

SPEAKER
DR. PRANAY JINDAL
M.P.T.(C.B.R) MANIPAL UNIVERSITY
P.H.D(McMasteruniversity ,ontario ,canada)
**Women's Wellness And Research
Center, Doha, Qatar**

Moderator
**Dr. Deepa
Suvarna**

ACTIVITIES FROM APRIL 2021-2022

- **6TH APRIL 2021- ALUMNI MEET**

The most awaited day for all the Ex-MVPites was the alumni meet. The alumni from past 10 years visited the event and our respected principal Dr. Mahesh Mitra gave them a warm welcome. The alumni and the alumnae expressed their feelings in the form of speech. It was indeed a memorable day!



15TH MAY 2021 POST COVID REHABILITATION OPD

Post-Covid department started in order to educate patients regarding breathing exercise. The TB chest department along with the physiotherapy department gave a multidirectional approach for rehabilitation of patients with post Covid. The patients are referred from TB Chest department and other wards. The assessment and treatment of patient related to physiotherapy is done at post covid rehabilitation.



JUNE 18, 2021: FAREWELL AND FELICITATION PROGRAM

Farewell program was conducted for batch 2019 in which the 1styr residents had performed a group song ,memento was given and PGs ,interns and staff were felicitated for doing Covid Duties with trophies and certificates.



21st June 2021 World Yoga Day Celebration

On the occasion of world yoga day MVPS College of Physiotherapy hosted an online yoga session. The yoga session is completely organized, performed and hosted by all the PG students with the help of DrAmrit Kaur. The session was also attended by Sarchitnis and Dean Madam of this institute. The session was live on zoom platform and Facebook as well and was open for all the parents and students to attend and perform yogasanas.



12 AUGUST, 2021 – WORLD ORGAN DONATION DAY

World organ donation week was celebrated in our college. Various interesting competitions were held. Competitions like poster making, rangoli, debate competition, elocution competition were held. The students also participated in rally for awareness of organ donation.



6TH SEPTEMBER 2021 TEACHER'S DAY CELEBRATION

On this day, the organizing batch had given a wonderful surprise to the teaching and non-teaching staff in the form of cake cutting and by giving speech. A unique elocution competition was held wherein the UG Students and interns had to recite stories pertaining to Indian mythology. The best 3 stories were rewarded.



- **8TH SEPT 2021 – WORLD PHYSIOTHERAPY DAY**

On the occasion of World Physiotherapy Day, Poster making competition based on the theme “Rehabilitation and long covid “ was conducted . Skit was performed by 4th year BPTH students and agility drill competition was held for the students.



8TH SEPTEMBER 2021 WORLD PHYSIOTHERAPY DAY AT RED CROSS SOCIETY

Staff DrDeeptiWadhwa with 6 final year students had taken camp on post covid and bone mineral density camp. Assessment was done and physiotherapy advices and exercises was given to patient.



15TH SEPT TO 18TH SEPT 2021 – FIT INDIA MOVEMENT

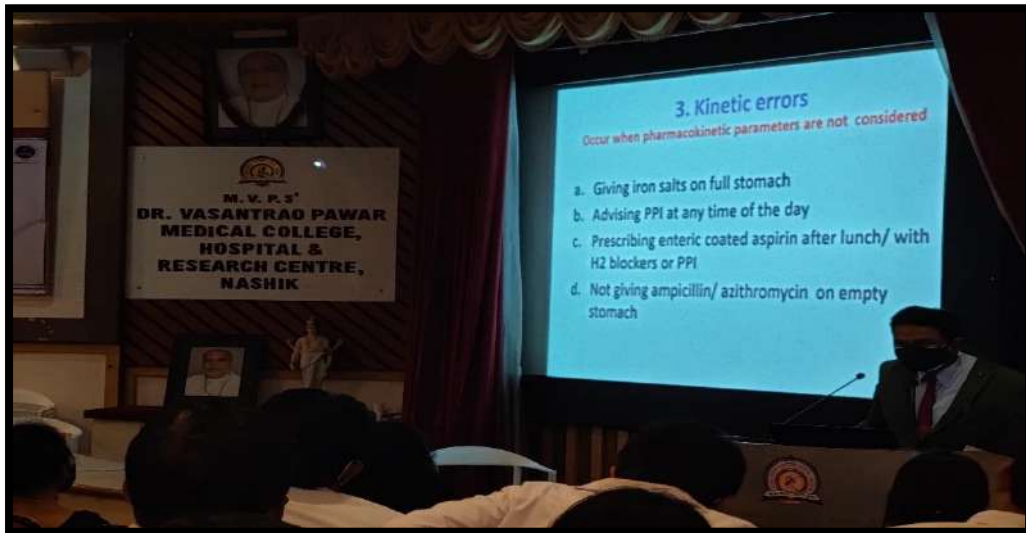
The Government of India had taken an initiative towards making India a fit country and reducing the risk of non- communicable diseases like Diabetes and hypertension .Based on this movement a “Fitness-Health Checkup Camp” was conducted for the Doctors in the hospital.Over 100 residents and consultants participated and their fitness was scored based on BMI,waist hip ratio,cardiovascularendurance,corestrength,sleep.

A grand event was held in order to felicitate the winners of this camp. This event was Graced by the presence of Hon.Sarchitnis madam, Respected Dean Madam and the Education Officer Dr. N. S. Patil Sir.



18TH SEPTEMBER 2021: PHARMACOVIGILANCE

The lecture was taken by pharmacology department from morning 9 am to evening 5pm



13TH OCTOBER 2021 – TREE PLANTATION ON BIRTHDAY

New concept of tree plantation on staff birthday.



22ND NOVEMBER 2021: WORLD COPD DAY CELEBRATION

Quiz competition was held in which the winners- 1st, 2nd 3rd prize were of physiotherapy department.

Lecture was taken on demonstration of nebulizers and humidifier. Practical demonstration was given



27TH NOVEMBER 2021 NASHIK DIABETES ASSOCIATION

This event took place in auditorium where the faculty and students of physiotherapy department were invited. The faculty and HODs of all departments were present. Quiz competition, skit and awareness on diabetes amongst people was done.



20TH DECEMBER 2021- BEST OUT OF WASTE

Two Engineering Students from Rajasthan had visited our college in order to create awareness about best out of waste in the form of paper recycling.



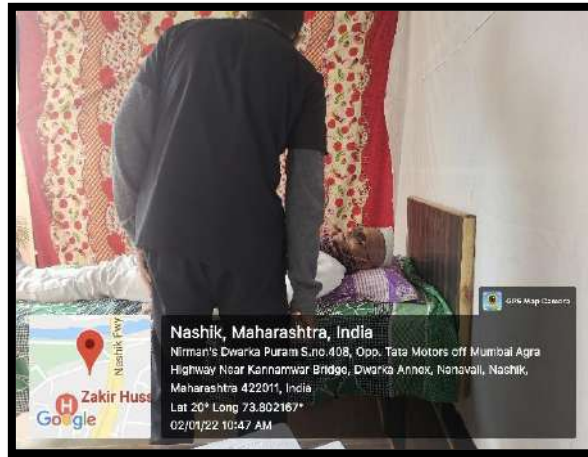
● **24th DECEMBER 2021- CHRISTMAS CELEBRATION**

Christmas Celebration was held in the college wherein various games were organized by final year UG students. Students had sung Carols on the occasion of Christmas



2nd JANUARY 2022- FREE HEALTH CHECKUP CAM TAPOVAN

Free Health Checkup Camp was organized in Tapovan by Manav Dharma Organization .Free service was provided by Physiotherapist, orthopedist, ophthalmologist, gynecologist. The PG student and intern of our department treated above 50 patients in this camp and were felicitated for the same.



14TH JANUARY 2022- SURYANAMASKAR YOJANA

As per Ministry of AYUSH, GOI mass Suryanamaskar demonstration program was held online by our PG students in co-ordination with the staff. All UG and PG students along with their parents attended this event. This event created an awareness amongst young generation.



15TH JANUARY 2022- VACCINATION BOOSTER DOSE

Booster dose of Covid -19 vaccine was taken by the staff of MVPS College of physiotherapy.



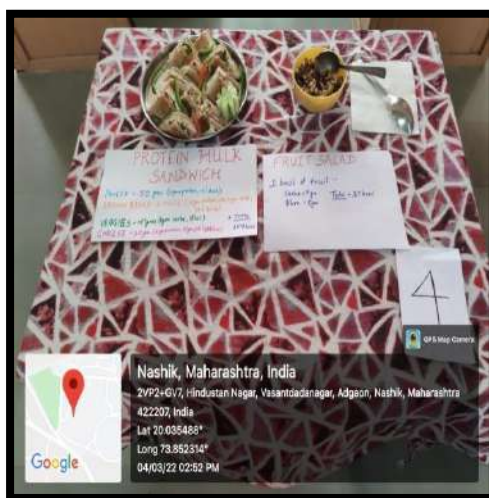
28TH FEBRUARY 2022 -GO GREEN CAMPAIGN

On this day under the Go Green Campaign ,poster competition was organized in order to promote and eliminate and promote the use of plastic . Various undergraduate students had participated in the poster competition which displayed various ecofriendly alternatives to plastic . Prizes were distributed for best and innovative posters.



4TH MARCH 2022- WORLD OBESITY DAY

On the occasion of World Obesity Day, the final year undergraduate students had organized a wonderful obesity awareness programme which included an enlightening speech on health awareness by Dr. Amrit Kaur and a skit was performed. To enhance the importance of fitness, fitness games were held for the staff and students which included skipping for the longest duration. Cooking competition was conducted in which a healthy and relishing dish was to be prepared with appropriate amount of protein, carbs and fats. The programme concluded with prize distribution for the cooking competition which was won by 4th year students.



8TH MARCH 2022- WOMEN'S DAY

On International Womens Day, achievements of all the women including Staff,postgraduate and undergraduate students in the college were celebrated and displayed in a video during the program . According to the Theme for 2022 – “ Break the Bias” Dr. Amrit Kaur , PG Student ShubhankarMahapure and one UG student had given an enlightening speech to promote bring equality in the society. Various games were held for the female staff and students that included Damsharaaz.

A Program was conducted in the MCI Auditorium of VasantPawar Medical Hospital which was graced by the presence of Respected Dean Ma'am and the Chief Guest who runs a NGO for mentally retarded people. She shared her overall experience and journey and enlightened everyone on this occasionn.



19TH MARCH 2022 -WORLD KIDNEY DAY

World Kidney Day was celebrated at the MCI Auditorium of VasanttraoPawar Medical College with the presence of Chief Guest who spoke on kidney health and its importance ,early detection of kidney diseases in children and adults.

A well renowned Doctor from Ohio spoke about his journey and experience as a Surgeon .The Chief Guests were felicitated by Respected Dean Ma'am for a being a part of the program on the occasion of World Kidney Day



24TH MARCH 2022 -WORLD TB DAY

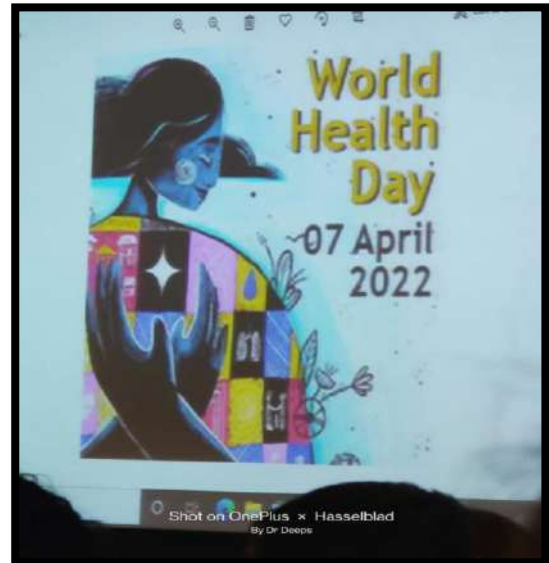
On the Occasion of World TB Day, Department of Respiratory Medicine had Organized a program in the MCI Auditorium hall in the presence of Respected Dean Ma'am , HOD of all faculties, residents, interns and students. The Program included Rangoli Competition, Poster Competition for TB awareness(Invest to end TB-Save Lives), Slogan Competition and Skit.Prize distribution for all the competition was done at the end of the program.

The District TB Officer, Chief Guest of the program gave a detailed and informative lecture on National TB Elimination Program



7TH APRIL 2022 WORLD HEALTH DAY

On the occasion of world health day, all the consultants and staff were felicitated with covid warrior award in the MCI auditorium.



11-13TH APRIL -HEALTH CHECKUP WITH PHYSIOTHERAPY CAMP AT PIMPALGAONBAHULA

A 3 day health checkup camp was organized by the college at Pimpalgaon where college staff ,3rdyr , final yr and 2 interns with 1 PG assisted during the camp.Screening of all patients was done and exercises were taught.



12-13TH APRIL 2022- NATIONAL PATHOLOGY DAY

On the occasion of National Pathology Day ,Rangoli competition was organized by the pathology department and lecture on pathological tests,skit was performed ,quiz competition was held along with prize distribution in which physiotherapy students won 2nd,3rd and constellation prize.

