

**Maharashtra University of Health Sciences, Nashik Inspection
Committee Report for Academic Year 2024 - 2025
Attendance Details/ Research Details/ Welfare Scheme Details**

Faculty -Physiotherapy

Name of College/Institute- M.V.P. Samaj's College of Physiotherapy,Adgaon Nashik

1	Attendance	}	Biometric attendance attached
	Teaching Staff		
	Non teaching staff		
	Hospital Staff		
	UG & PG Students		
2	Project	U.G- 34, P.G-12	
	Research Articles/Publications	Staff- 22, students- 08	
	Research Award (Student/Teacher)	Staff -1, student 1	
3	Utilization of Student Welfare Schemes :-		
	Earn and Learn Scheme	YES (no-5)	
	Dhanwantri Vidyadhan Scheme	YES (no-1)	
	Sanjivani Student Safety Scheme	Available but not utilized	
	Student Safety Scheme	Available but not utilized	
	Book Bank Scheme	-----	
	Savitribai Phule Vidyadhan Scheme	Available but not utilized	
	Bahishal Shikshan Mandal Scheme	YES (1)	
4	Sport participants/Other Activities:		
	i) Information of Student(s) who Participated University level & State level Avishkar Competition.	Staff-01 UG student- 7 PG student-11	
	ii) Information of Student(s) who participated in Regional Sport Competition & State level Sports Competition.	MUHS university sports inter zonal round 6 MUHS state level- 1	
	iii) Information of Student(s) who participated in Cultural Activities.	MVP yuva spandan-53	
	iv) Does the college have NSS Unit?	YES	
5	Whether "Swaccha Bharat Abhiyan" implemented in college	YES	

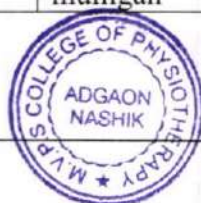


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Dean/ Principal Stamp & Signature
PRINCIPAL

M.V.P.S College of Physiotherapy
Adgaon, Nashik-422 003 Page 1 of 1

**RESEARCH PROJECTS
POST GRSDUATE STUDENTS
JANUARY 2023 ONWARDS**

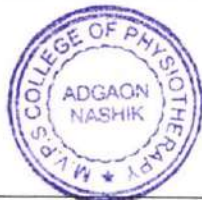
PG BATCH 2023						
Sr. No.	Name	Dept	Title	Status	Year	Guide
1.	Chetna Mhaske	Dept. of Community Physiotherapy	Effect of 6 weeks aerobic and resistance exercise on body composition and health related-quality of life in overweight and obese women with PCOS	Completed	2023	Dr. Amrit Kaur
2.	Surbhi Baniya	Dept. of Community Physiotherapy	Effect of Neuromuscular Electrical Stimulation along with conventional exercises on postnatal diastasis recti abdominis	Completed	2023	Dr. Amrit Kaur
3.	Jaya Sharma	Physiotherapy In Musculoskeletal Sciences	Comparing The Effect Of Scapular Muscles Force Couple Activation Exercises And Lower Trapezius Strengthening Exercises In Improving Shoulder Pain And Disability Index In Patients With Subacromial Impingement Syndrome Due To Scapular Dyskinesia	Completed	2023	Dr. Ganesh MSP
4.	Smruti Patki	Physiotherapy In Musculoskeletal Sciences	Effect of myofascial release technique versus Maitland mobilization on pain and functional disability in subjects with patellofemoral knee osteoarthritis.	Completed	2023	Dr. Ganesh MSP
5.	Tanvi Karande	Physiotherapy In Musculoskeletal Sciences	Comparison between the effect of strain counterstrain technique and myofascial release technique in levator scapulae trigger point in patients with non-specific neck pain	Completed	2023	Dr. Rutika Thakur
6.	Tanvi Gupte	Physiotherapy In Musculoskeletal Sciences	Comparison of mulligan mobilization with muscle energy technique and mulligan mobilization	Completed	2023	Dr. Rutika Thakur



alone in patients with anterior innominate dysfunction

PG BATCH 2024

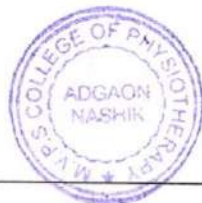
7.	Dhanashree Vinay Ghive	Dept. of Community Physiotherapy	Effect of modified Otago exercise program on balance, walking and fall efficacy in community dwelling older adults : a randomised control trial	Ongoing	2024	Dr. Amrit Kaur
8.	Ishwa Nathwani	Dept. of Community Physiotherapy	Effects of cawthorn and cooksey exercises versus sensory motor training on balance, fall functional mobility and quality of life in postmenopausal women	Ongoing	2024	Dr. Deepti Wadhwa
9.	Priyanka Thakur	Physiotherapy In Musculoskeletal Sciences	To compare the Effect of core stabilization exercises versus proprioceptive neuromuscular facilitation training on pain, range of motion and functional disability in patients with chronic low back pain	Ongoing	2024	Dr Ganesh MSP
10.	Sheereen Aara Rafeeqe Ahmed	Physiotherapy In Musculoskeletal Sciences	Effect Of Tibial Nerve Mobilization Along With Foot Muscle Strengthening Versus Foot Muscle Strengthening Alone In Individual With Flatfoot On Pain, Foot Function And Navicular Drop	Ongoing	2024	Dr Ganesh MSP
11.	Prachi Mande	Physiotherapy In Musculoskeletal Sciences	Effectiveness Of Dual Task Walking Performance Versus Proprioceptive Exercises On Balance And Kinesiophobia In Patients With Osteoarthritis Of Knee	Ongoing	2024	Dr. Rutika Thakur
12.	Mokshada Kawale	Physiotherapy In Musculoskeletal Sciences	Effect of neurodynamic dynamic sciatic nerve sliding technique on pain, physical disability and Core strength in patients with lumbar radiculopathy: Randomized control trial	Ongoing	2024	Dr. Rutika Thakur



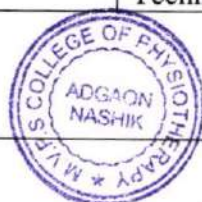
**RESEARCH PROJECTS
INTERNS
JANUARY 2023 ONWARDS**

INTERNS BATCH 2023

Sr. No.	Name	Dept	Title	Status	Year	Guide
1.	Samiksha Iyer & Raghav Zawar	Dept. of Community Physiotherapy	The effect of acupuncture like TENS and breathing exercises on sleep quality in primary insomnia among young adults	Completed	2023	Dr. Amrit Kaur
2.	Divya Thakkar & Vedika Gujarathi	Physiotherapy In Musculoskeletal Sciences	Prevalence of foot types determined by plantar Arch Index, Medial longitudinal arch angle and Rear foot angle in individuals above 18 years	Completed	2023	Dr. Ganesh MSP
3.	Jyoti Balwani	Physiotherapy In Musculoskeletal Sciences	The Prevalence Of Influence Of Pectoralis Minor And Upper Trapezius Length On Scapular Dyskinesia In 20 To 40 Years Old Individuals	Completed	2023	Dr. Ganesh MSP
4.	Vibha Dhoot & Kasturi Khadilkar	Physiotherapy In Neurosciences	Comparison Of The Effects Of Neurobic Exercises Versus Conventional Cognitive Training In Post-Stroke Patients	Completed	2023	Dr Pritesh Yeole
5.	Subodh Kawade	Physiotherapy In Neurosciences	Comparison Of Pnf Along With Kinesio -Taping And Pnf Along With Non-Elastic Taping On Gait In Stroke Patients	Completed	2023	Dr Pritesh Yeole
6.	Devayani Sastri & Aditi Mundada	Physiotherapy In Musculoskeletal Sciences	The Effectiveness Of Laser Vs Pnf Technique On Delayed Onset Muscle Soreness In Biceps Brachii Muscle In Young Healthy Individuals	Completed	2023	Dr. Rutika Thakur
7.	Omisha Narsinghani & Khadeeja Ansari	Physiotherapy In Neurosciences	Effect of IFT VS TENS on abdominal fat in obese subjects in the age group of 20-40 years- RCT	Completed	2023	Dr. Shrikrishna Shinde
8.	Palak Saraf	Physiotherapy In Neurosciences	The Relationship Between Gross Motor Function And Spasticity In Children	Completed	2023	Dr. Shrikrishna Shinde



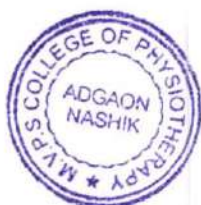
			With Spastic Diplegic Cerebral Palsy			
9.	Kanchan Patil & Sumedha Randive	Dept. of Community Physiotherapy	Prevalence of Ergonomic Risk Factors By Rapid Upper Limb Assessment And Rapid Office Strain Assessment In Computer Workers	Completed	2023	Dr. Deepti Wadhwa
10.	Ritika Lodha & Sanket Sangale	Physiotherapy In Musculoskeletal Sciences	Effect Of Pectoralis Minor Stretching And Bruggers Exercise Versus Scapular Retractor Strengthening On Forward Shoulder Posture	Completed	2023	Dr.Mrunmayee Mande
11.	Gauree Chavan & Manasi Gare	Dept. of Community Physiotherapy	Effect of William's flexion exercises versus Yogasana on chronic low back pain	Completed	2023	Dr.Shrunkhala Kaushik
12.	Bhagyashree Sanap & Komal Sontakke	Dept. of Community Physiotherapy	Comparison Of Nerve Flossing Technique And Conventional Physiotherapy On Acute Sciatica In Nurses	Completed	2023	Dr.Shrunkhala Kaushik
13.	Siddhi Biyani & Ashwini Mistry	Dept. of Cardiovascular & Respiratory Physiotherapy	Effect Of Butyeko Breathing Technique On Peak Expiratory Flow Rate, Functional Capacity And Anxiety Among Hospilized Patients-Experimental Study	Completed	2023	Dr. Abhaya Mahadik
14.	Jayashree Pawar & Aanchal Wadhvani	Dept. of Cardiovascular & Respiratory Physiotherapy	Effect Of Diaphragmatic Stretching On Diaphragmatic Excursion, Chest Expansion, Peak Expiratory Flow Rate (Pefr), & Functional Capacity Among Asymptomatic Young Adults	Completed	2023	Dr. Abhaya Mahadik
15.	Poonam Tungar & Rutuja Pofare	Physiotherapy In Musculoskeletal Sciences	Comparison Of Effect Of Proprioceptive Training And Craniocervical Flexion Training On Cervical Joint Position Sense In Patients With Mechanical Neck Pain	Completed	2023	Dr. Pranali Pawar
16.	Priyanka Mehta & Hiba Momin	Physiotherapy In	Effect Of Suboccipital Muscle Inhibition Versus Technique	Completed	2023	Dr. Pranali Pawar



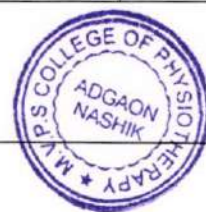
		Musculoskeletal Sciences	Modified Hold Relax Stretching On Hamstring Muscle Flexibility In College Going Students			
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INTERNS BATCH 2024

18.	Dadhich Mahima	Dept. of Community Physiotherapy	Effect Of 6 Week Aerobic And Resistance Exercise Program On Cardio Metabolic Profile And Body Composition In Overweight And Obese Females With Polycystic Ovary Syndrome Between Age 18 – 25 Years	Ongoing	2024	Dr. Amrit Kaur
19.	Avantika Jadhav & Danish Shaikh	Dept. of Musculoskeletal Physiotherapy	Immediate Effect Of Upper Limb Slider Mobilization Versus Passive Sustained Stretch For Trapezius In Patients With Cervical Radiculopathy With Median Nerve Involvement	Ongoing	2024	Dr. Ganesh MSP
20.	Anjali Agrawal & Shivani Shinde	Dept. of Neuro Physiotherapy	The Effect of Radial Nerve Mobilization On Two-point Discrimination In Relation With Age In Healthy Adults	Ongoing	2024	Dr. Pritesh Yeole
21.	Purva Nyanarkar & Anagha Pachorkar	Dept. of Neuro Physiotherapy	Comparison Of Immediate Effect Of Mc-conell Patellar Taping And Kineso Patellar Taping On Balance Of Gait Ability In Stroke Patients	Ongoing	2024	Dr. Pritesh Yeole
22.	Vishakha Badar & Manasi Mandale	Dept. of Musculoskeletal Physiotherapy	Effect Of Strengthening Exercise And Tendon Gliding Exercises On Grip Strength And Handwriting Spend In Physiotherapy Undergraduates Students	Ongoing	2024	Dr. Rutika Thakur



23.	Swati Gupta & Shrutika Shelar	Dept. of Neuro Physiotherapy	Effect Of Modified Constraint Induced Movement Therapy Versus Weight Bearing Exercises On Upper Extremity Function In Stroke Patient	Ongoing	2024	Dr. Krishna Shinde
24.	Sayali Narayan mairal & Mansi Bhausaheb Jadhav	Dept. of Neuro Physiotherapy	Effect of Tibial nerve mobilization versus positional release technique on pain & functional Limitation in subjects with plantar fasciitis RCT	Ongoing	2024	Dr. Krishna Shinde
25.	Darshana Bansole & Pranjal Uphade	Dept. of Neuro Physiotherapy	Effect Of Trunk And Pelvic PNF Pattern On Improving Trunk Control In Children With Spastic Cerebral Palsy	Ongoing	2024	Dr. Krishna Shinde
26.	Gargi Sadavarte & Sakshi Bhamare	Dept. Of Community Physiotherapy	Prevalence Of Musculoskeletal Disorders, Ergonomic Risk, Physical Activity And Smartphone Addiction Amongst Smartphone Users Of 18 – 25 Age Group.	Ongoing	2024	Dr. Deepti Wadhwa
27.	Pranjal dnyaneshwar Thube	Dept. Of Community Physiotherapy	Immediate effect of Buteyko breathing Technique on peak expiratory flow rate, functional capacity and breath Hold test among petrol pump workers	Ongoing	2024	Dr. Deepti Wadhwa
28.	Sandesh Bhosale & Vrushabh Pawar	Dept. of Musculoskeletal Physiotherapy	Immediate Effect Of Myofascial Release Technique On Vertical Jump Height In Recreational Volleyball Players	Ongoing	2024	Dr. Mrunmayee Mande
29.	Rutuja Shardul & Meghana Khadilkar	Dept. of Musculoskeletal Physiotherapy	The Effect Of Faradic Bath Versus Talonavicular Mobilization On Dynamic Balance And Navicular Drop Height In Young Adults With Pes-planus	Ongoing	2024	Dr. Mrunmayee Mande

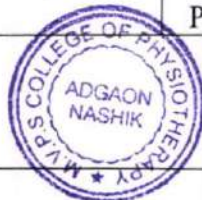


30.	Ayushi Patel & Manaswi Madgulkar	Dept. of Community Physiotherapy	Comparison Of The effects Of PNF Stretching And Static Stretching On Mechanical Neck Pain In Computer Workers	Ongoing	2024	Dr. Shrunkhala Kaushik
31.	Archika Gada & Tanvi Mahajan	Dept. of Community Physiotherapy	Effect Of Muscle Energy Technique Versus Resistance Band Exercises Among Dentists With Forward Head Posture	Ongoing	2024	Dr. Shrunkhala Kaushik
32.	Saburi Goliwar & Tanmayee Shinde	Dept. Of Cardiovascular & Respiratory Physiotherapy	The Comparison Between Blow Bottle PEP Versus Flutter On Functional Capacity, Dyspnoea, Chest Expansion And PEFr Among Pleural Effusion Patients	Ongoing	2024	Dr. Abhaya Mahadik
33.	Sanika Gaikwad & Indrayani Warade	Dept. of Musculoskeletal Physiotherapy	Correlation Between Navicular Drop And Quadriceps Angle Among Normal And Overweight Young Adults	Ongoing	2024	Dr. Pranali Pawar
34.	Shreya Balasaheb Pargare & Pratiksha Kiran Deore	Dept. of Musculoskeletal Physiotherapy	Effect of kinesio taping along with postural exercises v/s postural correction exercises alone in upper age group of with correction patients syndrome 21 to 40 years	Ongoing	2024	Dr Pranali Pawar

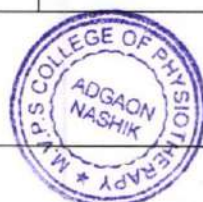


MVP SAMAJ COLLEGE OF PHYSIOTHERAPY**ADGAON, NASHIK****PUBLICATIONS OF STAFF****January 2023 Onwards**

Sr. No.	Title of Paper	Name of Author	Name of Dept	Name of Journal	Year	ISBN/ISSN
1.	Physiotherapist knowledge, beliefs and barrier regarding using artificial intelligence in prevention and rehabilitation of falls: A Cross Sectional Study	Dr Amrit Kaur	Dept. of Community Physiotherapy	Osteoporosis International	2023	1433 - 2965
2.	The Impact of Functional Electric Stimulation And A Structured Exercise Program On Grip Strength And Physical Function In Postmenopausal Women With Low Bone Mass	Dr Amrit Kaur	Dept. of Community Physiotherapy	World Congress On Osteoporosis, Osteoarthritis And Musculoskeletal Diseases	2023	1433 - 2965
3.	Effect Of Diaphragmatic Stretching On Diaphragmatic Excursion And Chest Expansion Among Asymptomatic Young Adults - Experimental Study	Dr Amrit Kaur	Dept. of Community Physiotherapy	International Journal Of Scientific Research	2023	2277 - 8179
4.	Ps-Bpc03-9: Effectiveness Of May Measurement Month Educational Program On Knowledge Awareness And Lifestyle Practices Of Patient With Hypertension	Dr Amrit Kaur	Dept. of Community Physiotherapy	Journal of Hypertension	2023	1473 - 5598
5.	Effect of Inspiratory Muscle Training Along With Graded Aerobic Exercise on Pulmonary Function and Functional Status in Patients With Long COVID	Dr Amrit Kaur	Dept. of Community Physiotherapy	A64. Post-Covid19 Rehabilitation	2023	
6.	A Comparative Study Of Immediate Effect Of Muscle Energy Technique (MET) And Positional Release Therapy (PRT) On Pectoralis Minor Tightness In Healthy Collegiate Individuals	Dr Amrit Kaur	Dept. of Community Physiotherapy	International Journal of Creative Research and Thoughts	2023	2320 - 2882
7.	Learning styles among the Post Graduate Physiotherapy Students	Dr Amrit Kaur	Dept. of Community Physiotherapy	International E-Conference on Transformation	2023	



				in Health Science		
8.	Prevalence of sarcopenia and its association with low back pain and quality of life in community dwelling older men and women with low bone mass	Dr Amrit Kaur	Dept. of Community Physiotherapy	Osteoporosis International	2023	1433 - 2965
9.	Effect of yoga asanas and conventional physiotherapy treatment in elderly knee osteoarthritis: a case study	Dr Amrit Kaur	Dept. of Community Physiotherapy	Osteoporosis International	2023	1433 - 2965
10.	The Impact of Functional Electric Stimulation And A Structured Exercise Program On Grip Strength And Physical Function In Postmenopausal Women With Low Bone Mass	Dr Ganesh MSP	Dept. of Physiotherapy in Musculoskeletal Sciences	World Congress On Osteoporosis, Osteoarthritis And Musculoskeletal Diseases	2023	1433 - 2965
11.	Ps-Bpc03-9: Effectiveness Of May Measurement Month Educational Program On Knowledge Awareness And Lifestyle Practices Of Patient With Hypertension	Dr Ganesh MSP	Dept. of Physiotherapy in Musculoskeletal Sciences	Journal of Hypertension	2023	1473 - 5598
12.	Prevalence of sarcopenia and its association with low back pain and quality of life in community dwelling older men and women with low bone mass	Dr Rutika Thakur	Department of Physiotherapy in Musculoskeletal Sciences	Osteoporosis International	2023	1433 - 2965
13.	Physiotherapist knowledge, beliefs and barrier regarding using artificial intelligence in prevention and rehabilitation of falls: A Cross Sectional Study	Dr Rutika Thakur	Department of Physiotherapy in Musculoskeletal Sciences	Osteoporosis International	2023	1433 - 2965
14.	Learning styles among the Post Graduate Physiotherapy Students	Dr Deepti Wadhwa	Dept. of Community Physiotherapy	International E-Conference on Transformation in Health Science	2023	
15.	Global perspectives on heart disease rehabilitation and secondary prevention: a scientific statement from the Association of Cardiovascular Nursing and Allied Professions, European Association of Preventive	Dr Deepti Wadhwa	Dept. of Community Physiotherapy	European Heart Journal	2023	1522-9645



	Cardiology, and International Council of Cardiovascular Prevention and Rehabilitation					
16.	Effect of yoga asanas and conventional physiotherapy treatment in elderly knee osteoarthritis: a case study	Dr Deepti Wadhwa	Dept. of Community Physiotherapy	Osteoporosis International	2023	1433 - 2965
17.	Prevalence of sarcopenia and its association with low back pain and quality of life in community dwelling older men and women with low bone mass	Dr Deepti Wadhwa	Dept. of Community Physiotherapy	Osteoporosis International	2023	1433 - 2965
18.	Physiotherapist knowledge, beliefs and barrier regarding using artificial intelligence in prevention and rehabilitation of falls: A Cross Sectional Study	Dr Deepti Wadhwa	Dept. of Community Physiotherapy	Osteoporosis International	2023	1433 - 2965
19.	Physiotherapist knowledge, beliefs and barrier regarding using artificial intelligence in prevention and rehabilitation of falls: A Cross Sectional Study	Dr Mrunmayee Mande	Dept. of Physiotherapy in Musculoskeletal Sciences	Osteoporosis International	2023	1433 - 2965
20.	Immediate Effect Of Myofascial Release Technique Versus Strain counter strain Technique In Unilateral Trapizitis In Women Of Age Group 20-40 Years	Dr Shrunkhala Kaushik	Dept. of Community Physiotherapy	International Journal Of Creative Research Thoughts (IJCRT)	2023	2320 - 2882
21.	Effect Of Diaphragmatic Stretching On Diaphragmatic Excursion And Chest Expansion Among Asymptomatic Young Adults - Experimental Study	Dr Abhaya Mahadik	Dept of Physiotherapy in Cardiovascular & Respiratory Sciences	International Journal Of Scientific Research	2023	2277 - 8179
22.	A Comparative Study Of Immediate Effect Of Muscle Energy Technique (MET) And Positional Release Therapy (PRT) On Pectoralis Minor Tightness In Healthy Collegiate Individuals	Dr Abhaya Mahadik	Dept of Physiotherapy in Cardiovascular & Respiratory Sciences	International Journal of Creative Research and Thoughts	2023	2320 - 2882



MVP SAMAJ COLLEGE OF PHYSIOTHERAPY
ADGAON, NASHIK
PUBLICATIONS OF STUDENTS
January 2023 Onwards

Sr. No.	Title of Paper	Name of Author	Name of Guide	Name of Journal	Year	ISBN/ISSN
1.	Learning styles among the Post Graduate Physiotherapy Students	Sanket Sangale	Dr. Amrit Kaur	International E-Conference on Transformation in Health Science	2023	
2.	Immediate Effect Of Myofascial Release Technique Versus Strain counter strain Technique In Unilateral Trapizitis In Women Of Age Group 20-40 Years	Manasi Bhandari	Dr Shrunkhala Kaushik	International Journal Of Creative Research Thoughts (IJCRT)	2023	2320 – 2882
3.	Effect Of Diaphragmatic Stretching On Diaphragmatic Excursion And Chest Expansion Among Asymptomatic Young Adults - Experimental Study	Anchal Wadhvani	Dr. Abhaya Mahadik	International Journal Of Scientific Research	2023	2277 - 8179
4.	Learning styles among the Post Graduate Physiotherapy Students	Sanket Sangale	Dr. Deepti Wadhwa	International E-Conference on Transformation in Health Science	2023	
5.	A Comparative Study Of Immediate Effect Of Muscle Energy Technique (MET) And Positional Release Therapy (PRT) On Pectoralis Minor Tightness In Healthy Collegiate Individuals	Sharayu Mohal	Dr. Abhaya Mahadik	International Journal Of Creative Research Thoughts (IJCRT)	2023	2320 – 2882
6.	Immediate Effect Of Myofascial Release Technique Versus Strain counter strain Technique In Unilateral Trapizitis In Women Of Age Group 20-40 Years	Samrudhhi Wankhede	Dr Shrunkhala Kaushik	International Journal Of Creative Research Thoughts (IJCRT)	2023	2320 – 2882

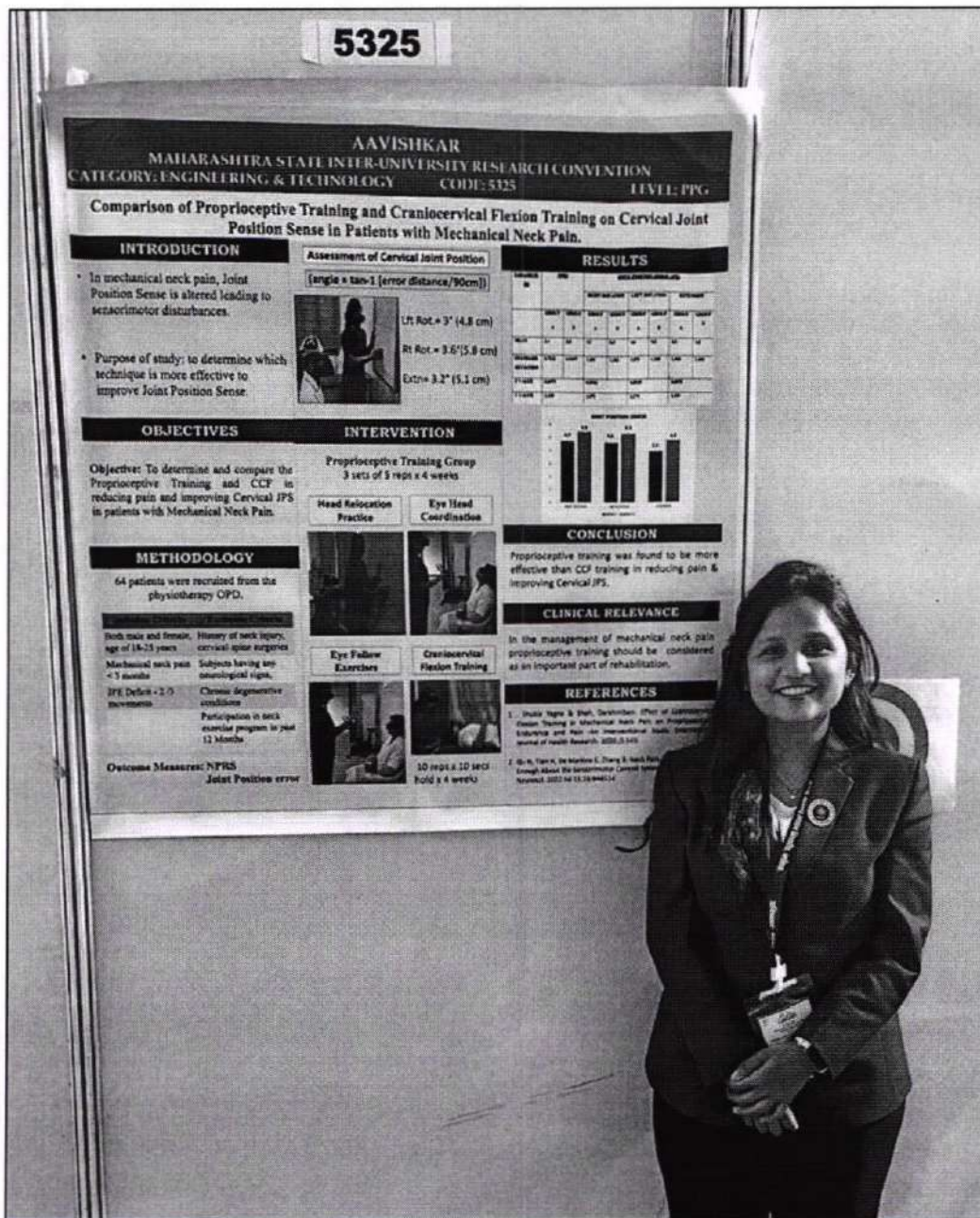


7.	Effect Of Diaphragmatic Stretching On Diaphragmatic Excursion And Chest Expansion Among Asymptomatic Young Adults - Experimental Study	Jayshree Pawar	Dr. Abhaya Mahadik	International Journal Of Scientific Research	2023	2277 - 8179
8.	A Comparative Study Of Immediate Effect Of Muscle Energy Technique (MET) And Positional Release Therapy (PRT) On Pectoralis Minor Tightness In Healthy Collegiate Individuals	Anushka Deshpande	Dr. Abhaya Mahadik	International Journal Of Creative Research Thoughts (IJCRT)	2023	2320 - 2882



**MVP SAMAJ COLLEGE OF PHYSIOTHERAPY
ADGAON, NASHIK
RESEARCH AWARD 2023**

Sr. No.	Name Of Awardee	Designation	Title	Event	Place
1	Dr. Pranali Pawar	Assistant Professor	Comparison of Proprioceptive Training and Craniocervical Flexion Training on Cervical Joint Position Sense in Patients with Mechanical Neck Pain	AVISHKAR 2023 – 2024	Nashik





MUHS

Aavishkar
Maharashtra University of Health Sciences 2024



16th Aavishkar:
Maharashtra State Inter-University Research Convention

Hosted by

Maharashtra University of Health Sciences, Nashik

January 12-15, 2024

Certificate of Participation

This is to certify that Mrs. Pawar Pranali Sanjay of Maharashtra University of Health Sciences, Nashik has participated and presented a research project titled **Crunched beet-roots: Any in Engineering and Technology** category and PPG level at the 16th Aavishkar: Maharashtra State Inter-University Research Convention: 2023-24 organized by Maharashtra University of Health Sciences, Nashik on January 12-15, 2024.

Nashik
January 15, 2024

Lt Gen Madhuri Kanitkar (Retd)
Vice-Chancellor,
Maharashtra University of
Health Sciences, Nashik


Prof. Dr. Milind Nikumbh
Pro-Vice-Chancellor,
Maharashtra University of
Health Sciences, Nashik

Dr. Rajendra Bangal
Registrar,
Maharashtra University of
Health Sciences, Nashik

Dr. Manojkumar More
Director, Students' Welfare,
Maharashtra University of
Health Sciences, Nashik



Sr. No.	Name Of Awardee	Designation	Title	Event	Place
1	Mahima Dadhich	Intern	Effect Of 12 Week Aerobic And Resistance Exercise Program On Cardiometabolic Profile And Body Composition In Overweight And Obese Females With Polycystic Ovary Syndrome Between The Age 18 to 25 Years	Short Term Research Grant 2023	MUHS


महाराष्ट्र आरोग्य विज्ञान विद्यापीठ, नाशिक
MAHARASHTRA UNIVERSITY OF HEALTH SCIENCES, NASHIK
 दिंडोरी रोड, म्हासळ, नाशिक- ४२२००४ Dindori Road, Mhasrul, Nashik - 422004
 Tel. (0253) 2539288/6659288/303 Student Helpline: 0253-2539111/6659111/100
 Website: www.muhs.ac.in, E-mail: urd@muhs.ac.in

डॉ. राजेंद्र शिवाजी बंगाल
 एम.बी.बी.एस., एम.एच.डी. (फॉरेन्सिक मेडिसिन), डी.एन.बी., एम.एल.डी.
Dr. Rajendra Shivaji Bangal
 M.B.B.S., M.D. (Forensic Medicine), D.N.B., L.L.B.
Registrar

मुहसवि
 MUHS/URD/ 5067/2023 Date: 23/06/2023

To,
 The Dean/ Principal,
 M.V.P.Samaj's College of Physiotherapy,
 Dr. Vasantao Pawar Medical College,
 & Research Centre Campus,
 Vasantdada Nagar, Adgaon,
 Nashik - 422 003.

Sub: Approval of Research Grant (STRG) for the academic year 2022-23.
 Ref: Application of Mahima Dadhich, dt.15/11/2022 for STRG

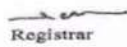
Dear Sir/Madam,
 With reference to above cited subject and reference, this is to inform you that the proposal for Research Grant scheme for the academic year 2022-23 has been sanctioned by the University as mentioned below:

Sr. No.	Name of the Researcher	Title of the Research Project	Type of Grant	Grant Amount Sanctioned
1	Mahima Dadhich	Effect of 12 week aerobic and resistance exercise program on cardio metabolic profile and body composition in overweight and obese females with polycystic ovary syndrome between the ages 18-25 years.	STRG	Rs. 15,000/- (Rs. Fifteen Thousand only)

You may initiate your research work and send the project completion report within stipulated time as mentioned in your proposal. You are expected to present your interim/final research observations in the MUHS State Level Research Conference and submit the research article for publication in MUHS Health Science Review Journal. The responsibilities of the researcher and your institute, kindly refer the University Research Department Notification no. 44/2019 (Amended 2022) (Rules and Regulations Regarding Research Grant for Students, Teachers and Employees of the Maharashtra University of Health Sciences)

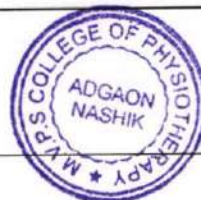
Herewith, you are informed that the University has approved 50% of amount of research grant and it will be released to the bank account of your institute, whereas remaining amount will be released after acceptance of the Final Project Report of completed research, and its approval by the University Scrutiny Committee.

Kindly submit the acceptance letter in prescribed format. This is for your information and necessary action.


 Registrar

Copy for necessary action:
 1. Mahima Dadhich (College of PT, Dr. VPMC, Nashik)

Copy for information:
 1. Hon. Vice Chancellor, MUHS, Nashik
 2. Hon. Registrar, MUHS, Nashik
 3. Hon. Finance and Accounts Officer



अ) कमवा व शिका योजनेचे समायोजन करण्यासाठी पुढील कागदपत्रे सादर करणे अनिवार्य आहे.

- १) योजनेअंतर्गत महाविद्यालयाने विद्यार्थ्यांस सोपविण्यात आलेल्या कामाचा उल्लेख करून " कमवा व शिका योजनेकरीता(विद्यार्थ्यांचे नाव)या आर्थिक दृष्ट्या मागासलेल्या गरीब विद्यार्थ्यांस काम देण्यात आले आहे". असे अधिष्ठाता/प्राचार्य यांचे प्रमाणपत्र.
- २) योजना समन्वयक, अधिष्ठाता/प्राचार्य यांनी स्वाक्षरी केलेली कमवा व शिका योजनेतील विद्यार्थ्यांची दरमहा हजेरीपत्रकाची मुळ प्रत. (Original Copy)
- ३) योजनेत काम केलेल्या विद्यार्थ्यांना, विद्यापीठाच्या अनुदानातून देण्यात आलेल्या रक्कमेच्या धनाकर्ष अथवा धनादेशाच्या छायांकीत प्रती
- ४) धनादेश वटवलेल्या विद्यार्थ्यांच्या बँक पासबुकची छायांकीत प्रती
- ५) सनदी लेखापालांकडून परिक्षण केलेला रक्कमेचा जमाखर्चाचा हिशोब मुळ प्रत.(Original Copy)
- ६) सोबत जोडलेल्या विहित नमुन्यामध्ये, सनदी लेखापालांचे उपयोगिता प्रमाणपत्र मुळ प्रत. (Utilisation Certificate) (Original Copy)
- ७) योजनेतर्गत दिलेल्या, अनुदान रक्कमेच्या हिशोबाचे समायोजन करण्यासाठी वर नमुद केलेल्या सर्व कागदपत्रांची एकत्रितरित्या पुर्तता करून, सदर पत्राच्या दिनांकापासून, (उन्हाळी सुट्टी, हिवाळी सुट्टी वगळून किंवा विद्यार्थ्यांस अपरिहार्य कारणामुळे, अपघात झाला किंवा आजारी असल्यास विद्यार्थी काम न करू शकल्यास पुढे तेवढेच सुट्टी घेतलेले दिवस मोजून तेवढेच दिवस काम देण्यात यावे) आठ महिने पुर्ण झाल्यानंतर पंधरा दिवसांच्या आत विद्यापीठास पाठविणे अनिवार्य आहे.
- ८) महाविद्यालयाने रु. ५००/- ची ऑडीट फी पावती पाठवावी. मुळ प्रत. (Original Copy)

योजनेअंतर्गत काम करण्यास इच्छुक नसणाऱ्या विद्यार्थ्यांची रक्कम त्वरित विद्यापीठास परत करावी अन्यथा सदर रक्कमेवर बँकेच्या प्रचलीत व्याज दराप्रमाणे व्याज आकारण्यात येईल. कमवा व शिका योजना राबविली नसल्यास किंवा योजनेचे अनुदान शिल्लक राहिल्यास सदर अनुदानाची रक्कम " कुलसचिव, महाराष्ट्र आरोग्य विज्ञान विद्यापीठ, नाशिक." यांच्या नावे नाशिक येथे देय असलेल्या धनाकर्षाद्वारे विद्यापीठास परत करावी.

शिल्लक राहिलेली रक्कम विद्यापीठास परत करण्यासाठी, लागणाऱ्या खर्चाच्या रक्कमेचे देयक मंजूर होणार नाही. सदर खर्च महाविद्यालयाने करावयाचा आहे.

सदर योजनेसाठीच्या लाभार्थी विद्यार्थ्यांसाठी पुढील सुचना देण्यात याव्यात.

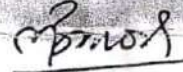
- अ) योजनेचे लाभार्थी विद्यार्थी आपल्या शैक्षणिक अध्ययनात खंड पडू देणार नाही.
- ब) योजनेतील कामाचा महाविद्यालयात नोकरी/सेवेशी कोणताही संबंध रहाणार नाही.
- क) लाभार्थी विद्यार्थ्यांनी महाविद्यालयातील शिस्त व नियमांचे काटेकोरपणे पालन करावे.
- ड) योजनेतील लाभार्थी विद्यार्थी दरवर्षी नव्याने निश्चित केले जातील, त्यासाठी विद्यार्थ्यांनी दरवर्षी नव्याने अर्ज करणे आवश्यक असेल.
- इ) महाविद्यालयाने उपलब्ध करून दिलेल्या कामाबाबत/सेवेबाबत तसेच आर्थिक व्यवहाराची संपूर्ण जबाबदारी महाविद्यालय व विद्यार्थी यांची असेल व त्याबाबत विद्यापीठाकडे तक्रार करता येणार नाही.



ई) लाभार्थी विद्यार्थ्यांला महिन्यातील जास्तीत जास्त २० दिवस अशाप्रकारे वर्गातील जास्तीत जास्त ०८ महिने काम द्यावे. त्यामुळे विद्यार्थ्यांला (रु.५० प्रती तास प्रमाणे) कमाल रु. १६,०००/- प्रती वर्ष एवढीच रक्कम विद्यापीठातर्फे अदा करता येईल याची नोंद घ्यावी. (रु ५०×२ तास ×२० दिवस =रु. २,०००/- दरमहा ×०८ महिने = १६,०००/-) कमवा व शिका योजनेचा लाभ अंत्यत गरीब व गरजू विद्यार्थ्यांना मिळावा यासाठी मा. अधिष्ठाता/प्राचार्य यांनी योजनेचे नियमित संनियंत्रण (Regular Monitoring) करणे आवश्यक आहे व विद्यापीठाच्या नियमांचे उल्लंघन होणार नाही. याची कृपया नोंद घ्यावयाची आहे.

तसेच आर.टी.जी.एस. झाल्याची पोहोच उलट टपाली देण्यात यावी व योजनेबाबतच्या सर्व सुचनांचे तंतोतंत पालन करावे. सदर पत्राची प्रत संबधीत विद्यार्थ्यांस देण्यात यावी. ही विनंती.

धन्यवाद !



संचालक

विद्यार्थी कल्याण विभाग

(टिप : सदर योजनेचा आठ महिन्यांच्या कालावधी संपल्यानंतर दि.१५/१२/२०२३ पर्यंत योजनेचे समायोजन करण्यासाठी प्रस्ताव पाठविण्यात यावा.)

- सोबत : १) सनदी लेखापालांचे उपयोगिता प्रमाणपत्राची नमुना प्रत.
२) हजेरीपत्रकाची नमुना प्रत.
३) जमा व खर्चाचा हिशोब.

माहितीस्तव प्रत : महाविद्यालयाने सदर पत्राच्या छायांकीत प्रती लाभार्थी विद्यार्थ्यांना देण्यात याव्यात.





महाराष्ट्र आरोग्य विज्ञान विद्यापीठ, नाशिक

MAHARASHTRA UNIVERSITY OF HEALTH SCIENCES, NASHIK

वणी-दिंडोरी रोड, म्हास्रुळ, नाशिक - ४२२००४

Vani-Dindori Road, Mhasrul, Nashik - 422004

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डॉ. मनोजकुमार बी. मोरे

एम.डी. (आयुर्वेद)

संचालक, विद्यार्थी कल्याण

Dr. Manojkumar B. More

M.D. (Ayurved)

Director, Student Welfare

मआवि/एसडब्ल्यू/स्किम/१८६२/२०२३

दि. २८/११/२०२३

प्रति,

मा. अधिष्ठाता/प्राचार्य

मराठा विद्या प्रसारक समाजाचे औतिकोफ्यार

महाविद्यालय, वैद्यकीय महाविद्यालय

आवार, वसंतदादा नगर, साडगाव

नाशिक - ४२२००३

M.V.P. Samaj's
College of Physiotherapy

Inward No. १७

Date: 15-12-2023

विषय : धन्वंतरी विद्याधन योजना शै.वर्ष २०२२-२३ मधील विद्यार्थ्यांना घेतलेल्या शैक्षणिक कर्जांच्या रकमेवरील व्याजाच्या रकमेचा (अनुदान) धनाकर्पाद्वारे पाठविणेबाबत...

संदर्भ : मआवि/एम डब्ल्यू/स्किम/१८६/२०२३ दि. १०/११/२०२३ (परिपत्रक)

१) मआवि/एसडब्ल्यू/स्किम/३२५/२०२३ दि. २७/०८/२०२३ (मुदतवाढ परिपत्रक ०१)

२) मआवि/एमडब्ल्यू/स्किम/०३८/२०२३/ दि. ३१/०५/२०२३ (मुदतवाढ परिपत्रक ०२)

महोदय/महोदया,

शैक्षणिक वर्ष २०२२-२३ करिता विद्यापीठाने लागू केलेल्या धन्वंतरी विद्याधन योजनेअंतर्गत विद्यार्थ्यांना बँकेकडून घेतलेल्या कर्जावरील व्याज अनुदान मिळावे या करिता उपरोक्त संदर्भीय परिपत्रकाच्या अनुषंगाने विद्यापीठाशी संलग्नित असलेल्या महाविद्यालयातील विद्यार्थ्यांचे प्रस्ताव मागविण्यात आले होते. प्राप्त झालेल्या प्रस्तावांची छाननी करतांना संदर्भीय परिपत्रका सोबत जोडण्यात आलेल्या नियमावलीतील नमुद केलेल्या अटी व शर्ती नुसार छाननी करण्यात आली. सदर प्राप्त प्रस्तावांमधून आपल्या महाविद्यालयातील पात्र झालेल्या विद्यार्थ्यांच्या शैक्षणिक कर्ज घेतलेल्या खात्यावरती दि. १०/११/२०२३ रोजी आर.टी.जी.एस करण्यात आलेले आहे.

आपणांस कळविण्यात येते की सदर अनुदानाची रक्कम विद्यार्थ्यांस/विद्यार्थ्यांनीस मिळाल्याची पोहोच पात्रनी सोबत जोडलेल्या नमुन्यात विद्यार्थ्यांनि/विद्यार्थ्यांनीने ज्या बँकेकडून कर्ज घेतले आहे त्या बँक व्यवस्थापकाची मही व शिक्का घेऊन, विद्यापीठास दि. २८/०२/२०२४ पर्यंत उलट-टपाली पाठवावी.

धन्यवाद !



Amor

संचालक
विद्यार्थी कल्याण

सोबत : पात्र विद्यार्थ्यां/विद्यार्थ्यांनीचे नावे असलेला नमुना बँक मॅनेजर मही/शिक्क्यासह पोहोच म्हणून विद्यापीठास उलट-टपाली पाठवावी.

Dhanwantari Vidyadhan Yojana Academic Year 2022-23 Eligible Student List

Sr. No.	Name of Student	Name of Colleges	Name of Bank And Branch	Amt. to Dis.	Date	Stamp & Signature Of Bank Manager
1	Agrawal Anjali Sanjay	Dr. Vasantao Pawar Medical College, Hosp. & Research centre Adgaon, Nashik (Physiotherapy)	Bank of Maharashtra Branch Jalna Main (33)	4261		

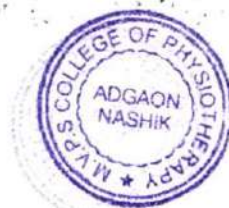


करण्यासाठी पत्रात नमुद केलेल्या सुचनांच्या आधारे तसेच खालील नमुद केलेल्या सर्व कागदपत्रांची एकत्रितरित्या पुर्तता करून दि. २९/०२/२०२४ पर्यंत विद्यापीठास सादर करणे अनिवार्य आहे.

दि. २९/०२/२०२४ पर्यंत अनुदान रक्कम खर्च करणे बंधनकारक आहे, याची कृपया नोंद घ्यावी.

बहिःशाल शिक्षण मंडळ योजनेची अंमल बजावणी करतांना पुढील सुचनांची नोंद घ्यावी.

- १) महाविद्यालयाने योजनेच्या माध्यमातून अनिवासी स्वरूपाची एक दिवसाची व्याख्यानमाला व एक दिवसाचे शिबीर/परीसंवाद/चर्चासत्र आयोजित करणे बंधनकारक आहे.
- २) महाविद्यालयास यापेक्षा जास्त कार्यक्रम राबवावयाचे असल्यास त्यास मुभा राहिल मात्र अतिरिक्त कार्यक्रमासाठी आलेला खर्च महाविद्यालयाला करावयाचा आहे.
- ३) योजनेतर्गत विद्यापीठाने व्याख्यानमालेसाठी व परिसंवाद/शिबीर/चर्चासत्र यासाठी वक्त्यांच्या प्रवास भाड्याची अनुक्रमे स्थानिक प्रवास भाडे रु. २५०/- बाहेरगावहुन आलेल्या मान्यवरांसाठी जास्तीत जास्त रु. १,०००/- विद्यापीठ नियमानुसार अनुज्ञेय राहिल. तरी जवळच्या मार्गाने होणारे प्रत्यक्ष जे प्रवास भाडे असेल त्यात फक्त एस.टी./रिल्वे द्वितीय श्रेणीचे प्रत्यक्ष प्रवास भाडे देण्यात यावे. कारणे प्रवास केला असला तरी उपरोक्त प्रमाणेच कमाल देय रक्कम ग्राह्य धरण्यात यावी. संस्थेने प्रवास भाड्याची अदायगी करतांना दक्षता घ्यावी. (विद्यापीठाच्या खर्चाच्या नियमानुसार करणे बंधनकारक आहे.)
- ४) वक्त्यांना/व्याख्यात्यांना अदा करण्यात आलेल्या मानधनाची व प्रवास भाड्याची कार्यक्रमानिहाय प्रत्येक वक्त्यांचे स्वतंत्र व्हाऊचर्स असणे बंधनकारक आहे.
- ५) योजनेमधील व्याख्यानमाला तसेच चर्चासत्र/शिबीर/परीसंवाद यासाठीचे विषय या पत्रात नमुद केलेले आहे. पत्रामध्ये दिलेल्या विषयांच्या व्यतिरिक्त शिबीराचे आयोजन करावयाचे असल्यास विद्यापीठाची पुर्व परवानगी घेणे आवश्यक आहे.
- ६) व्याख्यात्यांना / वक्त्यांना मानधन व प्रवास भत्ता व्यतिरिक्त किंवा निर्धारित मर्यादित जास्त रक्कम खर्च केल्यास अतिरिक्त अदायगीस मान्यता मिळणार नाही याची नोंद घ्यावी.
- ७) योजनेच्या कार्यक्रमास्थळी / व्यासपीठावर / मंडपात "सादर व्याख्यानमाला महाराष्ट्र आरोग्य विज्ञान विद्यापीठ, नाशिक बहिःशाल शिक्षण मंडळाच्या विद्यमाने आयोजित" असे दर्शविणारा बॅनर लावणे आवश्यक आहे.
- ८) कार्यक्रमाचे आयोजन व संयोजन, अतिथीचे स्वागत किंवा शिबीरार्थीचे चहापान व भोजन व्यवस्थेमध्ये भ्रमकेवाजपणा असू नये. साध्या व सोप्या पध्दतीने परंतु स्वच्छ व निटनेटकी व्यवस्था असावी.
- ९) विद्यापीठाने सोबत जोडलेल्या महाविद्यालयाने करावयाच्या खर्चाच्या तपशिला प्रमाणेच खर्च करण्यात यावा व त्याच प्रमाणे बीले समायोजनास पाठविण्यात यावी. अन्यथा अनुदानाची रक्कम परत विद्यापीठास पाठविण्यात यावी.
- १०) व्याख्यानमाला / चर्चासत्र / शिबीर / परिसंवाद यांचे व्हीडीओ रेकॉर्डिंग सीडी / पेन ड्राईव्ह मध्ये विद्यापीठास सादर करण्यात यावे.



बहिःशाल शिक्षण मंडळ योजनेचे समायोजन करण्यासाठी पुढील कागदपत्रे सादर करणे अनिवार्य आहे.

- १) कार्यक्रमाचा अहवाल, फोटोग्राफ्स/वृत्तपत्राची कात्रणे इ.
- २) कार्यक्रमनिहाय व्याख्यात्यांना/वक्त्यांना अदा करण्यात आलेल्या मानधनाची मुळ व्हाऊचर्स (Original Vouchers) प्रत्येक वक्त्यांचे स्वतंत्र जोडावे.
- ३) कार्यक्रमनिहाय व्याख्यात्यांना / वक्त्यांना अदा करण्यात आलेल्या प्रवासखर्चाची मुळ तिकीटे प्रत्येक वक्त्यांचे व्हाऊचर्ससह सादर करावे.
- ४) कार्यक्रमासाठी प्रत्यक्ष झालेल्या इतर प्रशासकीय खर्चाची मुळ बिले (Original Bills) कार्यक्रमनिहाय व्हाऊचर्ससह खर्चनिहाय स्वतंत्रपणे सादर करावे. (प्रत्येक खर्चाच्या देयकानिहाय स्वतंत्र व्हाऊचर्स सादर करावे)
- ५) पत्रासोबत जोडलेल्या विहित नमुन्यातील उपयोगिता प्रमाणपत्र (Utilization Certificate) सनदी लेखापालांकडून (Chartered Accountant) लेखा परिक्षण करून सोबत जोडावे.
- ६) पत्रासोबत जोडलेल्या विहित नमुन्यातील जमाखर्च / हिशोब सनदी लेखापालांकडून प्रमाणित करून सोबत जोडावे.
- ७) रु. ५००/- ची मुळ ऑडीट फी ची पावती सोबत जोडावी.
- ८) बहिःशाल शिक्षण मंडळ योजना राबविली नसल्यास किंवा योजनेचे अनुदान शिल्लक राहिल्यास सदर अनुदानाची रक्कम "कुलसचिव, महाराष्ट्र आरोग्य विज्ञान विद्यापीठ, नाशिक" यांच्या नावे नाशिक येथे देय असलेल्या धनाकर्षाद्वारे विद्यापीठास त्वरीत परत करावी अन्यथा सदर रक्कमेवर बँकेच्या प्रचलीत व्याज दराप्रमाणे व्याज आकारण्यात येईल.
- ९) शिल्लक राहिलेली रक्कम विद्यापीठास परत करण्यासाठी लागणारा खर्च मंजूर होणार नाही. सदर खर्च महाविद्यालयाने सोसावा.
- १०) योजनेबाबतचा अहवाल व हिशोब पाठवितांना दोन्ही कार्यक्रम झाल्यानंतर लगेच महाविद्यालयाचा कामाचा अहवाल, वृत्तपत्रातील कात्रणे/फोटोग्राफ्स व योजनेचे हिशोब पत्रक सनदी लेखापालांकडून (Chartered Accountant) लेखापरिक्षण करून उपयोगिता प्रमाणपत्र (Utilization Certificate) व हिशोबपत्रकासह सोबत जोडलेल्या विहित नमुन्यात पाठवावे. महाविद्यालयाने योजनेअंतर्गत दिलेल्या अनुदान रक्कमेच्या हिशोबाचे समायोजन करण्यासाठी पत्रात नमुद केलेल्या सूचनांच्या आधारे सर्व कागदपत्रांची एकत्रितरित्या पुर्तता करून दि.२९/०२/२०२४ पर्यंत अधिष्ठाता/प्राचार्य यांनी प्रमाणित करून विद्यापीठास सादर करणे आवश्यक आहे.

कृपया आर.टी.जी.एस. झाल्याची पोहोच उलट टपाली पाठवावी व योजनेबाबतच्या सर्व सूचनांचे तंतोतंत पालन करावे ही विनंती.

धन्यवाद !

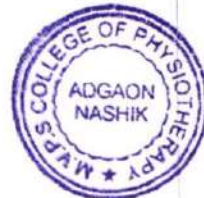
सोबत : वरीलप्रमाणे




संचालक
विद्यार्थी कल्याण

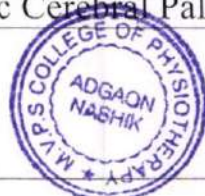
बहिःशाल शिक्षण मंडळ योजनेच्या माध्यमातून व्याख्यानमाला, परीसंवाद, चर्चासत्र किंवा शिबीर यांच्या आयोजनासाठी विद्यापीठामार्फत प्रदान करण्यात आलेल्या अनुदान रक्कमेचा महाविद्यालयाने खर्च करावयाचा तपशिल

अ.क्र.	तपशिल	रक्कम
अ)	व्याख्यानमालेसाठी (१ दिवस)	
	क. वक्त्याचे मानधन (रु.१,००० X २)	रु. २,०००/-
	ख. वक्त्यांचा प्रवास खर्च (विद्यापीठाच्या नियमानुसार स्थानिक प्रवासभाडे रु.२५०/- प्रतिवक्ता (२५० X २) बाहेरगावहुन आलेल्या वक्त्यांसाठी जास्तीत जास्त रु.१,०००/- X २)	रु.५००/- किंवा २,०००/-
	ग. प्रशासकीय व अनुषंगीक खर्च	रु.५००/-
	प्रति व्याख्यान एकुण	रु.३,०००/- किंवा ४,५००/-
ब)	परीसंवाद / शिबीर / चर्चासत्र (२५ व्यक्तींसाठी १ दिवस)	
	क. वक्त्याचे मानधन (रु.१००० X २ वक्ते)	रु. २,०००/-
	ख. वक्त्यांचा प्रवासखर्च (विद्यापीठाच्या नियमानुसार स्थानिक प्रवासभाडे रु.२५०/- प्रतिवक्ता (२५० X २) बाहेरगावहुन आलेल्या वक्त्यांसाठी जास्तीत जास्त रु. १००० X २ वक्ते)	रु.५००/- किंवा २,०००/-
	ग. सहभागींचा चहापान व भोजन खर्च	रु. १,०००/-
	घ. इतर प्रशासकीय व अनुषंगीक खर्च	रु.५००/-
क)	ऑडीट फी रु. ५००/-	रु.५००/-
	एकुण	रु.४,५००/- किंवा ६,०००/-
	एकुण (अ + ब + क)	रु.७,५००/- किंवा रु.१०,५००/-

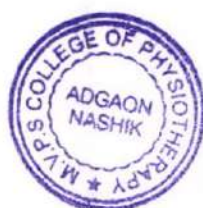


MVP SAMAJ COLLEGE OF PHYSIOTHERAPY
ADGAON, NASHIK
AVISHKAR 2023 – 2024

Sr. No.	Name Of Participant	Title	Level	Category
Staff				
1.	Dr. Pranali Pawar	Comparison of Proprioceptive Training and Craniocervical Flexion Training on Cervical Joint Position Sense in Patients with Mechanical Neck Pain	Post - PG	Engineering & Technology
Students				
1.	Jaya Sharma	To study immediate effect of neurodynamic sliding technique on hamstring flexibility among physiotherapy students	PG	Medicine and Pharmacy
2.	Smruti Pataki	Effect Of Hemi-bridge With Ball And Balloon Exercise On Functional Disability In Patients With Chronic Low Back Pain	PG	Medicine and Pharmacy
3.	Tanvi Karande	Immediate effect of strain counter strain technique on grip strength in patients with lateral epicondylitis	PG	Medicine and Pharmacy
4.	Tanvi Gupte	Prevalence of respiratory disorders in autorickshaw drivers	PG	Medicine and Pharmacy
5.	Chetana Shivaji Mhaske	A Comparative Study Of Grip Strength Of Dominant And Nondominant Hands Within And Between Right And Left Handed Subjects	PG	Pure Science
6.	Surbhi Baniya	A Cross Sectional Study of Harvard Index Using Modified Harvard Step Test in Physiotherapy Students Age 23 to 27	PG	Medicine and Pharmacy
7.	Prachi Mande	Effectiveness Of Integrated Neuromuscular Inhibition Technique In The Management Of Upper Point	PG	Pure Science
8.	Dhanashree Ghive	Modified Constraint Induced Movement Therapy : An Adjunct To The Conventional Physiotherapy In Hemiplegic Cerebral Palsy	PG	Pure Science



9.	Shreereen Aara	Effect Of Push Program On Upper Limb Motor Function In Chronic Stroke By Whole Motor Function Test (WMFT)	PG	Pure Science
10.	Priyanka Thakur	A Comparative Study Of Physical Activity Between Healthy Adults And Adults With Comorbidities During COVID – 19 Pandemic	PG	Pure Science
11.	Ishwa Nathwani	Ergonomics Modification And Quality Of Life Among Students Of Educational Institutes In Developing Countries After The Pandemic – A Quantitative Study	PG	Pure Science
12.	Archika Gada	Effect Of Structured Exercise Programme On Functional Reach And Balance In 60–75 Year-Old Women With Osteoporosis	UG	Pure Science
13.	Mahima Dadhich	Relationship between self-reported sleep quality, BMI and blood pressure in normal adults	UG	Pure Science
14.	Rutuja Shardul	Effect Of Yogic Breathing Exercise On Quality Of Sleep In Type In Diabetes Patients	UG	Pure Science
15.	Danish Shaikh	Effect of closed kinetic chain exercises along with regular brisk walking on Blood Pressure in patients with type 2 Diabetes: A Randomized Controlled	UG	Pure Science
16.	Dishant Gholap	Effect Of Closed Chain Kinematic Exercises Along With Regular Brisk Walking On Blood Pressure In Patients With Type 2 Diabetes : A Randomized Study	UG	Pure Science
17.	Keyuri Dharmendra Shah	Relationship Between Spasticity and Gross Motor Function in Children With Cerebral Palsy	UG	Medicine and Pharmacy
18.	Risha Zaky Shaikh	Effect of sensorimotor stimulation and kinesio taping on drooling in spastic cerebral palsy children	UG	Pure Science



MAP/UG/51

MUHS LEVEL RESEARCH COMPETITION 'MUHS - AVISHKAR 2023'

Category: Medicine & Pharmacy

LEVEL UG

"RELATIONSHIP BETWEEN SPASTICITY AND GROSS MOTOR FUNCTION IN CHILDREN WITH CEREBRAL PALSY"

INTRODUCTION

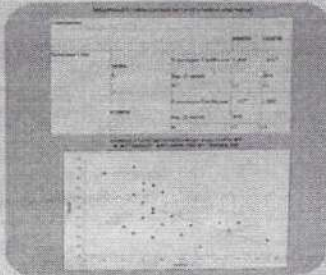
The prevalence of CP is 2 to 3 per 1000 live births. Spasticity is a major challenge for rehabilitation of children with cerebral palsy. Spasticity can present as bumper function, toe pull, dystonic sleep, etc. This study is aimed at determining the relationship between spasticity and gross motor function. Several rehabilitative interventions focus to reduce spasticity with the notion that its reduction will lead to an increase in motor capabilities. Therefore, the understanding of the correlation between spasticity and gross motor functions is quite important especially while deciding treatment protocol.

METHODOLOGY

Type of study: Observational study
Sampling method: Simple Random sampling
Sample size: 23
Study duration: 6 months
Definition of study subject - child of age between 4m to 4yrs with cerebral palsy.
23 Individuals meeting the inclusion criteria were selected. Modified Modified Ashworth Scale (MMAS) was used to assess spasticity. The hip adductor, knee flexor, knee extensor and ankle plantar flexor muscle groups in the lower limb were assessed. Gross motor function was assessed using the GMFM-66.

RESULT

A negative relationship of moderate strength exists between the spasticity level and the GMFM-66 total score. The correlation of individual muscle groups with GMFM-66 was found that the knee flexors have a moderate, knee extensors have a mild, hip adductors have little to none and plantar flexors have a small effect on the total GMFM score. 37% of the variance in gross motor function could be explained by the distribution of spasticity in these children.



CONCLUSION

This study concludes that gross motor function is related to spasticity in children with cerebral palsy. It also shows there is a relationship that is an inverse proportional level of spasticity strength between gross motor function and spasticity.

BIBLIOGRAPHY

1. Gupta PA, Gargava S. The Effect of Spasticity on Gross Motor Function in Children with Cerebral Palsy. Indian Journal of Physiotherapy and Occupational Therapy. 2018; 54(1): 1-6.

AVISHKAR 2023 : UN SEROPOSITIVITY OF B FEBR CATE

Introduction
METHODOLOGY :
AIM :
Flow Of Ev



PS/UG/61

PS/UG/60

MUHS LEVEL RESEARCH COMPETITION 'MUHS - AVISHKAR 2023'

Category: Medicine & Pharmacy

LEVEL UG

"EFFECT OF SENSORY MOTOR STIMULATION AND KINESIO TAPING ON DROOLING IN SPASTIC CEREBRAL PALSY CHILDREN"

Introduction: Drooling is a common problem of children of cerebral palsy. The study is to determine the effect of sensory motor stimulation and kinesio taping on drooling in spastic cerebral palsy children. The study is aimed at determining the relationship between sensory motor stimulation and kinesio taping on drooling in spastic cerebral palsy children.

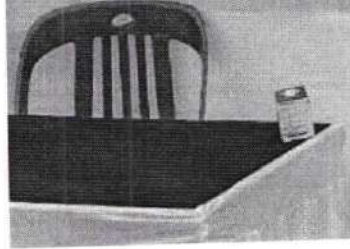
Method: This study is an observational study. The study is aimed at determining the relationship between sensory motor stimulation and kinesio taping on drooling in spastic cerebral palsy children. The study is aimed at determining the relationship between sensory motor stimulation and kinesio taping on drooling in spastic cerebral palsy children.



Result: The study found that sensory motor stimulation and kinesio taping had a significant effect on reducing drooling in spastic cerebral palsy children. The study found that sensory motor stimulation and kinesio taping had a significant effect on reducing drooling in spastic cerebral palsy children.

Conclusion: The study concludes that sensory motor stimulation and kinesio taping are effective interventions for reducing drooling in spastic cerebral palsy children. The study concludes that sensory motor stimulation and kinesio taping are effective interventions for reducing drooling in spastic cerebral palsy children.

LEVEL UG
RESPIRATION
Common respiratory problems
Respiratory System
Common respiratory problems
Respiratory System





MUHS

Aavishkar
Maharashtra University of Health Sciences 2024



**16th Aavishkar:
Maharashtra State Inter-University Research Convention**

Hosted by

Maharashtra University of Health Sciences, Nashik

January 12-15, 2024

Certificate of Participation

This is to certify that Mrs. Pawar Pranali Sanjay of Maharashtra University of Health Sciences, Nashik has participated and presented a research project titled **Crunched beet-roots: Any in Engineering and Technology** category and **PPG** level at the 16th Aavishkar: Maharashtra State Inter-University Research Convention: 2023-24 organized by Maharashtra University of Health Sciences, Nashik on January 12-15, 2024.

Nashik
January 15, 2024

Lt Gen Madhuri Kanitkar (Retd)
Vice-Chancellor,
Maharashtra University of
Health Sciences, Nashik

Prof. Dr. Milind Nikumbh
Pro-Vice-Chancellor,
Maharashtra University of
Health Sciences, Nashik

Dr. Rajendra Bangal
Registrar,
Maharashtra University of
Health Sciences, Nashik

Dr. Manojkumar More
Director, Students' Welfare,
Maharashtra University of
Health Sciences, Nashik



M.V.P. Samaj's College of Physiotherapy, Nashik
MUHS Krida-Mohstav 2023 – 2024

Sr. No.	Name Of Participants	Game
Interzonal Zonal (13 & 14 Oct 2023)		
1.	Janhvi Dayama	Javelin Throw
2.	Vrushali Bora	Basketball
3.	Avdhot Wagh	Volleyball
4.	Khushi Sanghavi	Volleyball
5.	Pratiksha More	Volleyball
State Level (11 to 16 Jan 2024)		
1.	Janhvi Dayama	Javelin Throw



महाराष्ट्र आरोग्य विज्ञान विद्यापीठ, नाशिक

Maharashtra University of Health Sciences, Nashik

बनो दिंडोरी रोड, म्हासकुळ, नाशिक - ४२२००४ Dindori Road, Mhasrul, Nashik - 422004

Tel : (0253) 2539176/159/173/174 Student Helpline : 0253-2539111/6659111

Website: www.muhs.ac.in, E-mail: aadmuhs@muhs.ac.in



डॉ. मनोजकुमार बी. मोरे
एच.बी. (आयुर्वेद)
संचालक, विद्यार्थी कल्याण

Dr. Manojkumar B. More
M.D. (Ayurved)
Director, Student Welfare

मनावि/एसडब्ल्यू/सपोर्ट्स/ /२०२४

दि. /०१/२०२४

प्रति,
अधिष्ठाता/प्राचार्य,
मराठा विद्या प्रसारक
भौतिकोपचार महाविद्यालय,
वसंतदादा नगर,
आडगाव, जि. नाशिक - ४२२००३

विषय : सराव शिबीर व क्रिडा महोत्सव २०२३ करिता स्पर्धक उपस्थितीबाबत...

महोदय,

उपरोक्त विषयाच्या अनुषंगाने आपणास कळविण्यात येते की, "क्रिडा महोत्सव २०२३" राष्ट्रसंत तुकडोजी महाराज नागपुर विद्यापीठ, नागपुर" येथे दि. १२ ते १६ जानेवारी २०२४ या कालावधीत १) मैदानी स्पर्धा २) बास्केटबॉल ३) व्हॉलीबॉल ४) टेबल टेनिस ५) बॅडमिंटन आयोजन करण्यात आले आहे. या राज्यस्तरीय क्रिडा स्पर्धेच्या अनुषंगाने विद्यापीठ संचाची तयारी उत्तम प्रकारे होणे करिता दि. ०६ जानेवारी ते १० जानेवारी २०२४ या कालावधीत एम.जी.आय.एम.एस.वैद्यकीय महाविद्यालय, वर्धा येथे आंतर विभागीय स्पर्धेतुन निवड करण्यात आलेल्या सर्व स्पर्धकांचे खेळ निहाय सराव शिबीर आयोजित करण्यात आलेले आहे.

सदर सराव शिबीर व क्रिडा महोत्सवाकरिता आपल्या महाविद्यालयातील कु.जान्हवी दायमे (तृतीय वर्ष,बी.पीटीएच) ह्या विद्यार्थिनीची मैदानी स्पर्धा (अॅथलेटिक्स) या क्रिडास्पर्धेसाठी निवड करण्यात आलेली आहे.

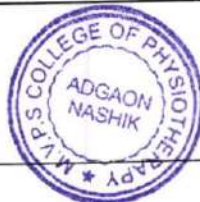
त्याअनुषंगाने सदर विद्यार्थिस सराव शिबीर व क्रिडा महोत्सवाकरिता उपस्थित राहण्यास कळविण्यात यावे व संघ व्यवस्थापक प्रा.भारती पेंडाम, सिताबाई नरगुडकर नर्सिंग महाविद्यालय, नागपुर यांना संपर्क करावा.

(संघ व्यवस्थापक यांचा भ्रमण ध्वनी क्र. ८२३७३७३६५५)

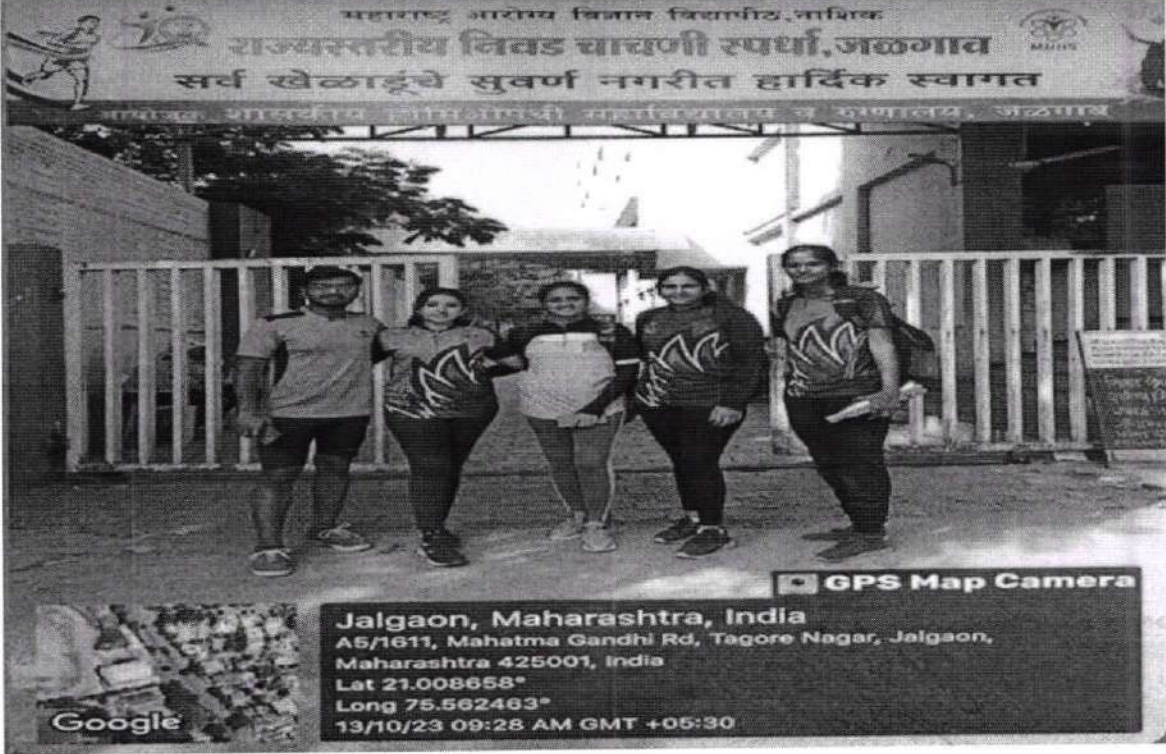
कळावे,

संचालक,
विद्यार्थी कल्याण

प्रत : कु.जान्हवी दायमे (तृतीय वर्ष,बी.पीटीएच)



Team for MUHS Interzonals



Maharashtra University of Health Sciences, Nashik

NOMINAL ROLL OF THE PLAYERS FOR ZONAL TEAM

1) Name of the College : M.V.P.S College of Physiotherapy, Nashik

2) Name of the Team Manager : Dr. Ankur Deshpande

3) Name of the Lady Team Manager : Ashlesha S. D.

Mob. No 9850942761

Mob. No _____

e-mail _____

e-mail _____

Sl. No.	Full Name	Name of College	Mobile No.	E-mail Id	Father's Name	Mother's Name	Date of Birth	Date & Year of passing class XII exam	Date of First year Admission	Present Course	Present Class	Duration of the Course	Date & Year of First Admission in		Remark
													University	Present Course	
1	Tanmay. Yogesh Gargurde	MVP's college of Physiotherapy	981119293	Tanmaygurde@gmail.com	Yogesh Gargurde	Princkha Gargurde	20-04-2004	March 2022	21-01-2023	BPTH	1st BPTH	4.5 years	21-01-2023	BPTH	100m Athletics
2	Tojas Sanjay Gaikwad	MVP's college of Physiotherapy	70587153-85	tojasgaikwad@gmail.com	Sanjay Gaikwad	Meenu Gaikwad	26-7-2004	March 2022	15-02-2023	BPTH	1st BPTH	4.5 years	25-01-2023	BPTH	Javelin -h
3	Vedant Bhanetsing Sisodiya	MVP's college of Physiotherapy	8600349041	vedant_sisodiya@gmail.com	Bhanat Singh	Mamata Singh	12/11/2003	March 2022	21/01/2023	BPTH	1st BPTH	4.5 years	21-01-2023	BPTH	Javelin
4	Hrutik Prabhakar Chavan	MVP'S COLLEGE OF PHYSIO-THERAPY	8530034528	hrutikprabhakar2009@gmail.com	Prab-hakar	Hing Bai	16/03/2000	Feb 2020	10/04/2022	BPTH	2nd year BPTH	4.5 years	10/04/2022	BPTH	SHOT PUT

1) Certified that the above individuals are full time students of this college.

2) Above information given is true.

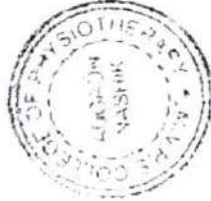
3) Fill up all information in Capital Letters

Date 9-9-23

Place Nashik



Seal of the College



(Signature)

Signature & Name of Dean / Principal
PRINCIPAL
 M.V.P.S College of Physiotherapy
 Adgaon, Nashik-422 003.



Maharashtra University of Health Sciences, Nashik

NOMINAL ROLL OF THE PLAYERS FOR ZONAL TEAM

1) Name of the College : MVPS college of physiotherapy, Nashik

2) Name of the Team Manager : Dilip Gaikwad e-mail _____ Mob. No 9850952761

3) Name of the Lady Team Manager : Athleba (male) e-mail _____ Mob. No _____

Sr. No	Full Name	Name of College	Mobile No.	E-mail Id	Father's Name	Mother's Name	Date of Birth	Date & Year of passing class XII exam	Date of First year Admission	Present Course	Present Class	Duration of the Course	Date & Year of First Admission in		Remark
													University	Present Course	
1	Dishant Dilip Gholap	MVP's college of Physiotherapy	9022580-830	Dishant Gholap@gmail.com	Dilip	Subodhama	21-4-01	Feb 2020	Feb 2021	BPTH	III Year	4.5 years	Feb 2021	BPTH	Javelin
2	ASHISH SANTAY RAO MANOJKAR	MVP'S college of physiotherapy	9130957920	manojkarashish@gmail.com	SANTAY	LATA AY	01-01-2000	Feb 2018	Feb 2021	BPTH	II Year	4.5 years	Feb 2021	BPTH	Javelin
3	Avdhoot Manik Wagh	MVP'S college of physiotherapy	8551977535	avdhootwagh143@gmail.com	Manik	Nismala	03-06-19	Feb 2019	Feb 2021	BPTH	III Year	4.5 yrs	Feb 2021	BPTH	Discus Throw
4															

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- 3) Fill up all information in Capital Letters

Date : 9-9-23Place : Nashik

Seal of the College



Signature & Name of Dean / Principal
PRINCIPAL
 M.V.P.S College of Physiotherapy
 Adgaon, Nashik-422 003.



Maharashtra University of Health Sciences, Nashik

NOMINAL ROLL OF THE PLAYERS FOR ZONAL TEAM

1) Name of the College : MVP college of Physiotherapy, Nashik

2) Name of the Team Manager : Dilip Gaikwad e-mail _____ Mob. No. 9850942761

3) Name of the Lady Team Manager : Volleyball (Women) e-mail _____ Mob. No. _____

Sl. No.	Full Name	Name of College	Mobile No.	E-mail Id	Father's Name	Mother's Name	Date of Birth	Date & Year of passing class XII exam	Date of First year Admission	Present Course	Present Class	Duration of the Course	Date & Year of First Admission in		Remark
													University	Present Course	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)				
1	RIYA LALIT JAIN	Dr. VPMC Nashik	8329100568	reeyajain2004@gmail.com	Lalit Jain	Sejal Jain	10/3/2004	March 22	02/11/2022	B.P.Th	1 st yr	4.5 Years	2/11/22	B.P.Th	
2	Anagha Madhav Wadpalwal	Dr. VPMC Nashik	8767005020	anagha1991@gmail.com	Madhav Wadpalwal	Shivani Wadpalwal	11/11/2003	March 23	1/11/2023	BPTH	7 th yr	4.5yr	1/11/23	BPTH.	
3	Reshal Sunil Pawar	Dr. VPMC Nashik	7378691983	Pawarreshal@gmail.com	Sunil Pawar	Jayshri Pawar	10/06/2003	March 21	1/11/2023	BPTH	1 st year	4.5 years	1/11/23	BPTH	
4	Prenna Manoj Agarwal	Dr. VPMC Nashik	708389-4567	agarwalprenna1111@gmail.com	Manoj Agarwal	Kavita Agarwal	24/07/2004	March 22	1/11/2023	BPTH	1 st year	4.5 years	1/11/23	BPTH.	

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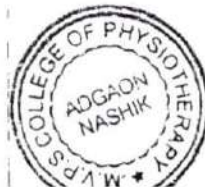
3) Fill up all information in Capital Letters

Date: 9-9-23

Place: Nashik



Seal of the College



Signature & Name of Dean / Principal
PRINCIPAL
 M.V.P.S College of Physiotherapy
 Adgaon Nashik



Maharashtra University of Health Sciences, Nashik

NOMINAL ROLL OF THE PLAYERS FOR ZONAL TEAM

- 1) Name of the College : MVPs college of Physiotherapy, Nashik
- 2) Name of the Team Manager : Dilip Gaikwad e-mail _____ Mob. No 9850962761
- 3) Name of the Lady Team Manager : Volleyball (women) e-mail _____ Mob. No _____

Sl. No.	Full Name	Name of College	Mobile No.	E-mail Id	Father's Name	Mother's Name	Date of Birth	Date & Year of passing class XII exam	Date of First year Admission	Present Course	Present Class	Duration of the Course	Date & Year of First Admission in		Remark
													University	Present Course	
1	KHUSHI VISHAL SANGHAVI	Dr. VPMC Nashik	7028168875	khushisanghav1005@gmail.com	Vishal Sanghavi	Pooja Sanghavi	10/05/2002	July 2019	21/2/21	BPTH	3 rd yr	4.5 yrs	21/4/21	BPTH	
2	PRATIKSHA RAMRAO MORE	Dr MVP'S COLLEGE OF PHYSIOTHERAPY	9405414586	morepotgg@gmail.com	Ramrao More	Sangita More	24/11/2002	March 2019	10/4/22	BPTH	2 nd yrs	4.5 yrs	10/4/22	Bpth	
3															
4															

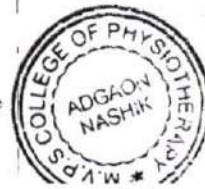
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Date: 9-9-23

Place: Nashik



Seal of the College



Signature & Name of Dean / Principal
PRINCIPAL
 M.V.P.S College of Physiotherapy



Maharashtra University of Health Sciences, Nashik

NOMINAL ROLL OF THE PLAYERS FOR ZONAL TEAM

1) Name of the College : M.V.P.s College of Physiotherapy, Nashik

2) Name of the Team Manager : Dilip Laikwad e-mail _____ Mob. No. 9850942761

3) Name of the Lady Team Manager : Volleyball (Male) e-mail _____ Mob. No. _____

Sl. No.	Full Name	Name of College	Mobile No.	E-mail Id	Father's Name	Mother's Name	Date of Birth	Date & Year of passing class XII exam	Date of First year Admission	Present Course	Present Class	Duration of the Course	Date & Year of First Admission in		Remark
													University	Present Course	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)				
1	ASHISH SANTA - YRAO MANOTKAR	M.V.P. college of physiotherapy	9130957920	ASHISH manotkar@gmail.com	SANTA LATA YRAO		01/01/2000	Feb 18	21/2/21	BPTH	3 rd year	4.5 yrs	21/2/21	BPTH	
2	AVDHoot MANIK WAGH	MVP's college of physiotherapy Nashik	855197-7535	avdhootwagh143@gmail.com	MANIK	NIRMALA	03-06-2001	Feb 2019	21/2/21	BPTH	3 rd year	4.5 yrs	21/2/21	BPTH	
3	Pradyumna Pravin Girdhar	MVP's college of physiotherapy Nashik	97697691-90	Girdhar-Pradyumna@gmail.com	Pravin	Varsha	14-12-2000	Dec 2020	21/2/21	BPTH	3 rd year	4.5 yrs	21-1-21	BPTH	
4	Vedant Bharatsing Sisodiya	MVP's college of physiotherapy	8600349041	vedant sisodiya46@gmail.com	Bharatsing	Mamata	12/11/2003	March 22	21/2/21	BPTH	1 st year	4.5 yrs	21-1-21	BPTH	

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Date : 9-9-23

Place : Nashik



Seal of the College



Signature & Name of Dean / Principal

PRINCIPAL

M.V.P.S College of Physiotherapy



Maharashtra University of Health Sciences, Nashik

NOMINAL ROLL OF THE PLAYERS FOR ZONAL TEAM

1) Name of the College

MVP'S College of Physiotherapy, Nashik

2) Name of the Team Manager

Dilip Gaikwad

e-mail

Mob. No 9850942761

3) Name of the Lady Team Manager

Volleyball (Male)

e-mail

Mob. No

Sl. No.	Full Name	Name of College	Mobile No.	E-mail Id	Father's Name	Mother's Name	Date of Birth	Date & Year of passing class XII exam	Date of First year Admission	Present Course	Present Class	Duration of the Course	Date & Year of First Admission in		Remark
													University	Present Course	
(1)	(2)	(2)	(2)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	University	Present Course	
1	Ashishek Sudhakor Ashad.	MVP'S College of Physiotherapy	708359 5718	avhadashishad@gmail.com	Sudhakor	Vandana	5-12-2004	March-22	1-11-23	BPTH	1st year	4.5 years	1-11-23	BPTH	
2	Tejas Sanjay Gaikwad	MVP'S College of Physiotherapy	70587153 85	tejasgaikwad2004@gmail.com	Sanjay	Meena	26-7-2004	March-22	1-11-23	BPTH	1st Year	4.5 yrs	1-11-23	BPTH	
3	Tanmay Yogesh Crangurde	MVP'S College of Physiotherapy	9011192 93	tanmayganguerde@gmail.com	Yogesh	Anuradha	20-09-2004	March-22	21-07-23	BPTH	Ist Year	4.5 yrs	21-01-23	BPTH	
4	Aditya - Prakash Rumane	MVP'S College of Physiotherapy	76663-63707	aditya.rumane@gmail.com	Prakash	Savitra	14-05-2003	March 2021	1-11-23	BPTH	Ist Year	4.5 yrs	1-11-23	BPTH	

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Date: 9-9-23

Place: Nashik



Seal of the College



Signature & Name of Dean / Principal
PRINCIPAL
 M.V.P.S College of Physiotherapy



Maharashtra University of Health Sciences, Nashik

NOMINAL ROLL OF THE PLAYERS FOR ZONAL TEAM

1) Name of the College

: MVP's college of physiotherapy, Nashik

2) Name of the Team Manager

: Dilip Gaikwad e-mail _____ Mob. No 9850942761

3) Name of the Lady Team Manager

: Kabaddi (Women) e-mail _____ Mob. No _____

Sr. No.	Full Name	Name of College	Mobile No.	E-mail Id	Father's Name	Mother's Name	Date of Birth	Date & Year of passing class XII exam	Date of First year Admission	Present Course	Present Class	Duration of the Course	Date & Year of First Admission in		Remark
													University	Present Course	
1	KHUSHI VISHAL SANGHAVI	MVP's college of physiotherapy	7028168875	khushisanghavi1005@gmail.com	Vishal	Pooja	10/05/2002	July 2019	21/2/21	BPT	3rd yr	4.5 yrs	21/2/21	BPT	
2															
3															
4															

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Place: Nashik



Seal of the College



Signature & Name of Dean / Principal

PRINCIPAL

M.V.P.S College of Physiotherapy



Maharashtra University of Health Sciences, Nashik

NOMINAL ROLL OF THE PLAYERS FOR ZONAL TEAM

1) Name of the College : MVP's college of physiotherapy, Nashik

2) Name of the Team Manager : Dilip Gaikwad e-mail _____ Mob. No. 9850942761

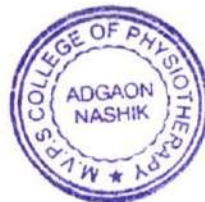
3) Name of the Lady Team Manager : Kabaddi (Boys) e-mail _____ Mob. No. _____

Sr. No.	Full Name	Name of College	Mobile No.	E-mail Id	Father's Name	Mother's Name	Date of Birth	Date & Year of passing class XII exam	Date of First year Admission	Present Course	Present Class	Duration of the Course	Date & Year of First Admission in		Remark
													University	Present Course	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)				
1	Abhishek Sudhakar Avhad.	MVP'S college of physiotherapy	9883595718	avhadabhishek@gmail.com	Sudhakar	Vandana	5-12-2004	March-22	1-11-23	BPTH	13 th year	4.5 year	1-11-23	BPTH	
2	Avdhoot Manik Wagh	MVP'S college of physiotherapy	855197535	avdhootwagh193@gmail.com	Manik	Nirmala	03-06-1	Feb 2019	Feb 2021	BPTH	11 th year	4.5 yr	Feb 2021	BPTH	
3															
4															

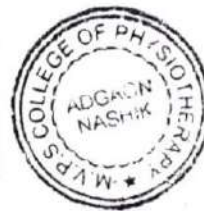
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Date: 9-9-23

Place: Nashik



Seal of the College



Signature & Name of Dean / Principal

PRINCIPAL

M.V.P.S College of Physiotherapy
 Adgaon, Nashik-422 003.



Maharashtra University of Health Sciences, Nashik

NOMINAL ROLL OF THE PLAYERS FOR ZONAL TEAM

1) Name of the College

MVP'S College of physiotherapy, Nashik

2) Name of the Team Manager

Dilip Gaikwad e-mail _____ Mob. No 9850952761

3) Name of the Lady Team Manager

Kho-Kho (Women) e-mail _____ Mob. No _____

Sr. No	Full Name	Name of College	Mobile No.	E-mail Id	Father's Name	Mother's Name	Date of Birth	Date & Year of passing class XII exam	Date of First year Admission	Present Course	Present Class	Duration of the Course	Date & Year of First Admission in		Remarks
													University	Present Course	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)				
1	Gankuze Shweta Nagnath	MVP'S College of physiotherapy	996031 5546	gankuze Shweta@gmail.com	Nagnath	Hemlata	15/06/2003	Feb 20	03/11/2023	Physiotherapy	1st BPTH	4.5 yr	03/11/2023	BPTH	
2	Salve Rasika Ashok	MVP'S college of physiotherapy	7767086 1566	rasika salve@gmail.com	Ashok	Saroj	01/06/2004	2021	24-12-2022	Physiotherapy	1st BPTH	4.5 year	24-12-2022	BPTH	
3	Kotwal Srushti Anant	MVP'S college of physiotherapy	876747 3535	Kotwal Srushti@gmail.com	Anant	Veena	17/03/2004	March 2022	03/02/2023	Physiotherapy	1st BPTH	4.5 year	3/02/2023	BPTH	
4	Aragha Madhav Wadpalwad	MVP'S College of physiotherapy	976700 5020	aragha madhav@gmail.com	Madhav	Shiv-Nanda	1/11/2003	2021	1/11/22	Physiotherapy	1st BPTH	4.5 yr	1/11/22	BPTH	

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Date 9-9-23

Place Nashik



Seal of the College



Signature & Name of Dean / Principal
PRINCIPAL
 M.V.P.S College of Physiotherapy



Maharashtra University of Health Sciences, Nashik

NOMINAL ROLL OF THE PLAYERS FOR ZONAL TEAM

1) Name of the College

MVP's College of physiotherapy, Nashik

2) Name of the Team Manager

Dilip Gaikwad

e-mail

Mob. No 9850942761

3) Name of the Lady Team Manager

Kho-kho (womens)

e-mail

Mob. No

Sr No	Full Name	Name of College	Mobile No.	E-mail Id	Father's Name	Mother's Name	Date of Birth	Date & Year of passing class XII exam	Date of First year Admission	Present Course	Present Class	Duration of the Course	Date & Year of First Admission in		Remark
													University	Present Course	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)				
1	Barhe Ishwari Nandkishor	MVP's college of physiotherapy	9403926131	inbarhe35@gmail.com	Nandkishor	Suvarna	31-12-2002	FEB-20	15-2-2023	Physiotherapy	1 st BPTH	4.5 years	15-2-2023	BPTH	
2	Shrushti Nitin Nahar	MVP's college of physiotherapy	968970-7230	shrushtinaha29@gmail.com	Nitin	Rupali	29-01-2005	March 2022	15-2-2023	BPTH	1 st BPTH	4.5 years	15-2-2023	BPTH	
3	Priyana Manoj Agrawal	MVP's college of physiotherapy	7083894567	agrawalpriyana11@gmail.com	Manoj	Kavita	24-07-2004	March 2022	27-12-2022	BPTH	1 st bpth	4.5 yr	27-12-2022	BPTH	
4	Shranya Santosh Deshmukh	MVP's college of physiotherapy	7420087667	Shranya deshmukh20505@gmail.com	Santosh	sunanda	3-5-5	March 2022	21-Jan 2023	BPTH	1 st BPTH	4.5 yr	15-2-2023	BPTH	

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Signature & Name of Dean / Principal

PRINCIPAL

M.V.P.S College of Physiotherapy

Nashik-422 003



Maharashtra University of Health Sciences, Nashik

NOMINAL ROLL OF THE PLAYERS FOR ZONAL TEAM

1) Name of the College : MVP'S college of Physiotherapy

2) Name of the Team Manager : Dilip Gaikwad e-mail _____ Mob. No 985094276

3) Name of the Lady Team Manager : Basketball (Women's) e-mail _____ Mob. No _____

Sr No	Full Name	Name of College	Mobile No.	E-mail Id	Father's Name	Mother's Name	Date of Birth	Date & Year of passing class XII exam	Date of First year Admission	Present Course	Present Class	Duration of the Course	Date & Year of First Admission in		Remark
													University	Present Course	
	(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)			
1	Vrushali Sanjay Kumar Bora	MVP'S college of Physiotherapy	800771- 6973	Vrushali Bora.3@ gmail. com	Sanjay Kumar Bora	Sangeeta Sanjay Kumar Bora	10-08 -2004	2022	1/11/22	1st Bpth	1st Bpth	4.5 yrs	1/11/22	Bpth	
2	Shrushti Nitin Nahar	MVP'S college of physiotherapy	968970 7290	shrushti nahar29 @gmail. com	Nitin	Rupali	29/11 2005	2022	1/11/22	Bpth	1st BPTH	4.5 yrs	1/11/22	BPTH	
3	Shrawani Bhagwan Sawant	MVP'S college of physiotherapy	237808 7308	shrawani sawant27 @gmail. com	Bhagwan Sawant	Kalyani Sawant	27/5/ 2004	2022	1/11/22	Bpth	1st Bpth	4.5 yrs	1/11/22	BPTH	
4	Prerna Manoj Agrawal	MVP'S college of physiotherapy	7083 8945 67	agrawal prerna 1111 @gmail.com	Manoj	Kavita	24.07. 2004	2022	27-12- 22	Bpth	1st bpth	4.5 yr	27-12- 22	Bpth	

- 1) Certified that the above individuals are full time students of this college.
- 2) Above information given is true.
- 3) Fill up all information in Capital Letters

Date : 9-9-23

Place : Nashik



Seal of the College



Signature & Name of Dean / Principal

PRINCIPAL

M.V.P.S College of Physiotherapy
Adgaon, Nashik-422 003.



Maharashtra University of Health Sciences, Nashik

NOMINAL ROLL OF THE PLAYERS FOR ZONAL TEAM

1) Name of the College : MVP's College of Physiotherapy.....

2) Name of the Team Manager : Dilip Gaikwad..... e-mail _____ Mob. No. 9850942761

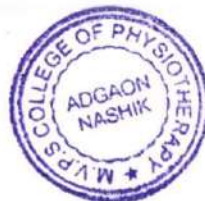
3) Name of the Lady Team Manager : Basket Ball (Boys)..... e-mail _____ Mob. No. _____

Sr No	Full Name	Name of College	Mobile No.	E-mail Id	Father's Name	Mother's Name	Date of Birth	Date & Year of passing class XII exam	Date of First year Admission	Present Course	Present Class	Duration of the Course	Date & Year of First Admission in		Remark
													University	Present Course	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)				
1	Vedant Bhamatsing Sisodiya	MVP's College of Physiotherapy	8600349041	Vedant sisodiya 46@gmail.com	Bharat sing	Mamata	12/11/2003	2022	1/11/23	BPTH	BPTH	4.5 years	1/11/22	BPTH	
2	Abhishek Sudhakr Avhad.	MVP's College of Physiotherapy	7083395718	avhadabhishek@gmail.com	Sudhakr	Vandana	05-12-2004	2022	1-11-23	BPTH	134 years	4.5 years	1-11-23	BPTH	
3	Aditya Prakash Rumane	MVP's College of Physiotherapy	7666363707	aditya rumane@gmail.com	Prakash	SAVITA	14-05-2003	2021	1-11-23	BPTH	1 st year	4.5 years	1-11-23	BPTH	
4															

- 1) Certified that the above individuals are full time students of this college.
- 2) Above information given is true.
- 3) Fill up all information in Capital Letters

Date : 9-9-23

Place : Nashik



Seal of the College



Signature & Name of Dean / Principal

PRINCIPALM.V.P.S College of Physiotherapy
Adgaon, Nashik-422 003.



Maharashtra University of Health Sciences, Nashik

NOMINAL ROLL OF THE PLAYERS FOR ZONAL TEAM

1) Name of the College : MVPS college of Physiotherapy, Nashik

2) Name of the Team Manager : Dilip Gaikwad e-mail _____ Mob. No 9850952761

3) Name of the Lady Team Manager : Atthelehis (women's) e-mail _____ Mob. No _____

Sr. No.	Full Name	Name of College	Mobile No.	E-mail Id	Father's Name	Mother's Name	Date of Birth	Date & Year of passing class XII exam	Date of First year Admission	Present Course	Present Class	Duration of the Course	Date & Year of First Admission in		Remark
													University	Present Course	
1	Siddhi Annasaheb Shirsaath	MVP'S Physiotherapy college	9422045990	siddhishirsaath11@gmail.com	Annasaheb Shirsaath	Sunita Shirsaath	6-11-2009	March 2022	3-2-23	BPTH	1 st BPTH	4.5 years	3-2-23	BPTH	Javaline throw
2	Palak Umesh Mundada	MVPS Physiotherapy college	966077928	palakmundada811@gmail.com	Umesh Mundada	Kalpna Mundada	8-11-2001	Feb-2020	21/2/21	Bpth	3 rd Bpth	4.5 years	21/2/21	Bpth	Javaline throw
3	Janhvi Manoj Dayama	MVPS Physiotherapy College	8767054109	janhvidayama2607@gmail.com	Manoj Dayama	Rupali Dayama	24-07-2002	Feb-2020	21/2/21	Bpth	3 rd Bpth	4.5 years	21/2/21	Bpth	Javaline throw
4	Pratiksha Ramrao More	MVPS College of Physiotherapy	9405414586	morepofgg@gmail.com	Ramrao More	Sangita More	24-11-2002	April 2021	10/4/22	BPTH	2 nd BPTH	4.5 years	10/4/22	BPTH	Disc. throw

- 1) Certified that the above individuals are full time students of this college.
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- 3) Fill up all information in Capital Letters

Date : 9-9-23Place : Nashik

Seal of the College



Signature & Name of Dean / Principal

PRINCIPALM.V.P.S College of Physiotherapy
Adgaon, Nashik-422 003



Maharashtra University of Health Sciences, Nashik

NOMINAL ROLL OF THE PLAYERS FOR ZONAL TEAM

1) Name of the College

MVP's college of physiotherapy

2) Name of the Team Manager

Dilip Gaikwad

e-mail

Mob. No. 9850942761

3) Name of the Lady Team Manager

Volleyball (male)

e-mail

Mob. No.

Sr. No.	Full Name	Name of College	Mobile No.	E-mail Id	Father's Name	Mother's Name	Date of Birth	Date & Year of passing class XII exam	Date of First year Admission	Present Course	Present Class	Duration of the Course	Date & Year of First Admission in		Remark
													University	Present Course	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)				
1	HRUTIK PRABHAKAR CHAVAN	MVP'S COLLEGE OF PHYSIOTHERAPY, NASHIK	8530034528	hrchavab2000@gmail.com	Prabhakar	Hirabai	16/05/2001	10/04 Feb 2020	10/04/2022	BPTH	2nd BPTH	4.5 years	MVP 10/04/2022	BPTH	
2	Ajinkya Anil Thakare	MVP's College of Physiotherapy Nashik	7719959845	ajinkya.thakare2003@gmail.com	Anil	Kavita	05/09/2003	10/04/2021	10/04/2022	BPTH	2nd BPTH	4.5 years	10/04/2022	BPTH	
3															
4															

1) Certified that the above individuals are full time students of this college.

2) Above information given is true.

3) Fill up all information in Capital Letters

Date

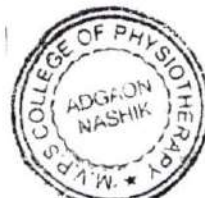
9-9-23

Place

Nashik



Seal of the College



Signature & Name of Dean / Principal

PRINCIPAL

M.V.P.S College of Physiotherapy

M.V.P. Samaj's College of Physiotherapy, Nashik
MUHS Yuvaspandan 2023-24

Sr. No.	Event	Participants	Class
1.	Music		
	A) Sugam Gayan	1. Priyanka Thakur	Final MPT
	B) Western group singing	1. Devanshi Pawar 2. Madhura Potdar 3. Shivani Salam 4. Bhagyashree Sanap 5. Priyanka Thakur 6. Anshu Goenka	First MPT
	C) Bhartiya group singing	1. Kartika Kulthe 2. Snehal Parashare 3. Meghana Khadilkar 4. Vishakha Badar 5. Anshu Goenka 6. Janhavi Dayama	First BPT & Intern
2)	Dance		
	A) Shastriya Nrutya	1. Tanmayee Shinde	Intern
	B) Paramparik Lok Nrutya	1. Rutuja Shardul 2. Vishakha Badar 3. Vaishnavi Babar 4. Vasavi Bomkantakar 5. Yogita Patil 6. Eshwari Aher 7. Divya Pawar 8. Riddhi Kabra 9. Shruti Kadam 10. Saburi Goliwar	Intern & First BPT
3)	Theatre		
	A) Ekankika	1. Sandesh Bhosale	Interns



		2. Meghana Khadilkar 3. Avantika Jadhav 4. Swati Gupta 5. Rutuja Shardul 6. Divya Pawar 7. Vishakha Badar 8. Saburi Goliwar 9. Archika Gada 10. Sakshi Bhamare 11. Sanika Gaikwad 12. Indrayani Warade	
	B) Skit	1. Prachi Mande 2. Mokshada Kawale 3. Dhanashree Ghive 4. Sheereen Aara 5. Priyanka Thakur 6. Vrushabh Pawar	Final MPT & Intern
	C) Mime	1. Avantika Jadhav 2. Meghana Khadilkar 3. Sakshi Bhamare 4. Swati Gupta 5. Archika Gada 6. Sanika Gaikwad	Intern
4)	Sahitya		
	A) Speech	1. Mokshada Kawale	Final MPT
5)	Lalit		
	A) Poster design	1. Janhavi Patil	First BPT
	B) Rangoli	1. Nikita Bhagat	First BPT
	C) Photography	1. Divya Trimbake	First BPT
	D) Mehendi	1. Farheen Shaikh	First BPT



19-23rd SEPTEMBER 2023 GANPATI CELEBRATION

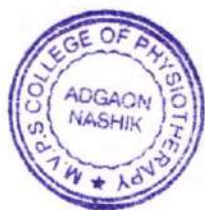
Ganpati celebration at Dr. Vasant Rao Pawar Medical College, spanning from 19th to 23rd September 2023, was a vibrant and culturally rich event that brought together students from various departments to partake in a series of engaging activities and festivities. The celebration included a quiz competition, relay painting, rangoli making, Ganpati idol making competition and a special Satyanarayan Pooja, further strengthening the bonds of unity among students.

On September 21, 2023, MVP's College of Physiotherapy organized an aarti. This event served as a spiritual anchor during the celebration. The Pooja was a serene and auspicious occasion attended by physiotherapy and other department staff along with students, creating a sense of unity and devotion among all participants.

On 22nd of September, MVP College of Physiotherapy organized a spirited Ganpati Idol Making Competition that saw active participation from 13 talented individuals. The event was held with great enthusiasm and creativity, bringing together students and interns from various academic years. The competition was judged by staff Dr. Ganesh Sir and Dr. Krishna Sir, who carefully evaluate the intricate idol creations. First Prize bagged by the First-year PG students Dhanashree Ghive and Prachi Mande. Second Prize awarded to the third-year students Vaishnavi Sandhan and Kaveri Suvarnakar and third Prize claimed by the interns Rutuja Shardul and Divya Pawar. Consolation Prize Presented to the second-year PG students Tanvi Gupte and Chetana Mhaske.

The Ganpati Celebration at Dr. Vasant Rao Pawar Medical College from September 19 to 23, 2023, was a memorable and harmonious event. All the activities not only promoted cultural awareness but also encouraged teamwork and collaboration among the students. It was a delightful and spiritually enriching experience for everyone involved.







M.V.P. SAMAJ'S

COLLEGE OF PHYSIOTHERAPY

VASANTDADA NAGAR, ADGOAN NASHIK -422003,
MAHARASHTRA.

Attendance Sheet

ACTIVITY: Gaupati Celebration

DATE: 19/9/23

SR.NO:	NAME	DESIGNATION	SIGN
1	Dr. Anshu Kaur	Principal	Anshu
2	Dr. Ganesh MSP	Professor	Ganesh
3	Dr. Prilesh Yeole	Professor	Prilesh
4	Dr. Rutika Thakur	Asso. Professor	Rutika
5	Dr. Krishna Sunde	Asso. Professor	Krishna
6	Dr. Deepthi Wadhawa	Asso. Professor	Deepthi
7	Dr. Mounmayee Mande	Asst. Professor	Mounmayee
8	Dr. Shrukhata Kausik	Asst. Professor	Shrukhata
9	Dr. Pranali Pawar	Asst. Professor	Pranali
10	Dr. Ritu Patel	Asst. Professor	Ritu
11	Dr. Niranjana Nashikkars	Asst. Professor	Niranjana
12	Dr. Smriti Patki	MPT II	Smriti
13	Dr. Chetana Mhaske	MPT II	Chetana
14	Dr. Tanvi Karande	MPT II	Tanvi
15	Dr. Tanvi Gupta	MPT II	Tanvi
16	Dr. Jaya Sharma	MPT II	Jaya
17	Dr. Sushli Baniya	MPT II	Sushli
18	Dr. Prachi Mande	MPT I	Prachi
19	Dr. Ishwari Nathwani	MPT I	Ishwari
20	Dr. Priyanka Thakur	MPT I	Priyanka
21	Dr. Dhanashree Ghive	MPT I	Dhanashree
22	Dr. Mokshada Kawale	MPT I	Mokshada
23	Dr. Sheerin Aarsa	MPT I	Sheerin
24	Sabuni Goliwar	Intern	Sabuni
25	Vishakha Badar	Intern	Vishakha
26	Meghana Khadikar	Intern	Meghana
27	Payushi Patel	Intern	Payushi
28	Rutuja Sharda	Intern	Rutuja
29	Tanaya Sonanawale	II nd year	Tanaya
30	Sakshi Jagtap	II nd year	Sakshi





M.V.P. SAMAJ'S
COLLEGE OF PHYSIOTHERAPY
 VASANTDADA NAGAR, ADGOAN NASHIK -422003,
 MAHARASHTRA.

Attendance Sheet

ACTIVITY:

DATE:

SR.NO:	NAME	DESIGNATION	SIGN
31.	Priyal Jain	II year	<u>Priyal</u>
32.	Jagruti Hire	II years	<u>Jagruti Hire</u>
33.	Mitali Salaskar	II year	<u>Mitali Salaskar</u>
34.	Manoj Chaudhari	II year	<u>Moj</u>
35.	Momin Masego	II year	<u>M</u>
36.	Ruchi Jain	II year	<u>Ruchi</u>
37.	Sojal Padil	II year	<u>Sojal</u>
38.	Mayha parasakar	II year	<u>MSP</u>
39.	Nikita Koravi	II year	<u>Nikita</u>
40.	Bhagyashri Patil	II year	<u>BPatil</u>
41.	Priyal Jain	II yr	<u>Priyal</u>
42.	Khashi Jain	II yr	<u>KJain</u>
43.	Shrawari Parde	II yr	<u>SParde</u>
44.	Sanskriti Pinjarkar	I st year	<u>Sans</u>
45.	Siddhi Shirsath	I st year	<u>Siddhi</u>
46.	Nikita Bhauwabe Sanap	I st year	<u>Nikita</u>
47.	Rutuja Angad Kharmate	I st year	<u>Rutuja</u>
48.	Srushti Dilip Jain	I st year	<u>Srushti</u>
49.	Anagha madhav watpalwad	I st year	<u>Anagha</u>
50.	Riya Lalit Jain	I st year	<u>Riya</u>
51.	Sakshi Vilas Kulkarni	I st year	<u>Sakshi</u>
52.	Mrunal Mahesh Morankar	I st year	<u>Mrunal</u>
53.	Tejal More	I st year	<u>Tejal</u>



MVP'S COLLEGE OF PHYSIOTHERAPY

EUPHORIA 2023 – CULTURAL EVENTS

DATE	DAY	COMPETITIONS
25 MARCH 23	-	LOGO COMPETITION
27 MARCH	MISMATCH / TWIN/ GROUP DAY	<ol style="list-style-type: none"> 1. PHONE COVER PAINTING 2. JEWELLERY MAKING 3. CROWN MAKING
28 MARCH 23	TRADITIONAL DAY	<ol style="list-style-type: none"> 1. MEHENDI COMPETITION 2. T-SHIRT PAINTING 3. MAKEUP COMPETITION 4. SHORT FILM AND PHOTOGRAPHY COMPETITION
29 MARCH 23	BOLLYWOOD / NETFLIX DAY	<ol style="list-style-type: none"> 1.COOKING COMPETITION 2.ACT IT OUT 3.MAD AD AND STAND UP COMEDY 4.MUSICAL NIGHT AND BOLLYWOOD MANIA
1 APRIL 23	-	TREASURE HUNT (INTERBATCH)

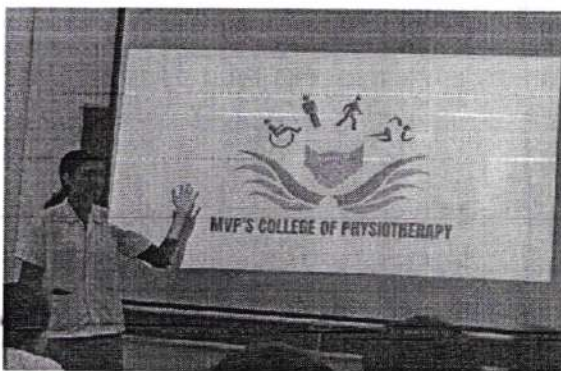
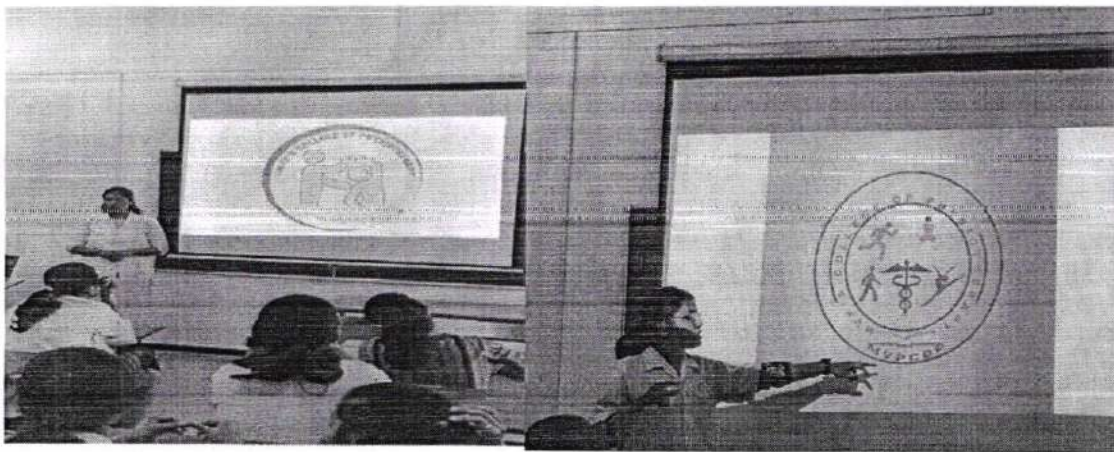
~ Rutuja Shardul



DATE : 25 MARCH 23

LOGO MAKING COMPETITION

The E- logo making competition was a digital competition, in which the students had to design a logo of their own. The students were allowed to choose designing apps of their choice. Students from various batches like the 1st, 2nd, 3rd, 4th year participated with their multiple logo designs. The participants were prohibited from imitating any other logo designs. The logo design was suppose to contain the name of the institution and graphics related to physiotherapy. The designed logo could be patented and a cash prize of Rs 500 was announced for the winner



Date: 27 march 23

MISMATCH / TWIN/ GROUP DAY

This day was marked by the presence of students in their mismatch / twin / group outfits . Students from all years participated in this. Students were seen twinning outfits and experimenting with mismatch and group outfits . The best twins, best mismatch outfits and bestb group was chosen. The winners for which are as follows

FOLLOWING COMPETITIONS WERE HELD ON THIS DAY

1. PHONE COVER PAINTING COMPETITION

In this competition maximum one participant was allowed in each group. The time allotted was 1 hour . Any pre-preparations and use of mobile phones was not allowed .Anjali Agrawal from 4th year Bpth grabbed the first position while Akansha Mali [3rd year] and Rutik Chavan 2nd year grabbed the second position Akansha Khairnar 1st year and omisha narsinghani [intern batch]grabbed the third position . Special prizes were announced for Saburi Goliwar { 4th year }and Dr Abhaya Mahadik [staff].

2.JWELLERY MAKING COMPETITION

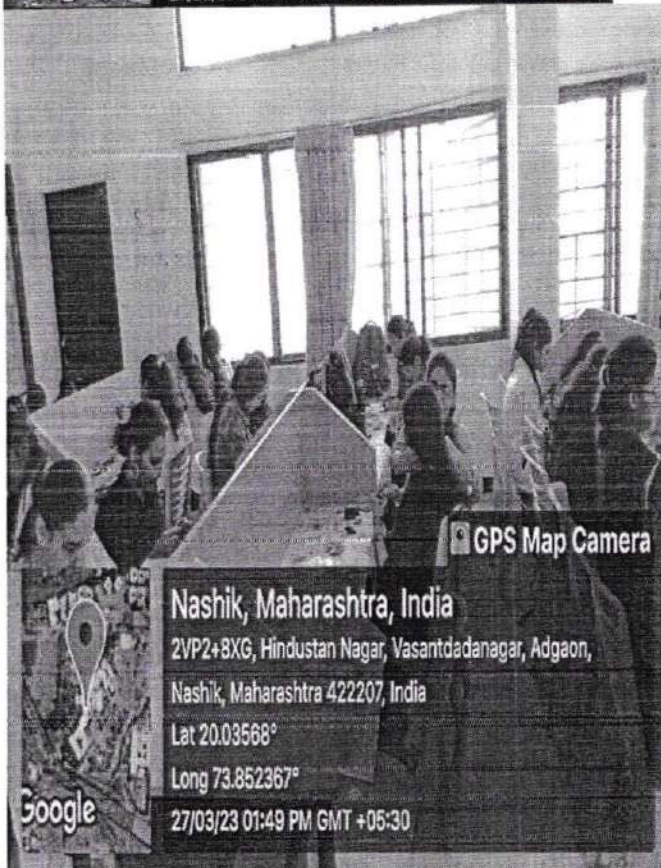
DATE: 27 MARCH 23

The event was a team event and a team of max 2 participants was allowed . it was mandatory to make a neckpiece,two earrings ,one hand piece and ring . the duration of competition was 1 hour . Mobile phones or electronic devices were not allowed . Mansi naidu and Neeti stood in 1st position [2nd year



], Aditi and Vedika stood 2nd while Sanskruti and Khushi stood 3rd.





3.CROWN MAKING COMPETITION

DATE : 27 MARCH 23

This event was marked by beautifully created crowns by the students and professors . maximum 2 participants in each group were allowed . Use of any material was allowed .

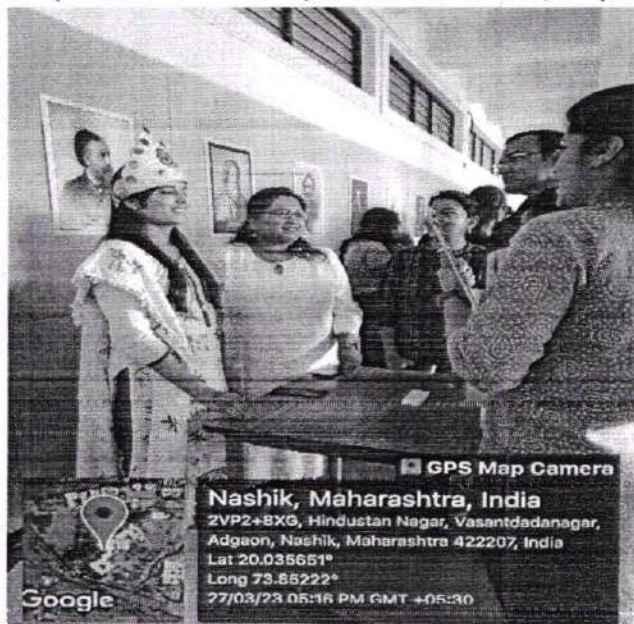
Duration of competition was 1 hour

The winners fir this competition were as follows

1st position -Tanaya and Ritika {1st year }

2nd position – Divya and Omisha {intern}

3rd position – Shreya and komal {4th year }



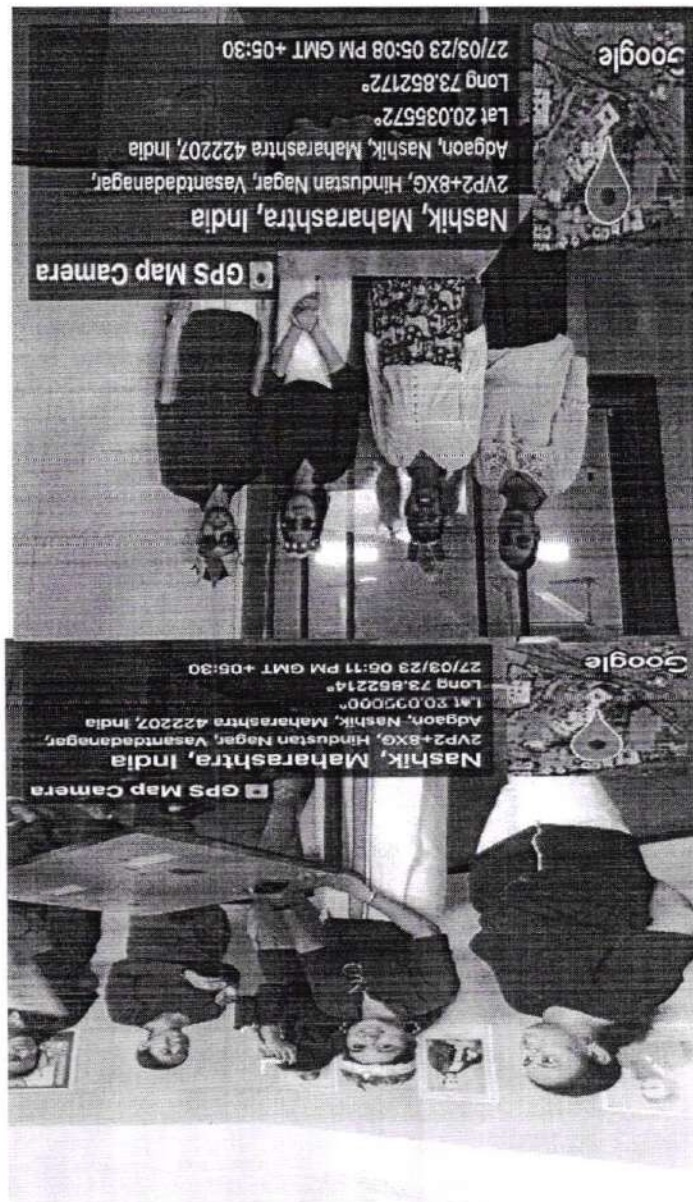


competitions .

All students presented in their traditional outfits like sarees or dresses. The day was made interesting by the following

DATE : 28 MARCH 23

TRADITIONAL DAY



1. MEHENDI COMPETITION

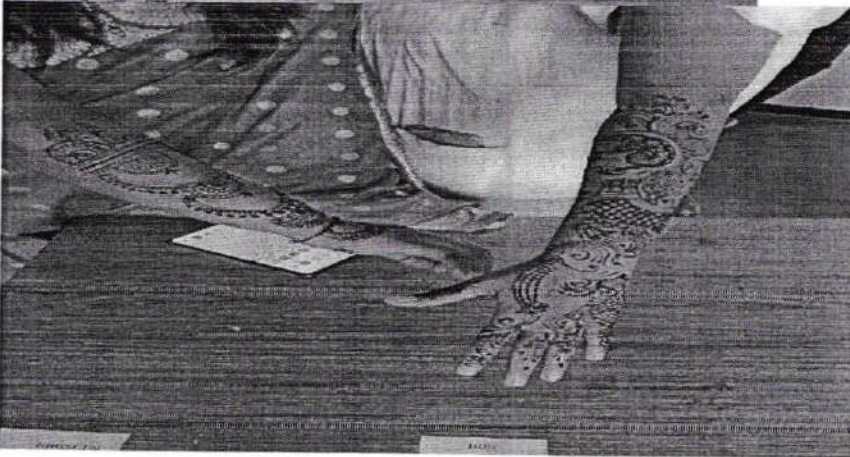
DATE :28 MARCH 23

This competition was open to all the UG and PG category students . All students from all years participated in this .Only one participant was allowed . The mehendi designs were to be potrayed upto the elbow . All contemporary and traditional designs were allowed . Time allowed was 60 minutes . The winners were as following :

1st : Anjali Agrawal (4th year)

2nd :Vaishnavi (3rd year)

3rd kaveri(3rd year)





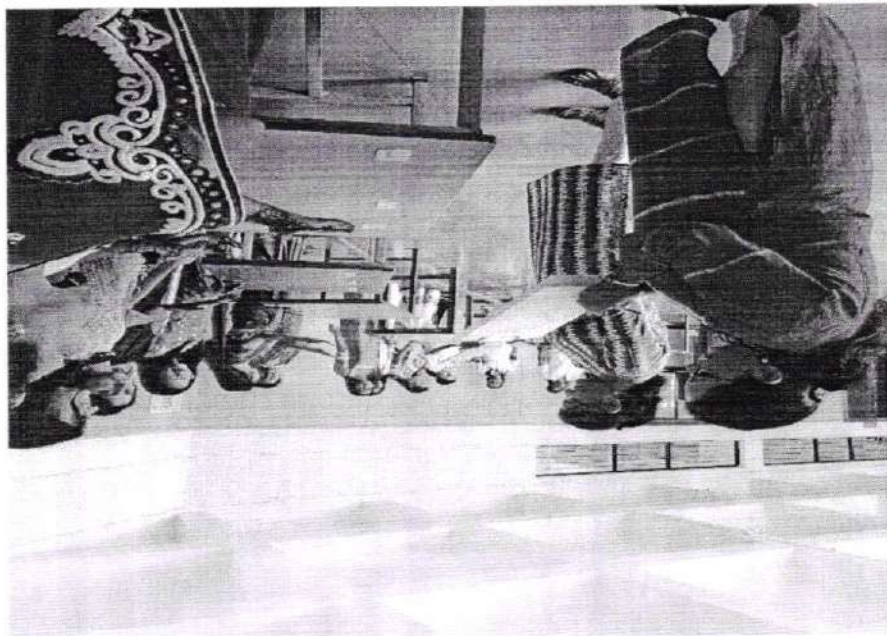
2nd : Mitali and Jagruti {2nd year }

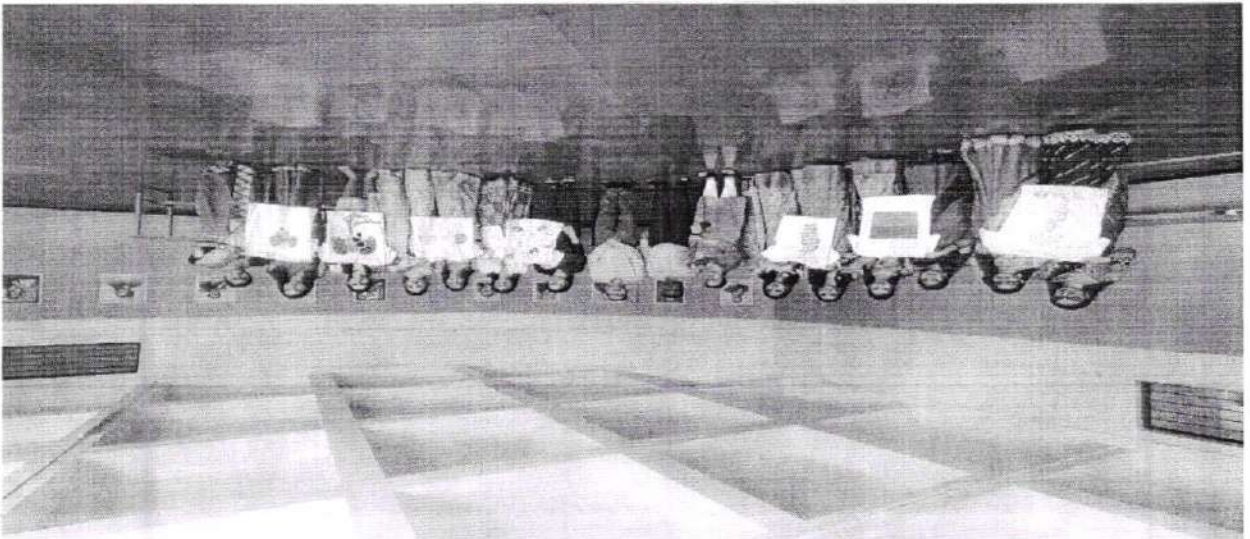
1st : Mokshada and Smruti {pg}

The winners for same were as follows :

This was a team event and maximum of a two participants were allowed in each team . Use of any ready made materials or stickers was prohibited . The theme was HUMAN ANATOMY for the same . The duration of event was 2hours and judging was done based on creativity ,flow of design, visual impact , color scheme , quality of application, effective conveying of theme message. Students from all year participated in this and winners were as follows

2. T-SHIRT PAINTING COMPETION

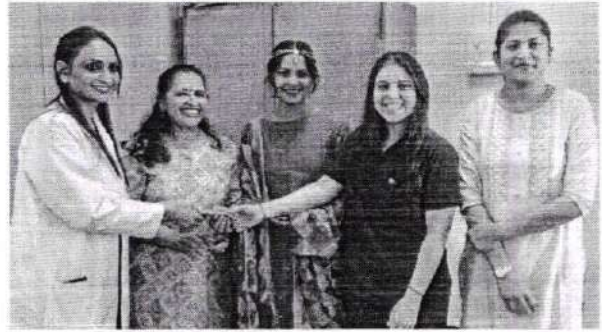




3rd Preeti and Yashasvi { 3rd year }

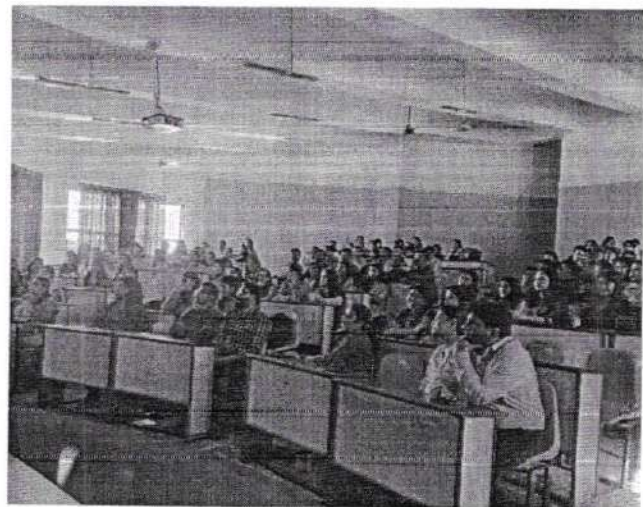
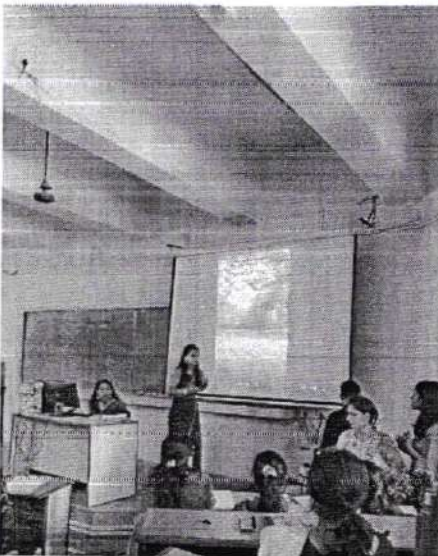
MAKE UP COMPETITION

28th March, As we celebrated Traditional Day we had yet another Competition in our Cultural Week of events. Makeup Competition was held for all UG and PG students. The Competition was held from 2 pm to 3 pm in ET Hall. Judges were invited from External Departments. After looking at everyone's masterpiece 2 winners were selected. 1st Prize was given to PG'S and the 2nd prize was given to Interns



PHOTOGRAPHY COMPETITION

On 28th March 2023, We held Photography Competition for all the students and professors of our college. Rules for the competition were that the photograph should be clicked in our college campus and submitted to a Final Year Student before time. A PowerPoint presentation was made by the organising batch. The judging was held in a lecture hall at 3 pm to 5 pm . Judges from PSM department were invited. All the entries of photographs were unique and beautiful. 1st Prize was given to Ritika (Intern). 2nd prize to Poonam Tungar (Intern). 3rd Prize to Tanvi Gupte(PG).



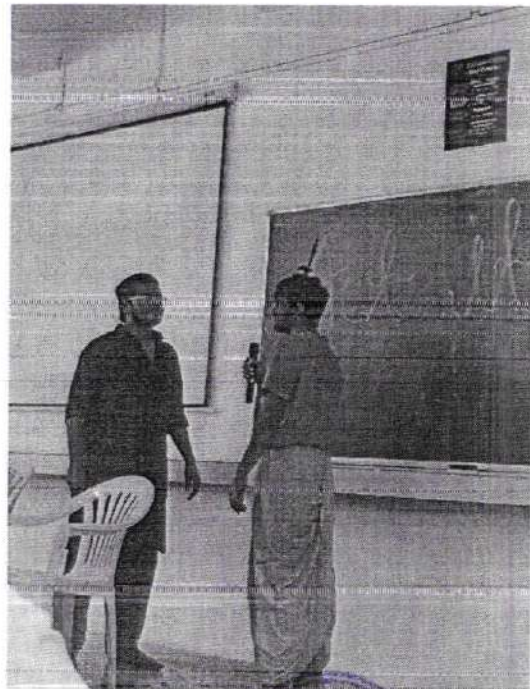
COOKING COMPETITION

On 29th March 2023, the organising batch had organised Cooking Competition As a part of Cultural Week Events. The theme for cooking Competition was "One State & One Country". Evert Batch was given one state and one country and they had to make dishes representing both places. Amazing and delicious dishes were made by every batch. Participants also dressed up like the country's attire to add to the points. After tasting and judging every groups dish the winners were declared. 1st Prize was for Final Years who had China and Assam as their theme. 2nd Prize was given to Interns whose theme was Japan and Gujrat. 3rd Prize was won by 2nd Years whose theme was UAE & Kerala



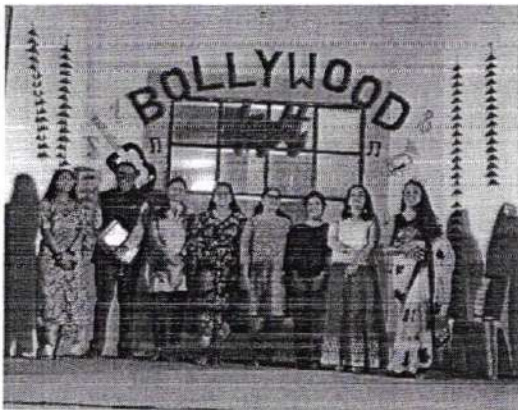
ACT IT OUT COMPETITION

On 29th March 2023, was celebrated as Bollywood and Netflix Day. All the students of our college dressed up as any character from Bollywood/ Netflix. Act it Competition was held in Lecture Hall 4. All the participants were dressed up as the character they were going to act on. The participant had to enact a scene from any movie/series and their performance can be helped by a supporting actor. It was a fun activity held 1st time in our college during cultural week. The winners were as follows. 1st Prize Poonam Tungar(Intern). 2nd prize to Dishant Gholap(3rd Year) & Janhvi Dayama(3rd Year). 3rd Prize to Sanskruti(1st year) & Shrawani Sawant (1st Year).



MAD AD COMPETITION

On 29th March 2023, We held a competition called a Mad ad. Each group consisted of 5-6 participant. Each group was given one product a day in advance and they had to prepare a advertisement for that product. Only one person was the Mic Controller and others had to act. The 1st Prize was given to Interns who had Hair oil as their product. 2nd Prize was given to 3rd Years. 3rd Prize was given to PGS whose product was Energy Drink.



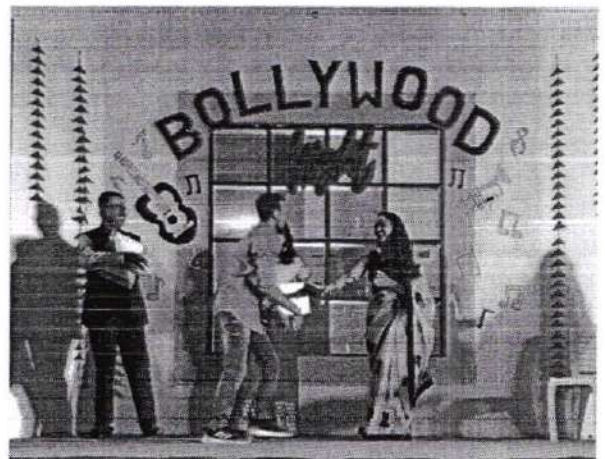
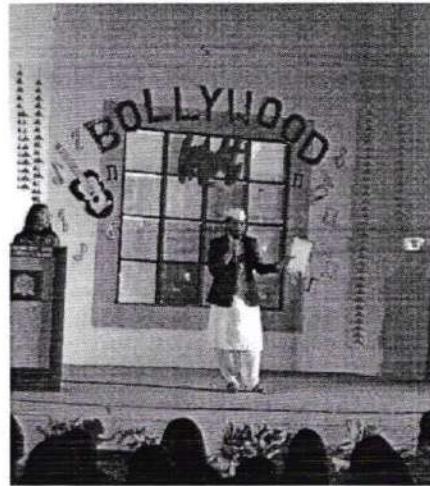
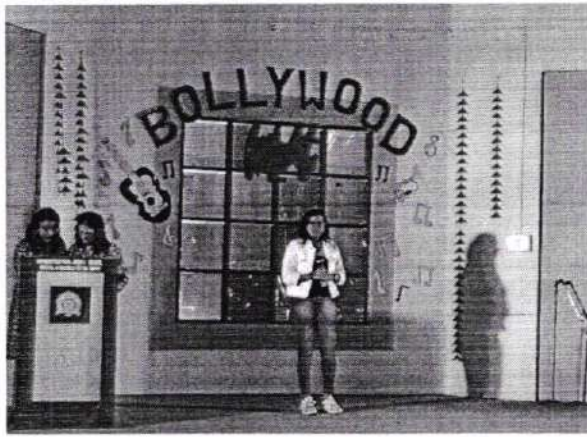
STAND UP COMEDY

On 29th March 2023, On the Occasion of Musical Night we held stand up comedy competition. Participants from all years participated. Time for each participant was 5 mind max. Judging was done on the basis of humour, Originality, relativity etc. The winners for the same are

1st- Dishant Gholap (3rd Year)

2nd – Samiksha Iyer (Intern)

3rd- Raghav Zawar (Intern)



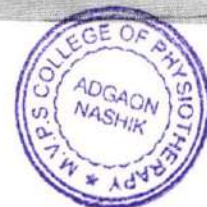
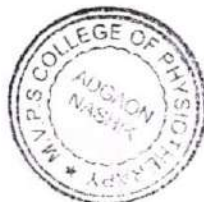
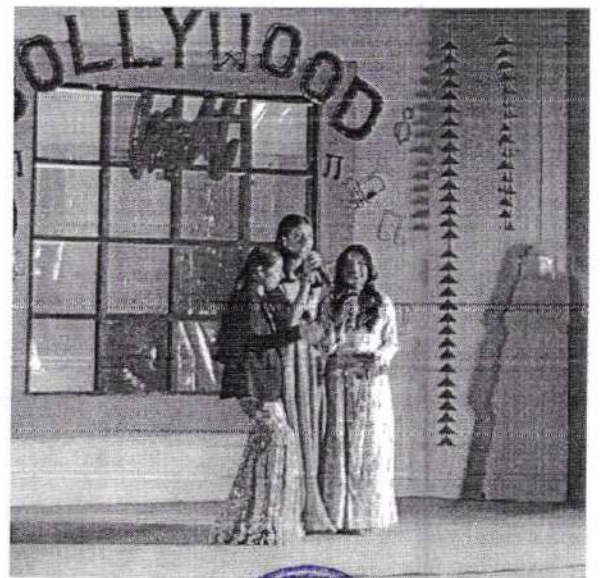
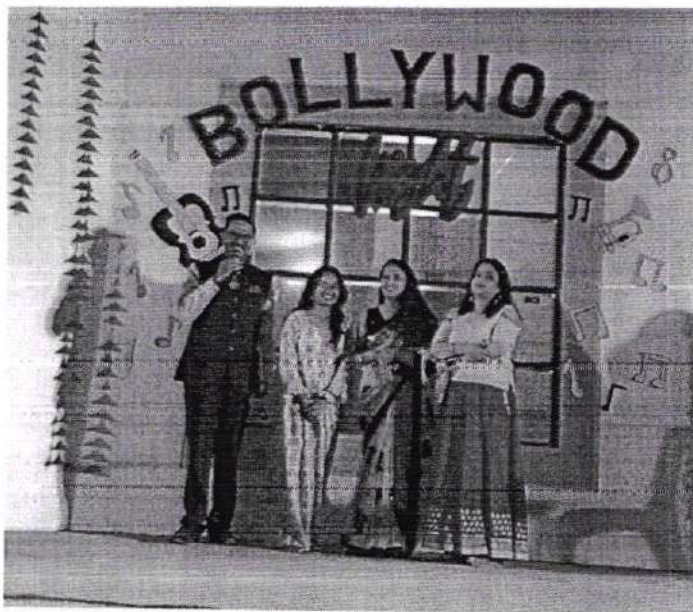
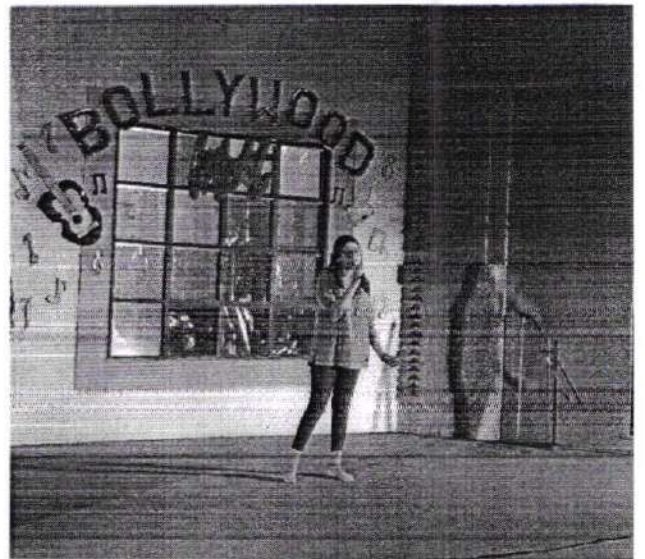
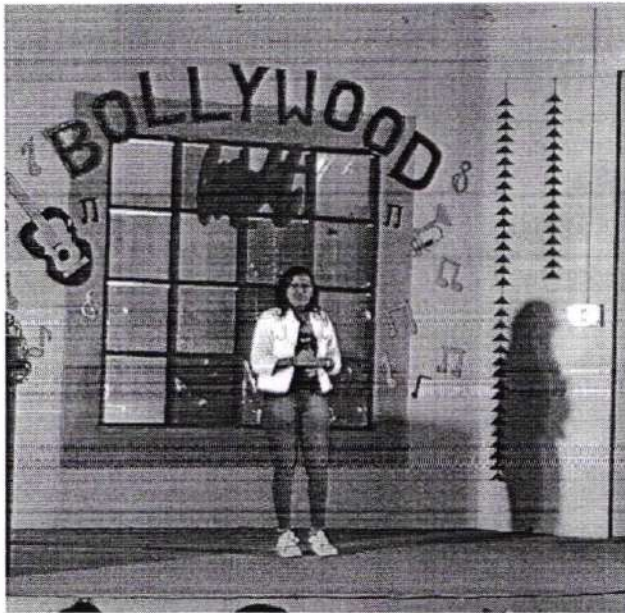
SINGING COMPETITION

On 29th March 2023, Singing Competition was held as a part of Bollywood Night. There was multiple entries from each batch. Some performed solo and some did duet and few did group Singing performance. The Judge for this Competition was Dr Vishakha who is an Alumni of our College and also a Singer. The Winners for Singing Competition were as follows

1st Prize- Samiksha Iyer (Intern)

2nd Prize- Sanskruti Pinjarkar (1st Year)

3rd Prize- Vishakha Badar (4th Year)



NSS SPECIAL WINTER CAMP REPORT 2022-2023

Place: Dikshi Village, Tal: Niphad Dist: Nashik

Duration: 20/02/2023 to 26/02/2023

NSS Unit of MVPS College of physiotherapy, Nashik has organized a NSS special winter camp 2022-23 at Dikshi village, Tal: Niphad, District: Nashik. The camp was organized from 20 February 2023 to 26 February 2023. Balaji Almale, Professor & Head, Department of Community Medicine, Dr. VPMCH & RC Nashik, Dr Amrit kaur Principal MVPS College of physiotherapy, Mr. Hiranman Rao were the chief guest of the programme. NSS programme office of the institute Dr. Shrikrishna shinde shared the programme schedule of activities to be conducted throughout the camp. In this camp different activities were scheduled such as Guest Lectures, Cleaness Programme, Tree plantation drive, NCD Risk-factor Survey, Street play and Multi-Diagnostic Health Check-up camp. Series of Guest lectures were conducted on the aspects of Adolescent sexual & reproductive health and Spiritual health. Every evening there were games and cultural activities organized by NSS volunteers. Multi-Diagnostic Health Camp was held on 24th February.

The Objectives of Camp:

1. To understand the community of Dikshi Village and work to solve their health problems
2. To identify the health needs and problems of this village
3. To make awareness about reproductive health and cancer, importance of physiotherapy, basic life support among village people.
4. To conduct community oriented programmes
5. To give message of team work through effort works like tree plantation, health check-up, and street play
6. To inculcate healthy and good habits among the youth and to infuse in them the spirit of national service
7. To conduct different programs on various issues sexual and reproductive health, self-confidence.

Planning of Work For NSS Camp

There were different committees for the volunteers for the smooth conduct of the camp before leaving for the Special Winter camp. Various committees like food cooking



committee, catering committee, hygiene committee, cultural committee, health survey committee and committee assisting the consultants and residents in health check-up were formed. This planning of work helped to conduct all events smoothly and successfully. This camp also provided opportunity to develop leadership qualities of students and promote healthy team work atmosphere.

DAY 1-

CLEANLINESS DRIVE

On 20/2/23 Monday after orientation of students cleanliness drive was held at Dikshi Village by NSS Program officer Dr. RAKESH PATIL, Dr.KRISHNA SHINDE,Dr.AKSHADA SHINDE.



NCD Survey In Village

All NSS volunteers made awareness in whole village by going door to door regarding various health issues and told them to come for screening during health camp. Also NCD Survey was taken by all NSS Volunteers.

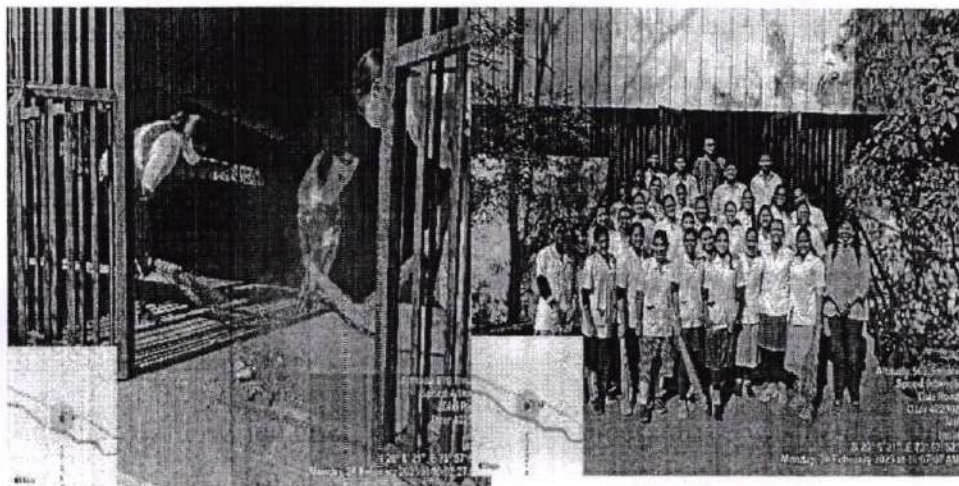


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DAY 2-

Tree Plantation Drive

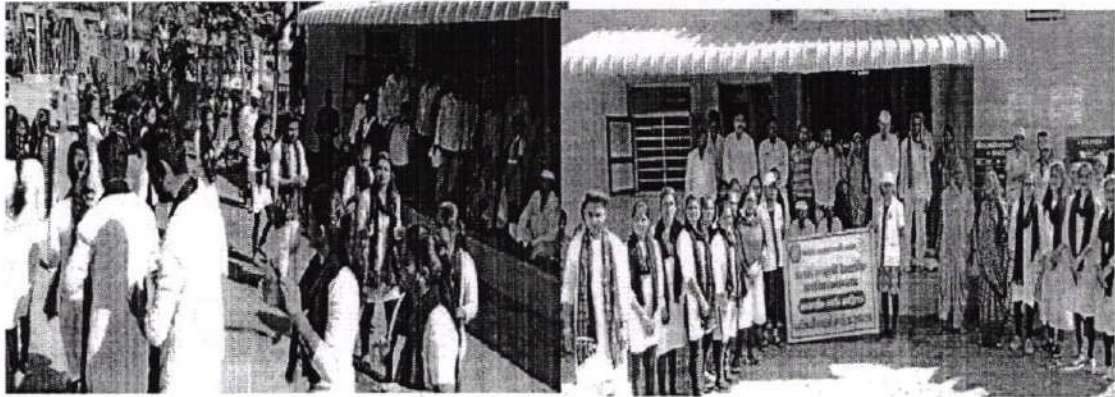
On 21/2/23 Tuesday A tree, plantation programme was held at ZP Primary School Dikshi. 12 trees were planted in the village with help of NSS volunteers and ZP school students. NSS Programme Officer Dr.RAKESH PATIL, Dr.MRUNMAYEE MANDE, Dr. AKSHADA SHINDE requested villagers to save trees and maintain environment in balance. Average lifetime of human being is decreasing decade by decade. People feel and live in hybrid life, it is needed to protect environment by planting and growing trees.



Skit By Nursing Students On Cancer Awareness



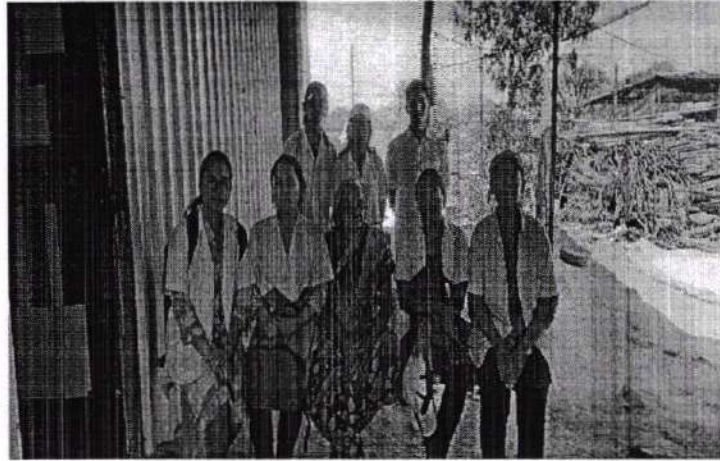
The street play focussed on message that relate to lifestyle and behaviour choices, smoking cessation and cancer screening.



NCD Survey In Village

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DAY 3-

Skit By Physiotherapy Students On Physical Therapy Awareness

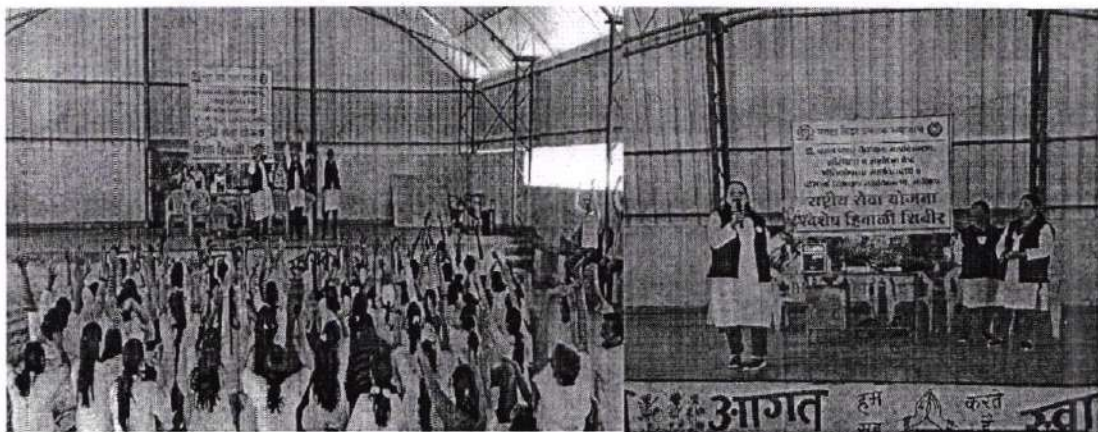
On 23/2/23 Wednesday Street play gave the message that Physiotherapy helps to restore movement and function when someone is affected by injury, illness or disability. It can also help to reduce your risk of injury or illness in the future. It takes a holistic approach that involves the patient directly in their own care .A physiotherapist, or physical therapist, works with patients to help them manage pain, balance, mobility, and motor function.





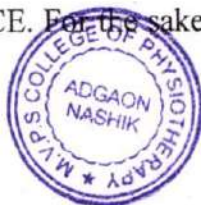
Laughter Session

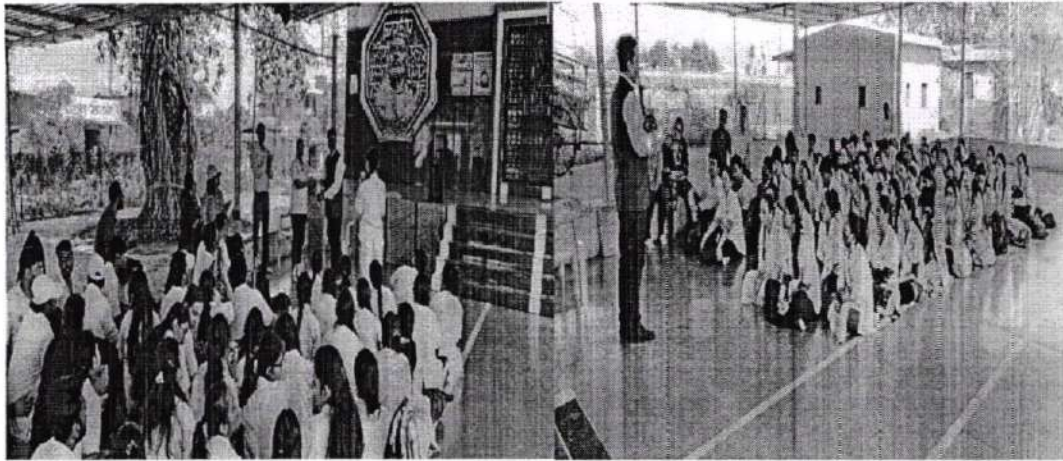
Laughing yoga is a popular movement and breathing exercise, which aims to bring out your inner child, cultivate joy and help you get rid of daily stressors. The laughter yoga session was taken by Dr.SUSHMA DUGAD.



Guest Lecture

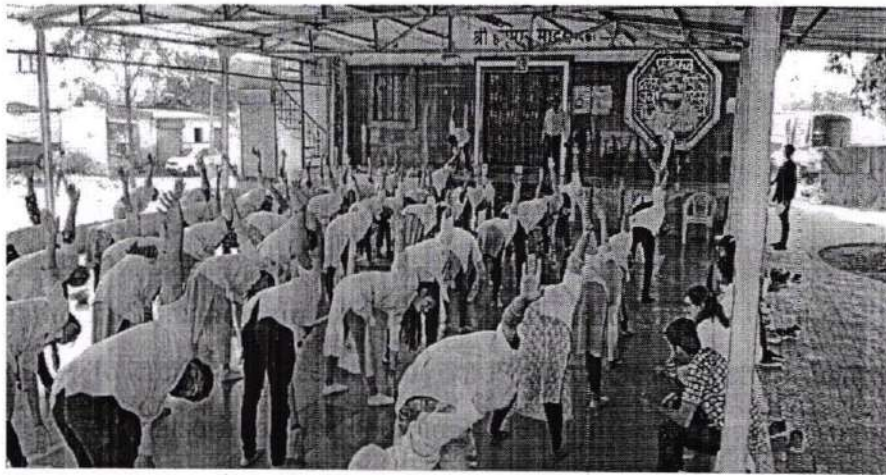
Guest lecture was taken by Mr.DATTATRAY AHER on IMPORTANCE OF SELF CONFIDENCE. For the sake of this, a series of lecture were arranged for the volunteers and the villagers.





Yoga Session

Yoga is a method of harmonizing the mind, body, and soul. It combines physical and mental disciplines to create a peaceful body and mind, releasing stress and anxiety while keeping you relaxed. It also improves body tone, flexibility, and physical strength. It boosts vigor, vitality, and breathing. To tell the importance of yoga a special session was taken by Dr.SATISH WAGHMARE.



DAY 4





Community Health Survey

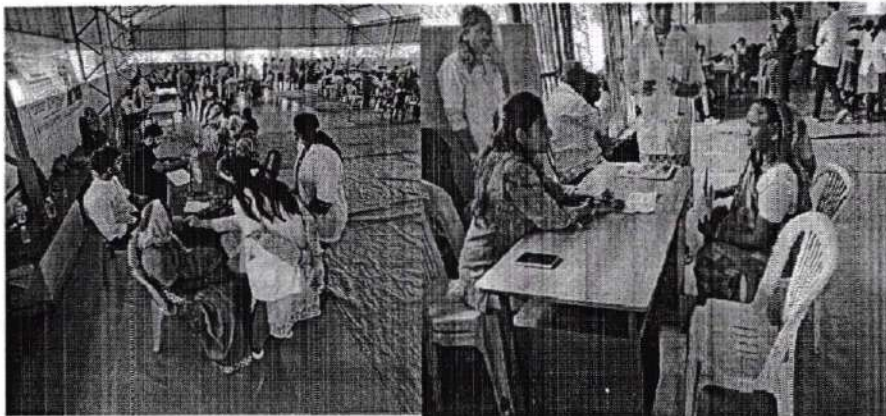
From first day of the camp the volunteers after allotting accommodation and breakfast set back to work with the health and socio-economic details. Around 80 houses in Dikshi village were surveyed for risk factors of non-communicable diseases along with basic sociodemographic details such as education, occupation, drug/substance addictions, and life style. Every one of the group was given an opportunity to have peek into the life of a villager and quench the curious mind. The villagers were very interactive and all ready to lessen their burden. The over whelming response from the villagers motivated the volunteers to do something for these people.

DAY- 5 and 6

Multi-Diagnostic Health Camp

A multi-diagnostic health camp was organized by NSS Unit of Dr. VPMCH & RC Nashik on for the community people in Dikshi village. Before this camp, all NSS volunteers made awareness in whole village by going door to door regarding various health issues and told them to come for screening during health camp. Around 400 beneficiaries were screened by various speciality physicians during this camp. School children were also screened for common health problems. This health camp was wholeheartedly supported by Head of the institute, management representative of MVP Samaj Trust Nashik, village level administrators and other people without which this camp would not be succeeded. A good response by the village people was seen during the camp. Following are some glimpses of this health camp.





Glimpses of Multi-diagnostic Health Camp at Dikshi in NSS Special Winter Camp.

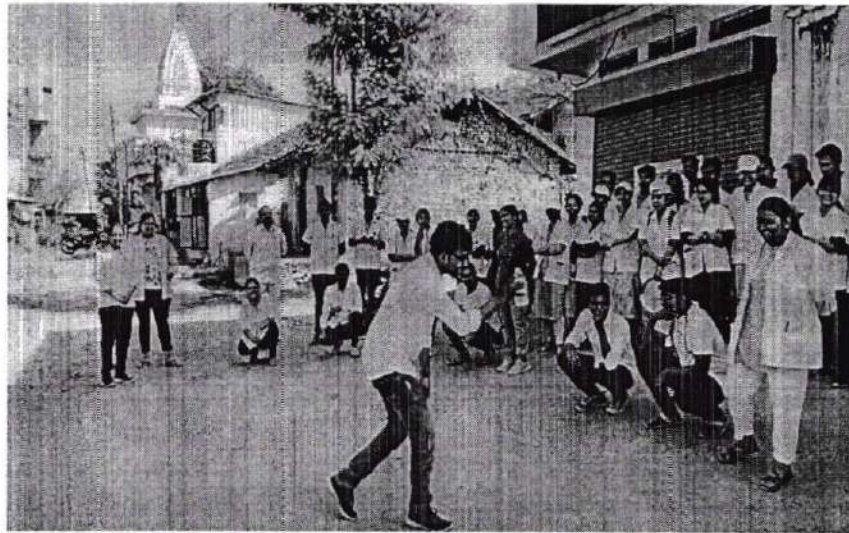
Cultural Activities

Every day in the evening after the series of activities there were cultural programs organised by the participated volunteers for the purpose of refreshing and educating the participants of the camp. This had created a more sense of stage daring in them, which usually is lacking in many of the children despite having an excellent talent in them. NSS Volunteers organized cultural activities at evening time during camp days to give social awareness messages through the entertainment. They organized plays, musical skits; group dance, poems on various social issues. They sing a songs. They presented a play on cancer, importance of Physiotherapy.

Extra-Curricular Activities

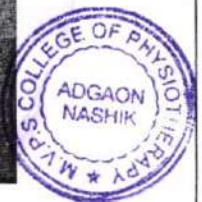


Skit By Medical Students



GUEST LECTURE

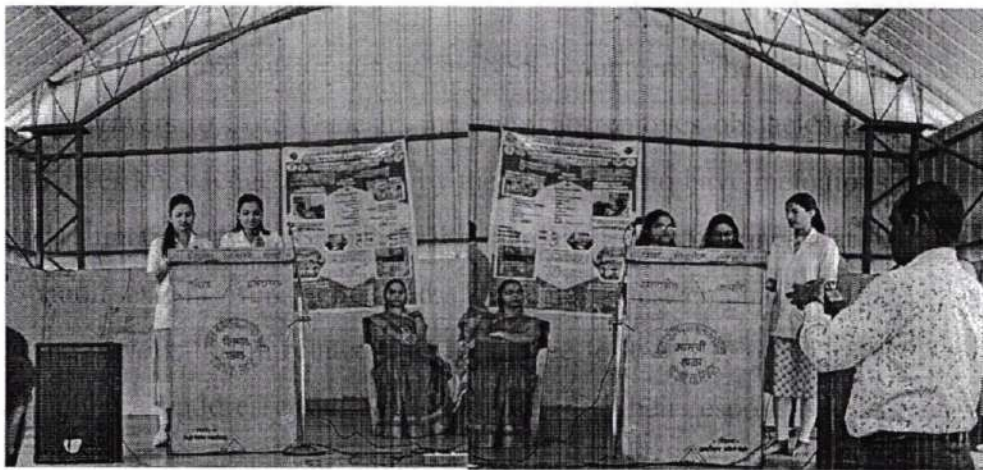
Guest lecture by Dr. Atul Kanekar on reproductive health



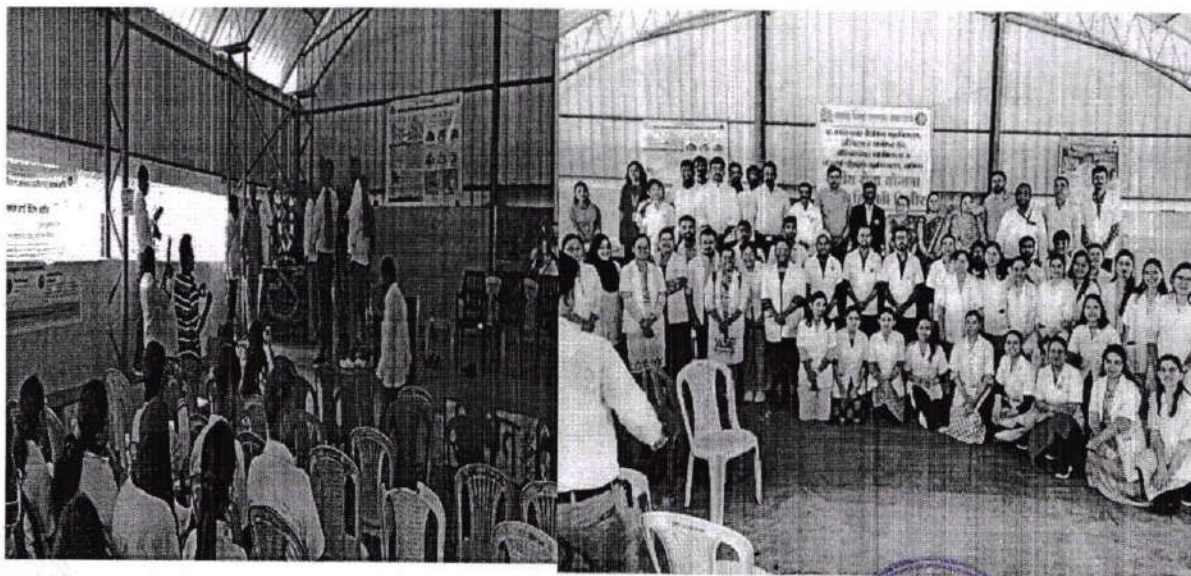
Inauguration Of NSS Camp

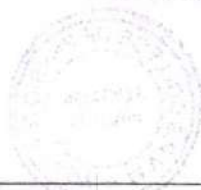
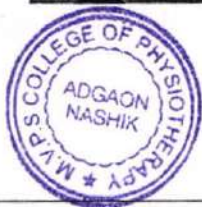
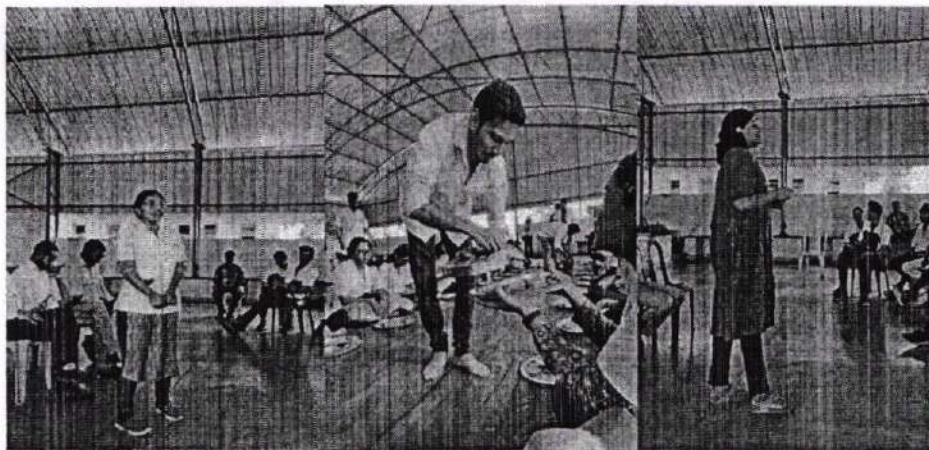
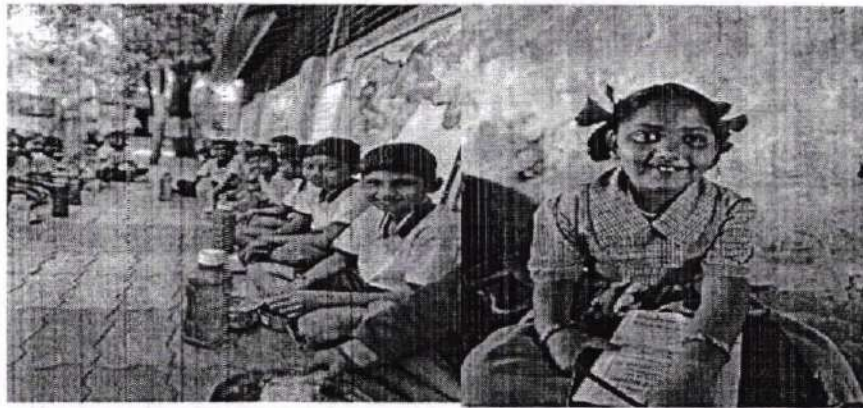
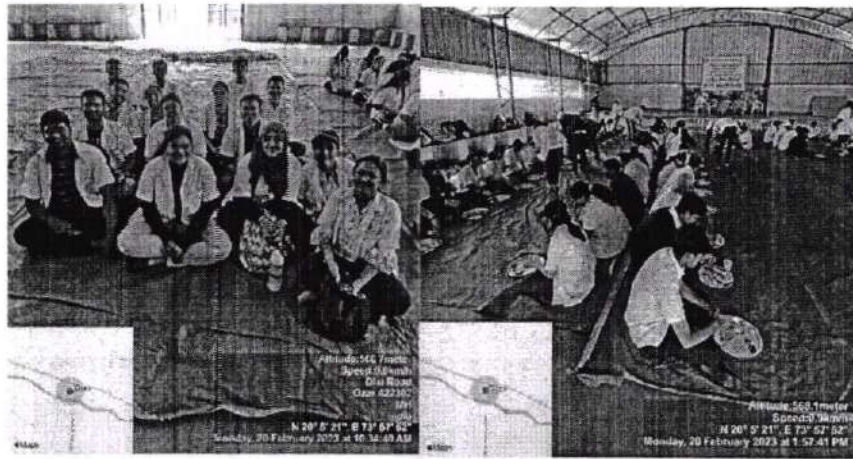
The inauguration program was organised by NSS volunteers. The inaugural function started with invoking prayers to Lord Ganesha the one who removes obstacles and Devi Saraswati the one who gives knowledge & wisdom by the students who have melodious voices and later the inaugural function. Hon. Sarpanch, Up-Sarpanch, Gram Panchayat Dikshi Principal, Primary School, Dikshi were felicitated. The chief guest emphasized the importance of health and the various health related practices to be followed in order to achieve health for all. All the dignitaries addressed all NSS volunteers for their responsibilities towards society and nation.

Anchoring by Physiotherapy Students Ganesh vandana by Physiotherapy Students



Glimpses Of Inauguration Of Health Camp



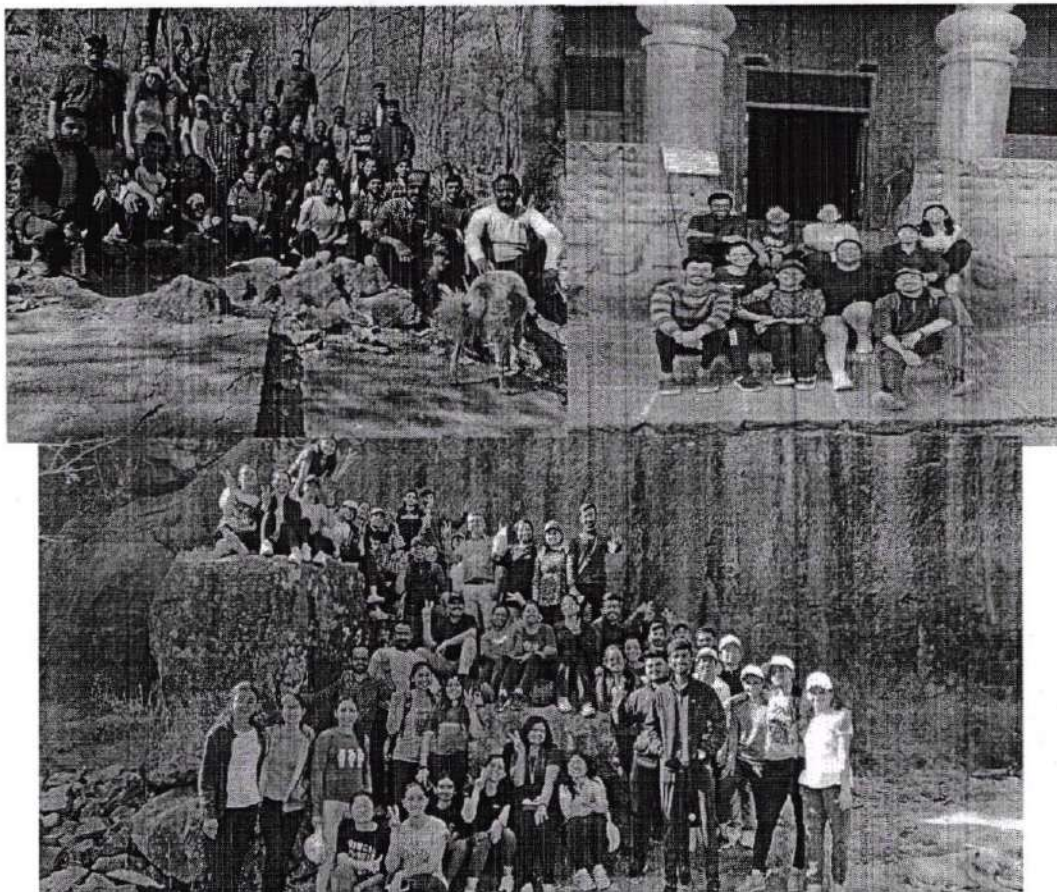




Glimpses Of Extra Curricular Activites

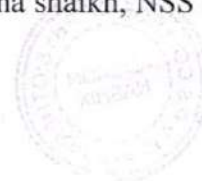
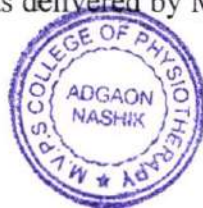
DAY 7

Pandav Leni Trek Led By Dr.Milind Deshpande.

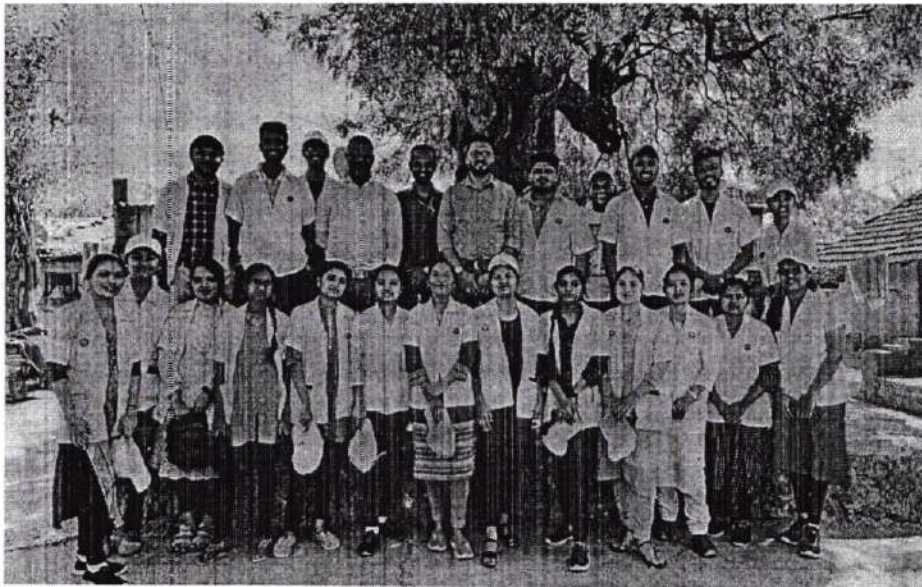


Conclusion Ceremony Of The Camp

The camp was concluded on 26 february 2023 in the presence of Sarpanch (Dikshi), Dr. Krishna shinde (NSS PO).A welcome speech was delivered by Mr.risha shaikh, NSS student.



Village Sarpanch had enlightened the students about the various functionalities of the village Panchayat, various health and agricultural practices. He expressed his deep feelings about the importance of basic knowledge of healthy habits and practices. Trek led by Dr. Milind Deshpande. Volunteers have given their feedback on what they have learned in the special camp. And during learning process in what way they made the people aware of many health issues like non-communicable diseases, environmental sanitation, immunization, road safety, Cancer , importance of Physiotherapy and personal hygiene.





NSS REPRESENTATIVE OF MEDICAL, PHYSIOTHERAPY AND NURSING COLLEGE



1st October 2023- Swachh Bharat Abhiyaan

A cleanliness drive was organised on 1st of October 2023 at 9:00 am at Sayyed Pimpri. Staff of M.V.P.S. College of Physiotherapy, Nashik Dr. Niranjnan Nashikkar, 3rd year B.P.Th. students, doctors and nurses from Dr Vasantryao Pawar Medical College were part of the cleanliness drive. M.V.P. Samaj Sarchitnis Adv. Nitin Thakare sir was present as a chief guest. He emphasized on the importance of cleanliness in our surroundings and its effect on health. The cleanliness drive was conducted successfully and villagers of Sayyed Pimpri also enthusiastically took part in the cleanliness drive. Garbage was collected from various places in the village by students instilling in them the importance of shramdaan. The aim of this Abhiyaan was to make a 'Garbage free India' with focus on visual cleanliness and welfare of the community. To make India neat, clean and green by instilling in people a sense of responsibility towards personal and public health.



